

Welcome to the world of Instagram Threads, a new platform designed for intimate and seamless communication. Maybe I'm getting ahead of myself, but Threads is somewhat similar to a new toy in the hands of an infant. As a result, you must be aware of all possibilities and hazards confined within this new advent.

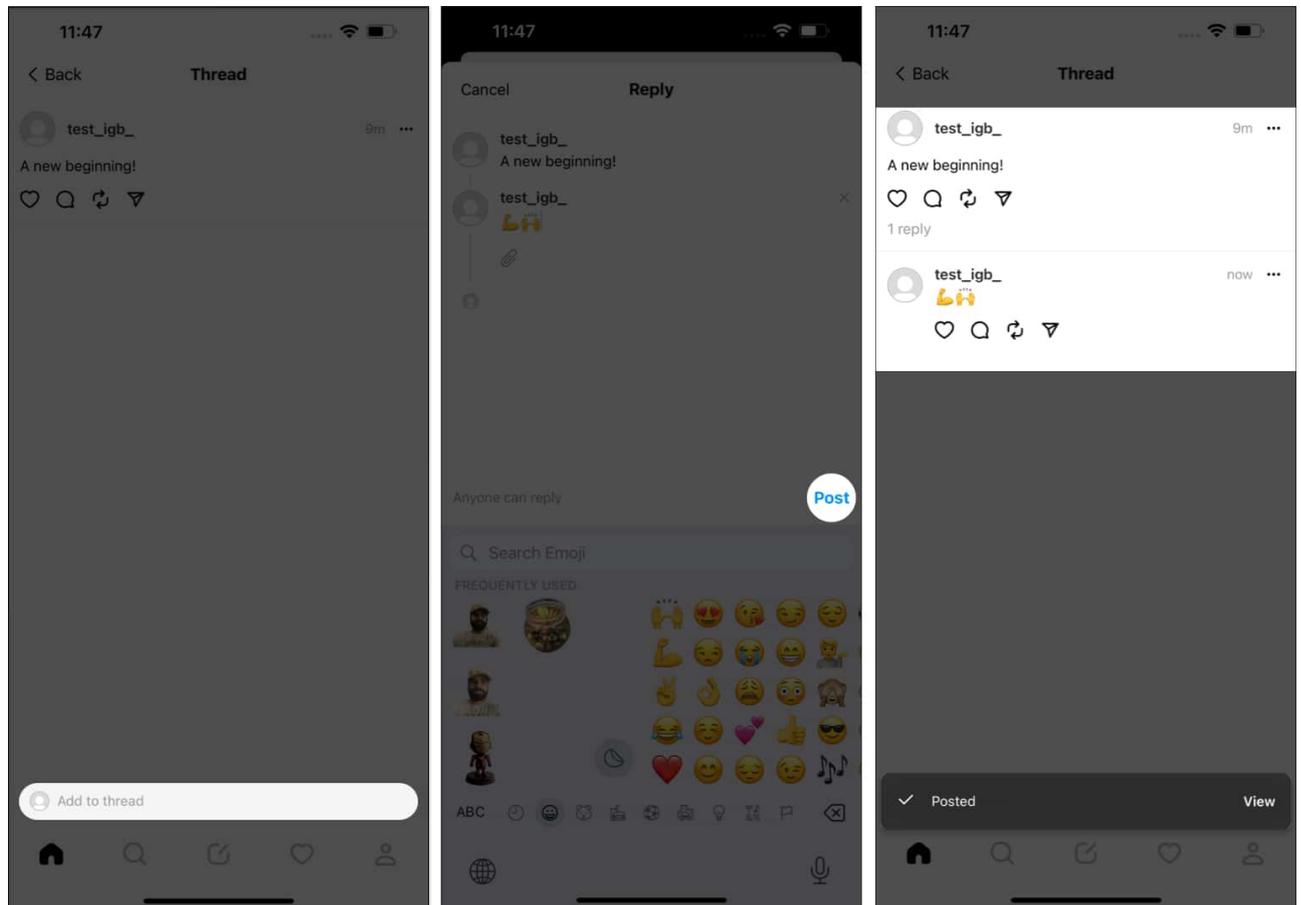


Whether you're a social media enthusiast or a professional looking to harness the power of this platform, these best Instagram Threads tips and tricks will help you to use them like a pro. So, let's take a closer look at all the unique features this application entails.

1. Add to thread

If you ever feel like adding more to the thread you've just posted, the process is simple. You can include pictures, videos, or any additional text to the existing thread, allowing you to expand upon your original post with increased flexibility and ease.

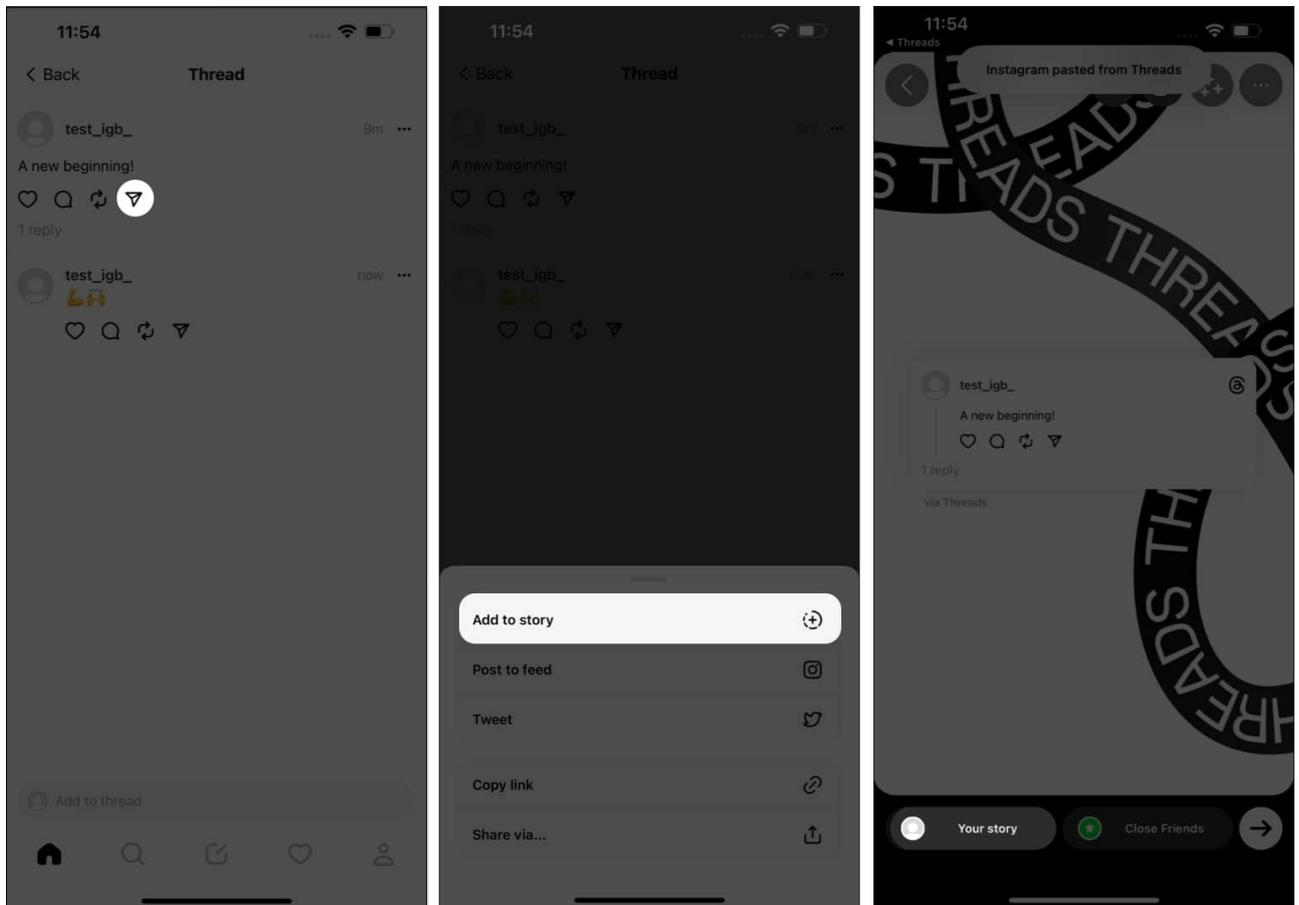
1. Simply access the thread and tap **Add to thread** option.
2. Follow the traditional method of [posting a thread](#).
3. It'll act as a string to the main thread.



2. Share a thread in your Instagram Stories

Threads by Instagram enriches with an amazing cross-platform support.

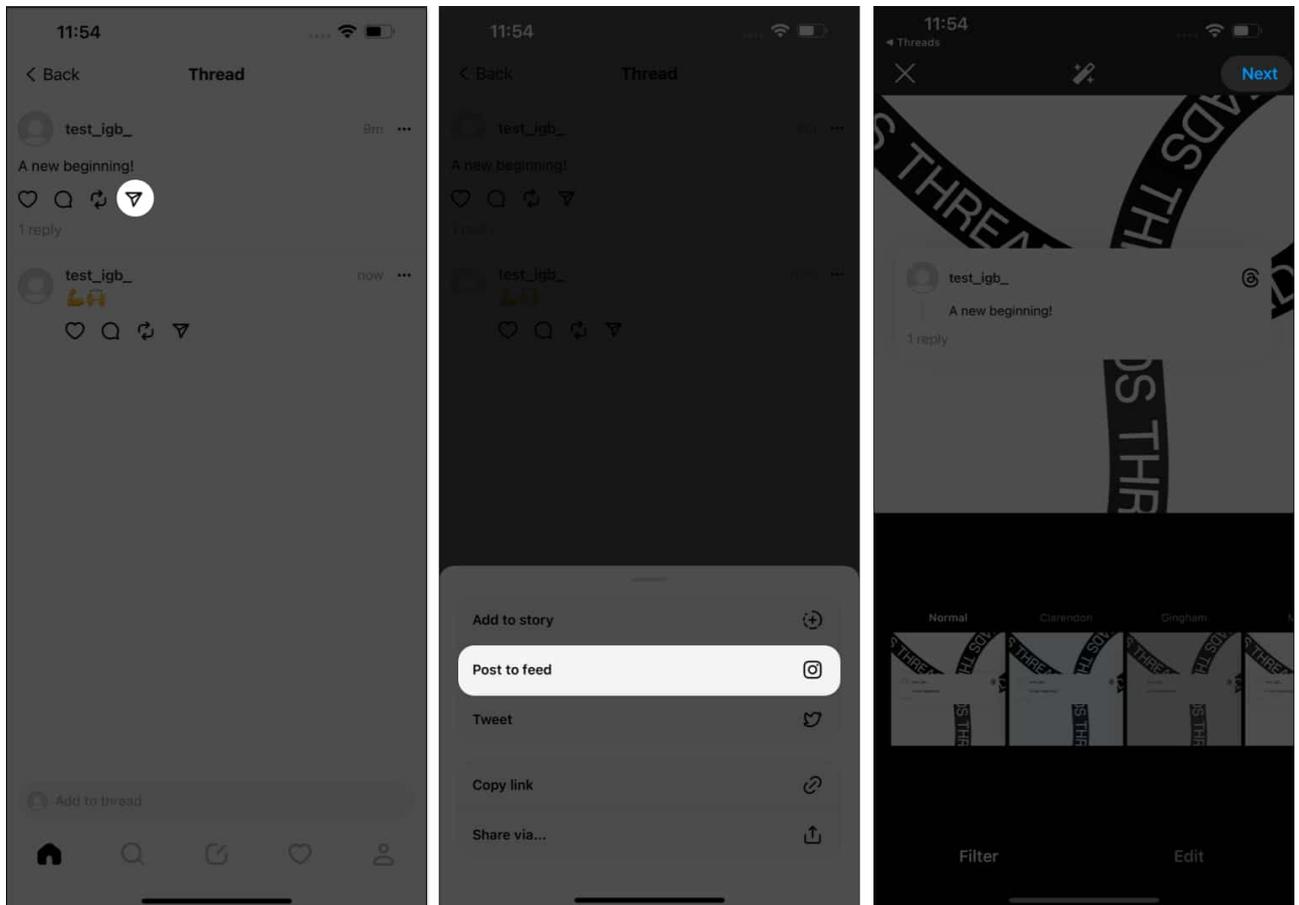
1. Tap the **Share** icon.
2. Choose the **Add to Story** option.
You'll be redirected to your Instagram stories section.
3. Select **Your Story** option to conclude the process.



3. Share a thread in your Instagram feed

If you seek to share the feed in your Instagram feed:

1. Tap the **Post to feed** option.
2. Your screen will now display the Instagram post feed **interface**.
3. Tap **Next** and follow the regular method of posting on Instagram.



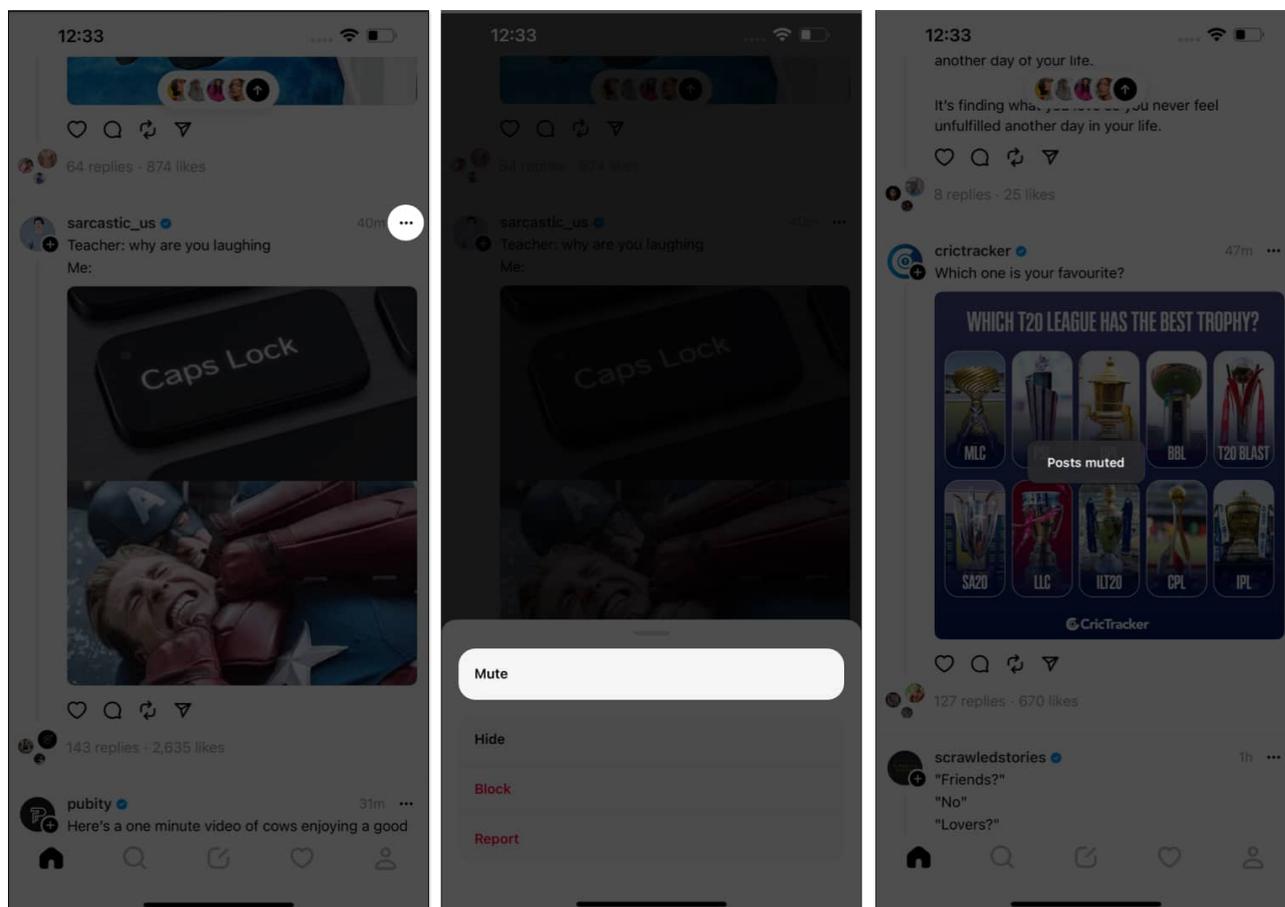
4. Mute unwanted accounts

With Threads, individuals can present themselves in a completely new form. However, a few people have a lot of free time on their hands. Constant pings from such individuals can often turn out to be quite bothersome.

But you cannot simply block someone for being too enthusiastic. It's rude. So why not mute them instead?

1. Tap the **three-dot** icon on a thread of the user in question.
2. Select **Mute** when prompted.

That's it!

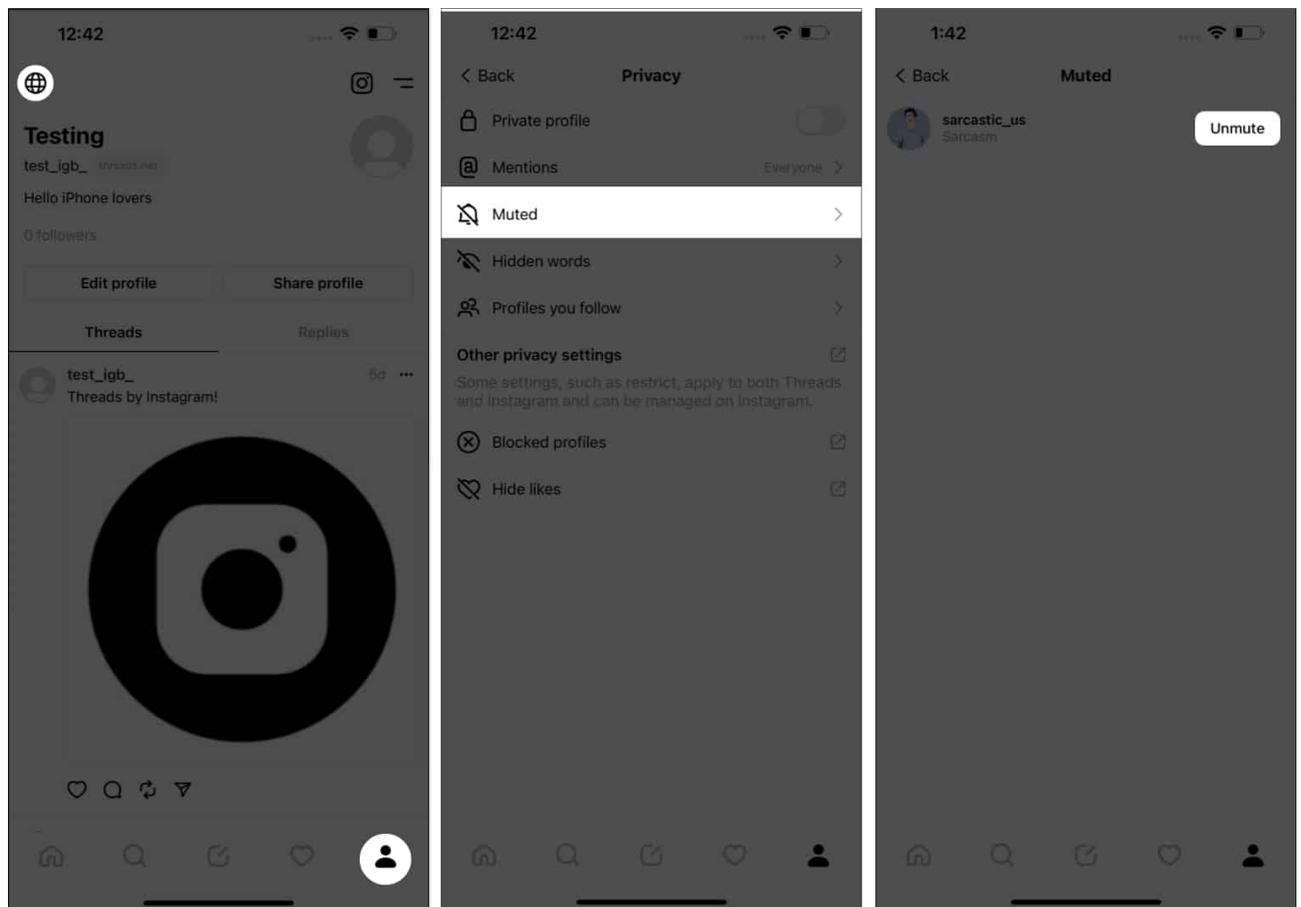


Moreover, by muting certain accounts, you can customize your experience on the platform by focusing solely on the content that interests you. This is especially useful if you follow numerous accounts or brands but only want to view updates from selected ones.

Access all muted accounts

If you think you went too far in muting the accounts you follow, there is a way to access all of them at once.

1. Access your **profile page** in Threads.
2. Tap the **globe icon** present at the top-left corner.
3. Select **Muted** to proceed.
4. Here, you'll find all **accounts** you've muted so far.
5. Tap **Unmute** to revert your actions.



5. Limit your Thread

Threads by Instagram further allows you to decide who can engage with your post. This basically means that you are able to choose whether you want to post publicly or discreetly.

By exercising this control, you can ensure that your content is seen only by those intended, giving you greater peace of mind and a more tailored social media experience.

Before posting a thread

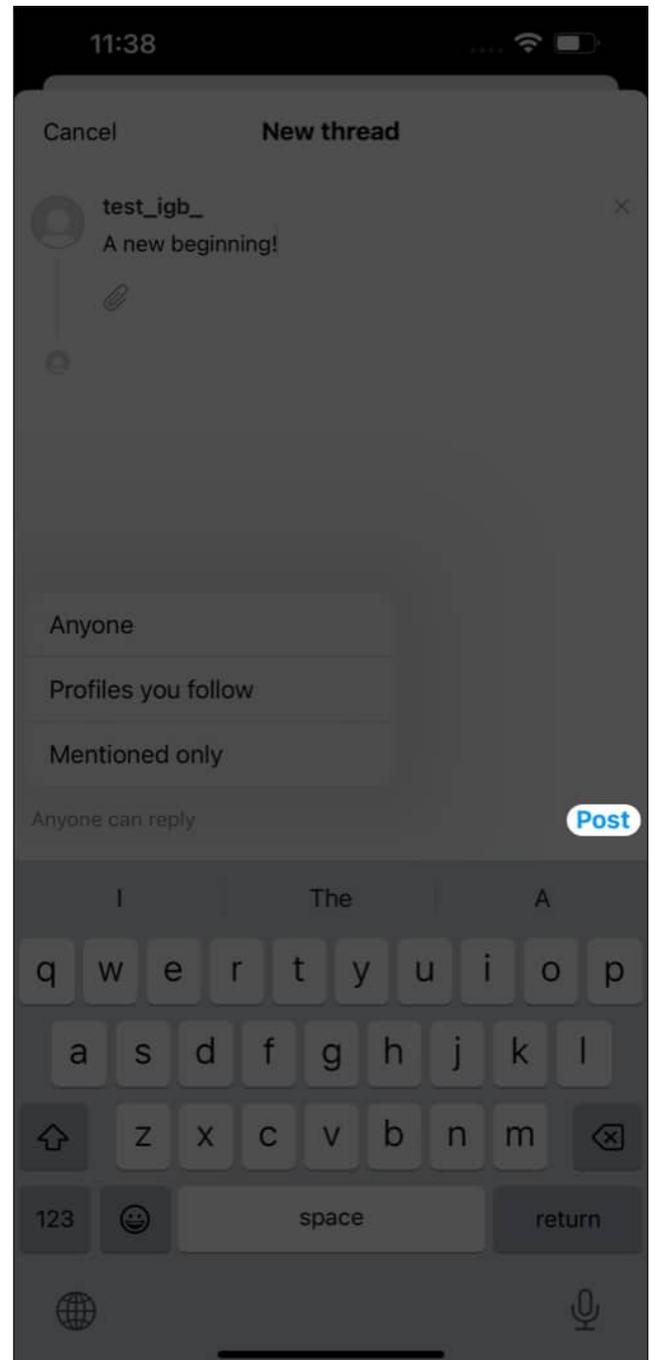
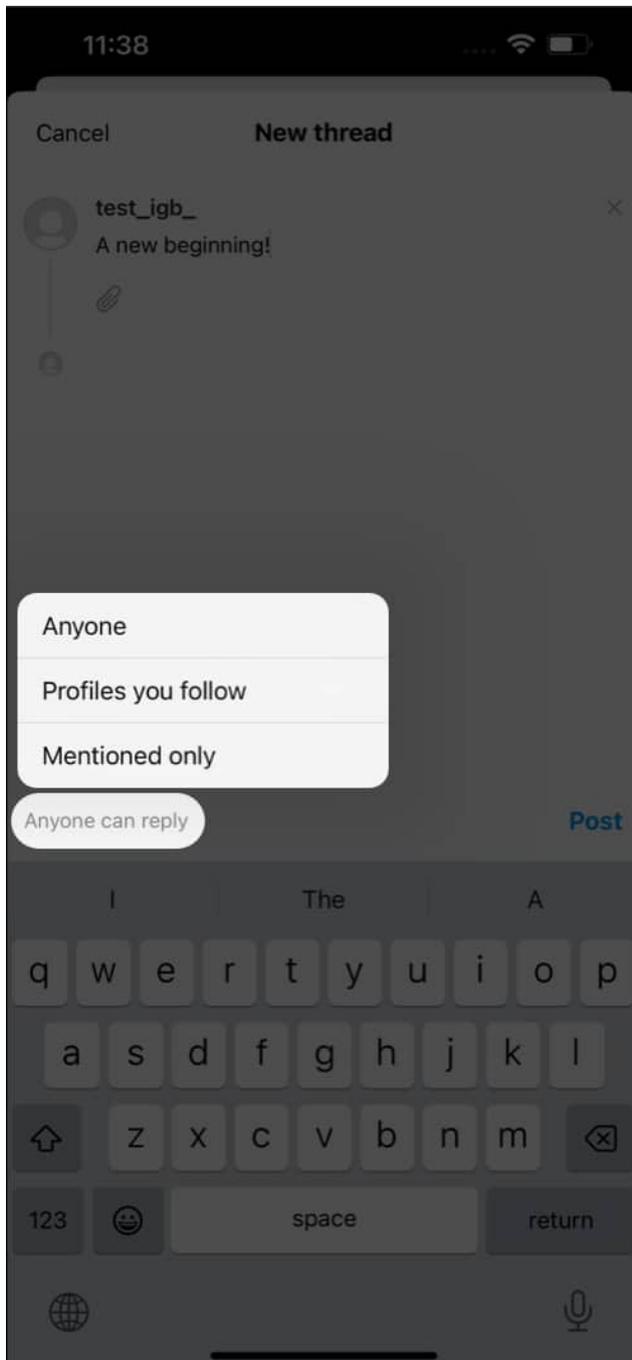
1. Start creating a new **thread**.
2. Right before posting it, simply tap **Anyone can reply** option and change it the way you desire.

Anyone: Open for everybody on the platform.

Profiles you follow: Individuals you follow back.

Mentioned only: Only the ones you've tagged in the thread.

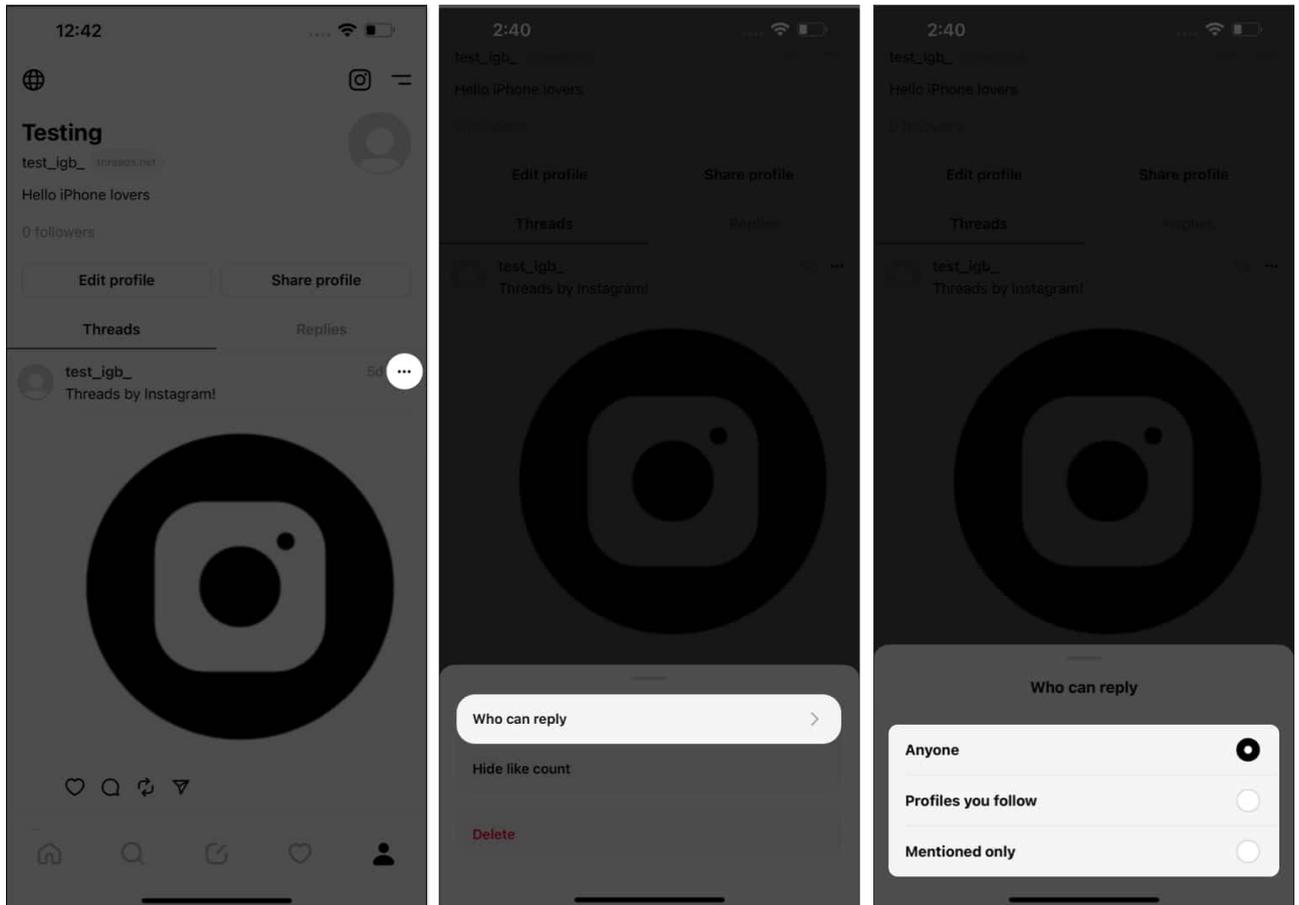
3. After making a choice, tap **Post**.



After posting a thread

1. Tap the **three-dot** icon next to the live thread.

2. Tap **Who can reply** when prompted.
3. Make your choice accordingly.

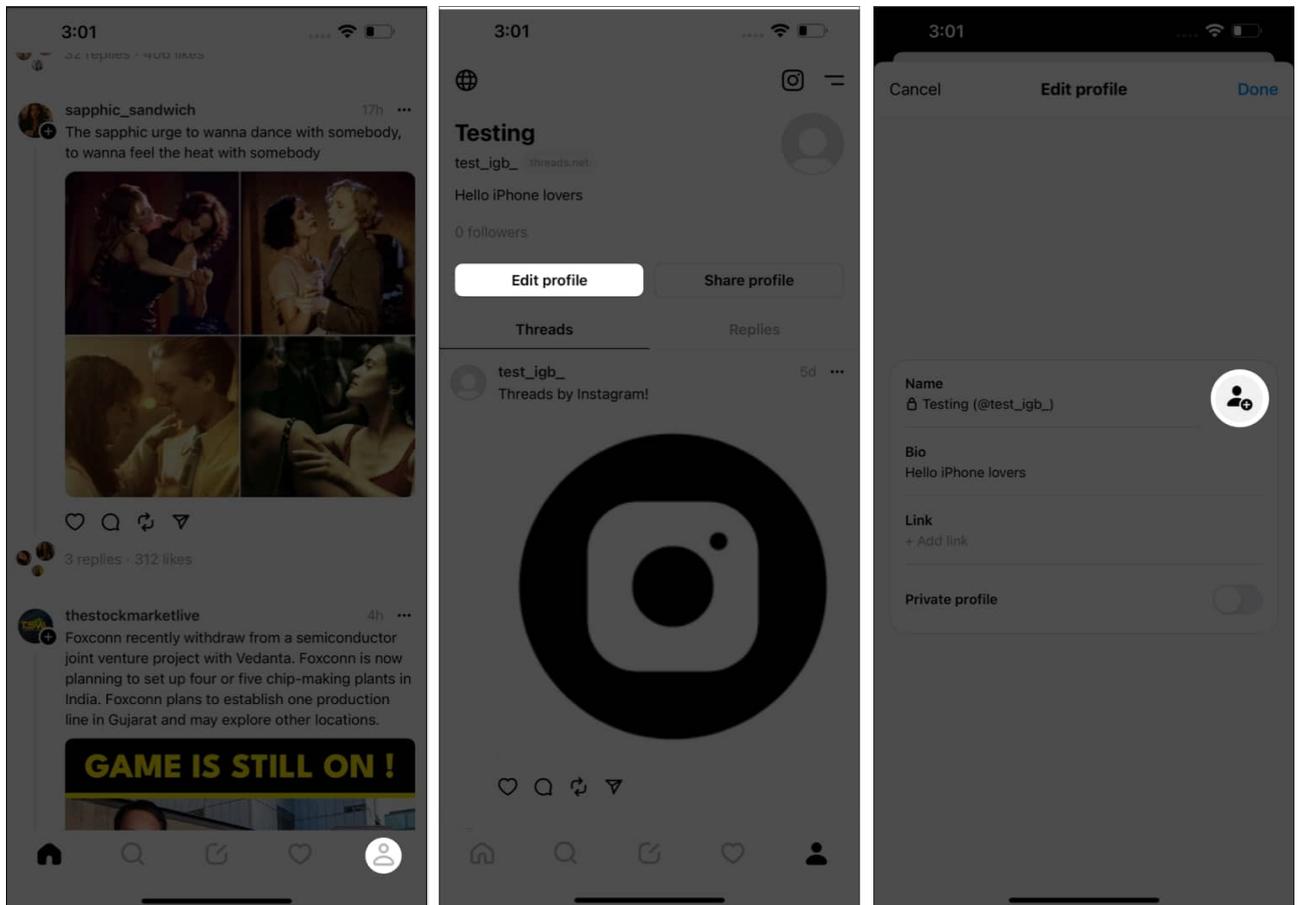


It's that simple.

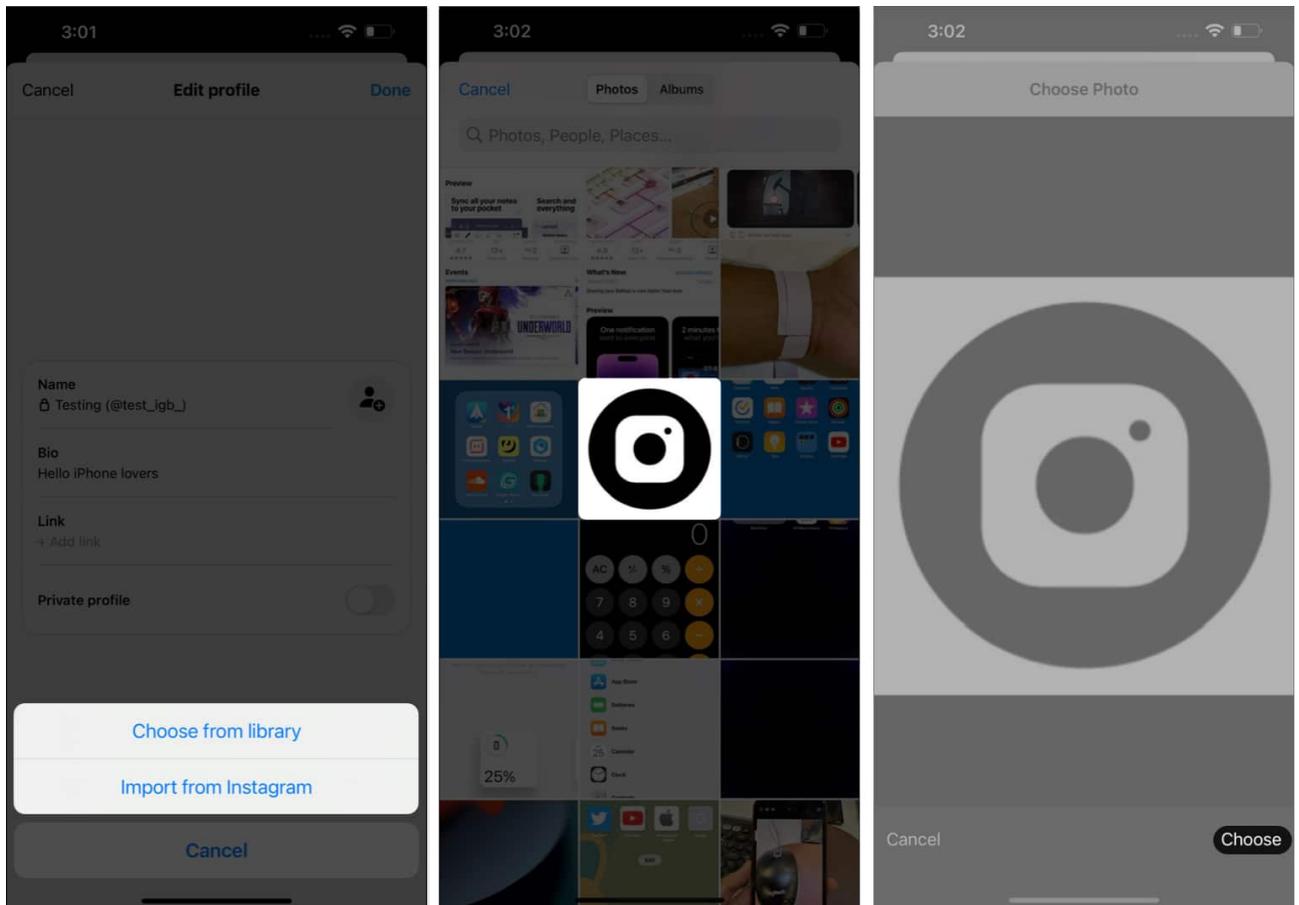
6. Change your profile picture

When it comes to utilizing Instagram Threads like a pro, you cannot miss out on the most important aspect - the profile picture. Your profile picture is essentially your virtual face of the platform and establishes your digital presence. So, give your best:

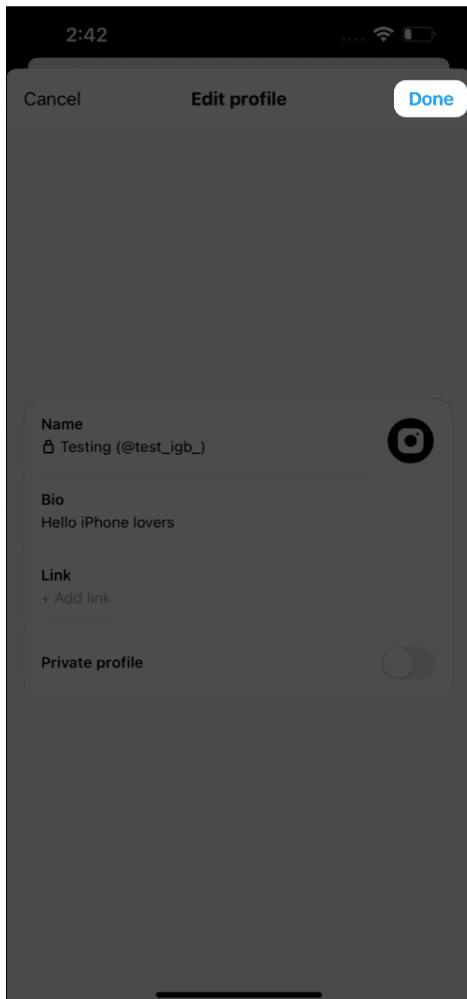
1. Launch **Threads** on your iPhone → Go to your **profile** page.
2. Tap the **Edit Profile** option.
3. Choose the **profile picture** icon adjacent to your name.



4. Now, you can opt for either of the following:
 - Choose from library:** Select a completely different picture available on your device.
 - Import from Instagram:** Replicate the same profile photo from your Instagram account.
5. For this demonstration, I'll be choosing a **picture** from the library.
6. Hit **Choose** to finalize your selection.



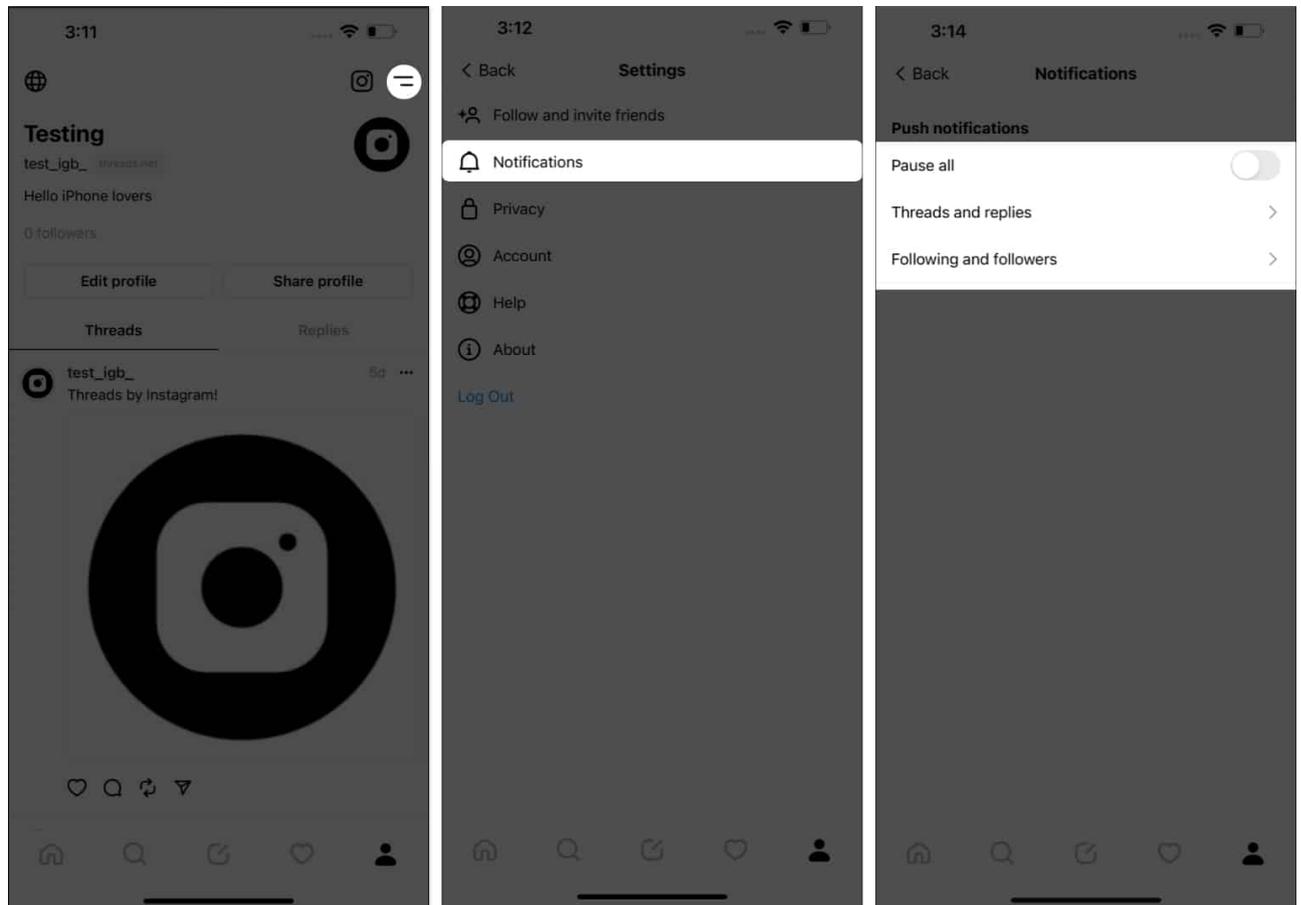
7. Tap **Done** to conclude the process.



7. Customize notifications

By personalizing notification settings on Instagram Threads, professionals can effectively streamline their communication and maintain better focus on relevant threads while avoiding unnecessary disruptions.

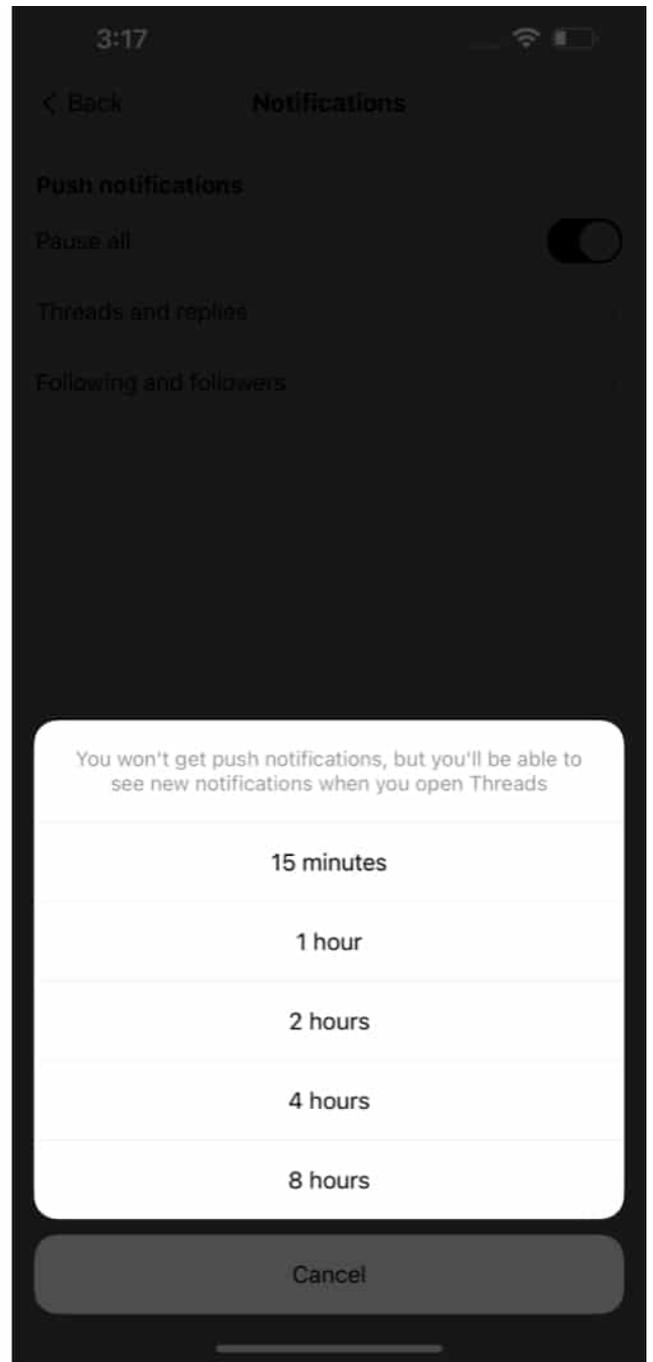
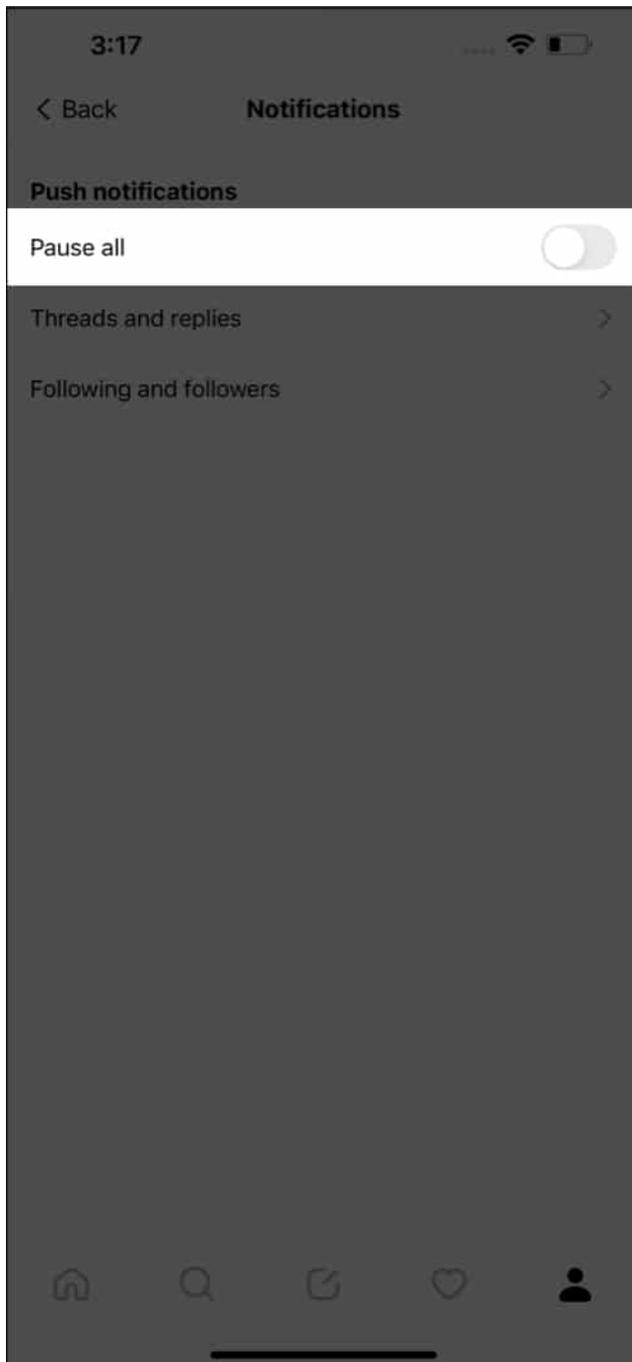
1. Access your **profile** in Threads → Select the **menu icon (two lines)**.
2. Choose the **Notifications** option.
3. This entire section is dedicated to **Push Notifications**.



4. Hereby, you can alter the following:

Pause all

1. Toggle on **Pause all** → Choose a **period** of your preference.
2. For the chosen **period**, you'll receive no push notifications on your iPhone.
3. You can **disable** the same anytime you like.



Threads and replies

Now, let's go to the **Threads and replies** option.

1. Here, you can change the preferences for Likes, Replies, Mentions, Reposts, Quotes,

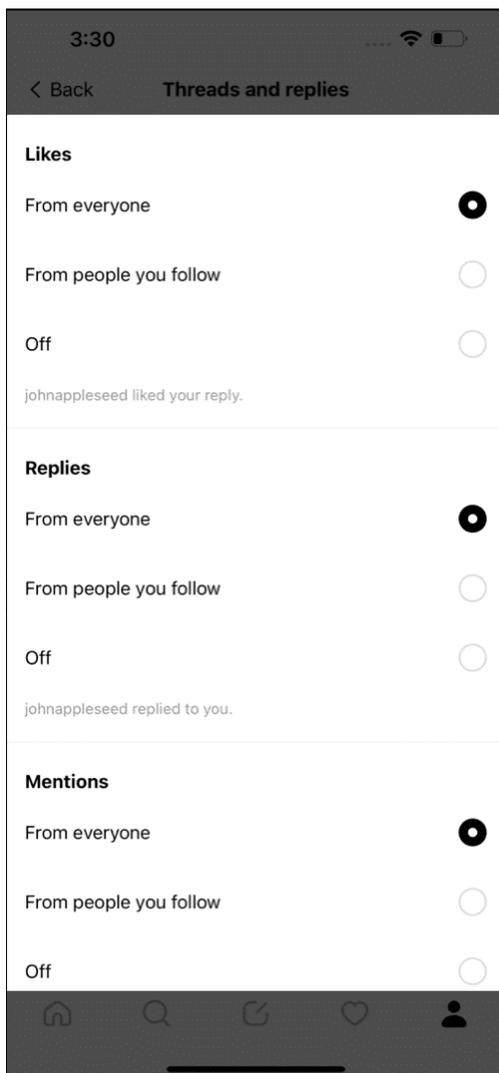
and First threads.

2. You can alter these sections based on the following parameters:

From everyone: Allow all notifications from Threads.

From people you follow: You'll be only notified of the accounts you follow.

Off: Disable the push notifications for the respective feature.



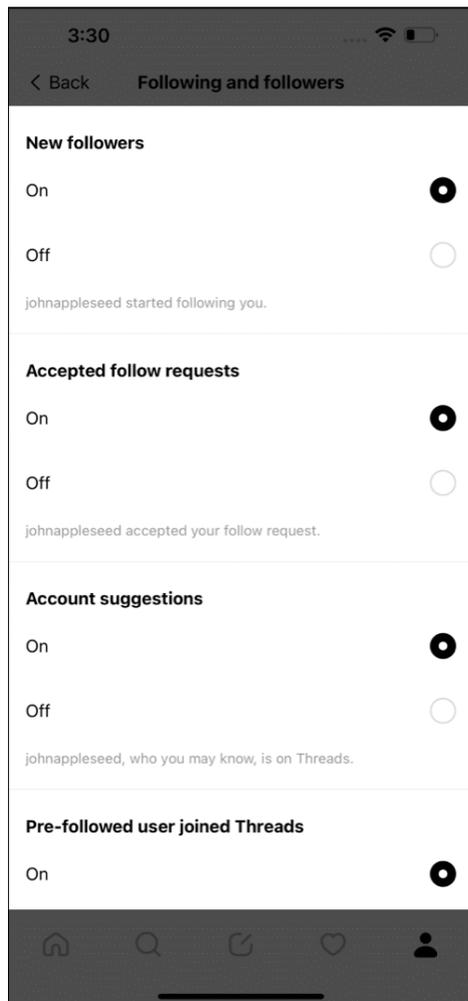
Following and followers

Finally, let me take you through **Following and followers**.

1. In this instance, you can either **allow** or **deny** the push notifications from New followers, Accepted follow request, Account suggestions, and Pre-followed user joined

Threads.

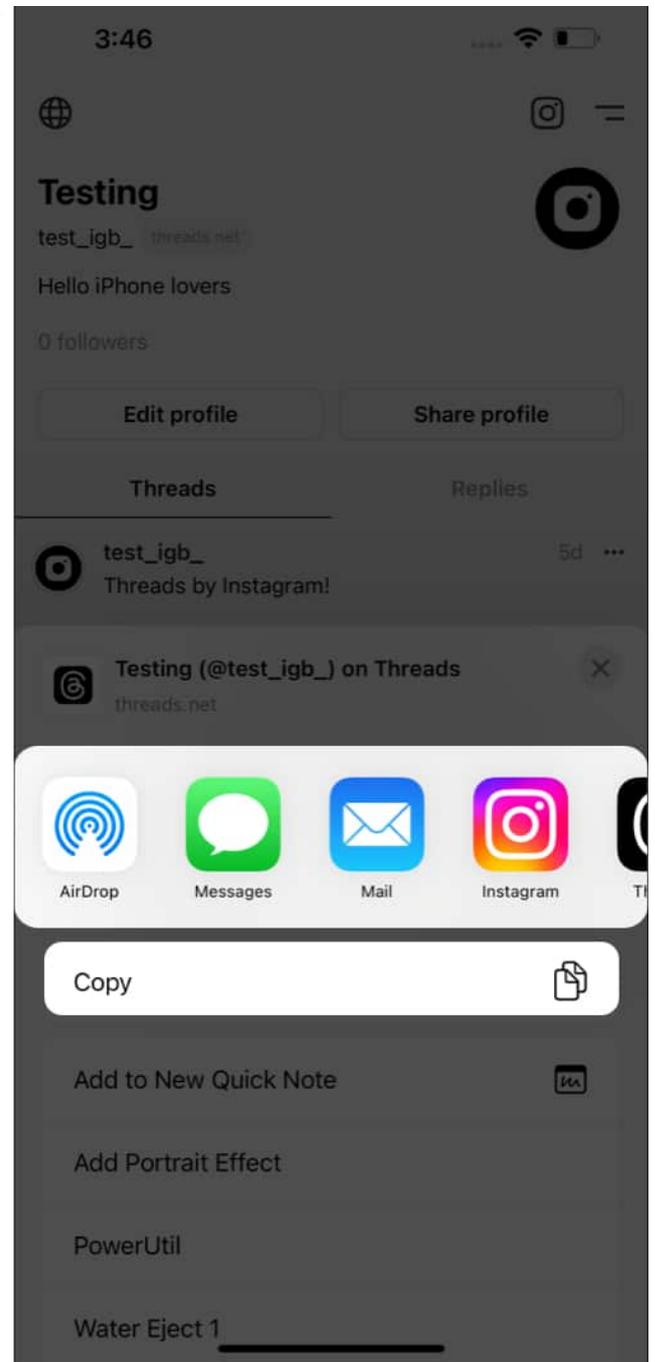
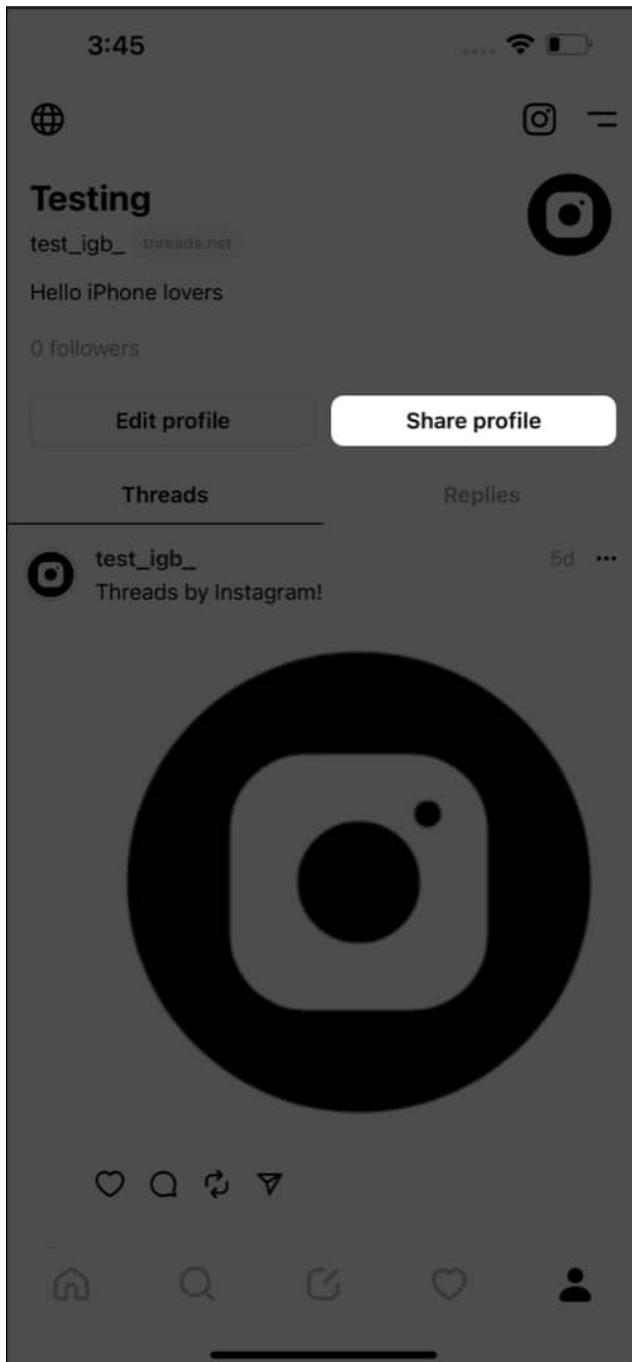
2. Select either **On** or **Off** for the above criteria.



8. Share your profile

Sharing is caring. Yes, you should not let your friends and families miss out on this new realm of engagement. Share your Threads profile via any feasible medium and showcase your imagination prowess.

1. Access the **Profile** menu in Threads.
2. Tap the **Share profile** option.
3. Now, you can either **copy the link** of your profile or directly share it across any **medium** of your preference.



9. Take a break

While Threads is fun to use, spending excessive time on the platform may have a negative impact on your productivity and mental well-being. As a result, it's wise to [take a break or deactivate your Threads account](#) for a significant period.

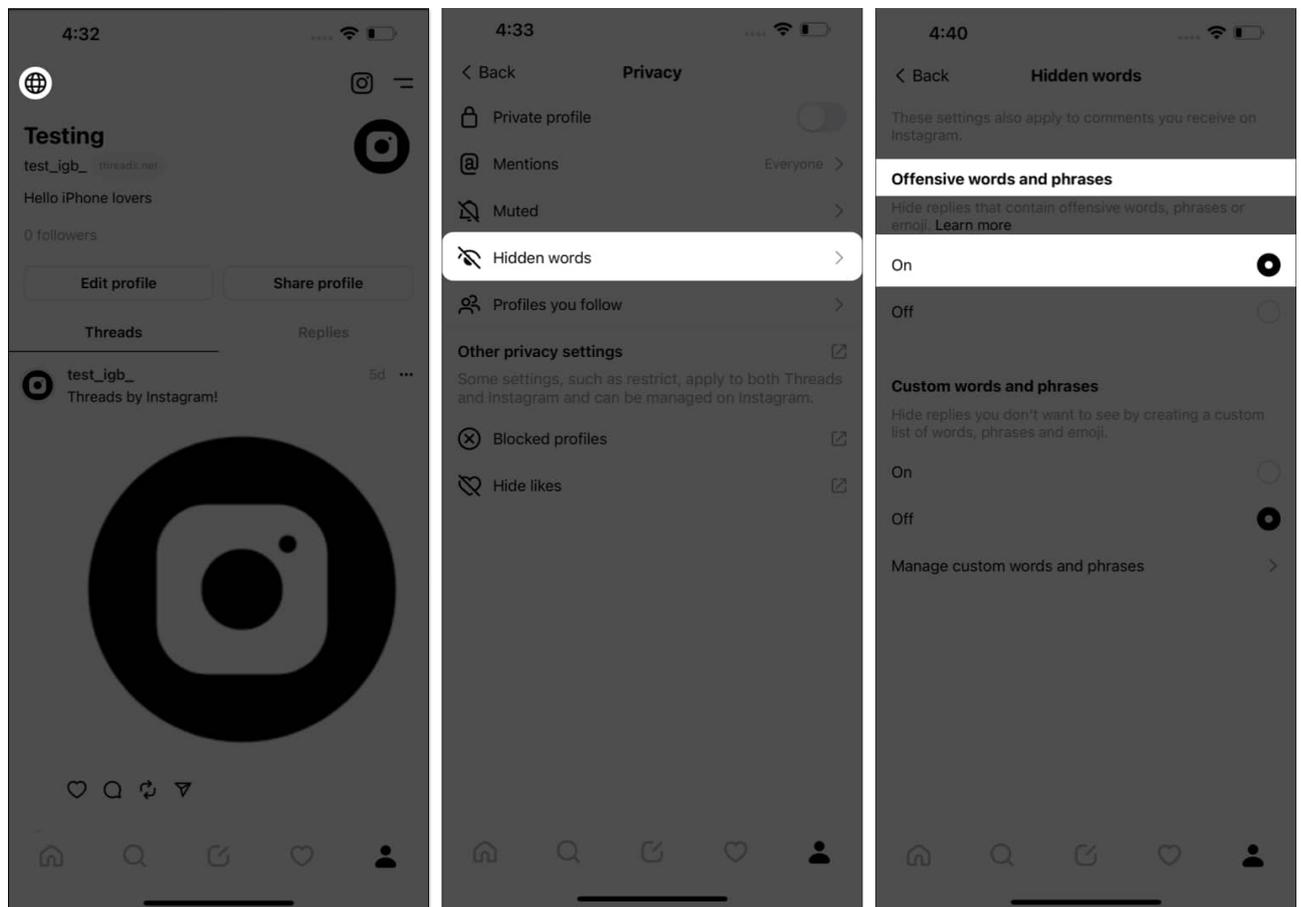
This practice will allow you to maintain a healthy life balance. In such a way, you can utilize Instagram Threads like an expert while safeguarding overall well-being and fostering meaningful connections online.

10. Hide words and phrases

To utilize Instagram Threads like a pro and enhance your privacy, one valuable tip is to hide certain words and phrases from appearing in your chats. This feature not only helps maintain confidentiality but also filters out unwanted content.

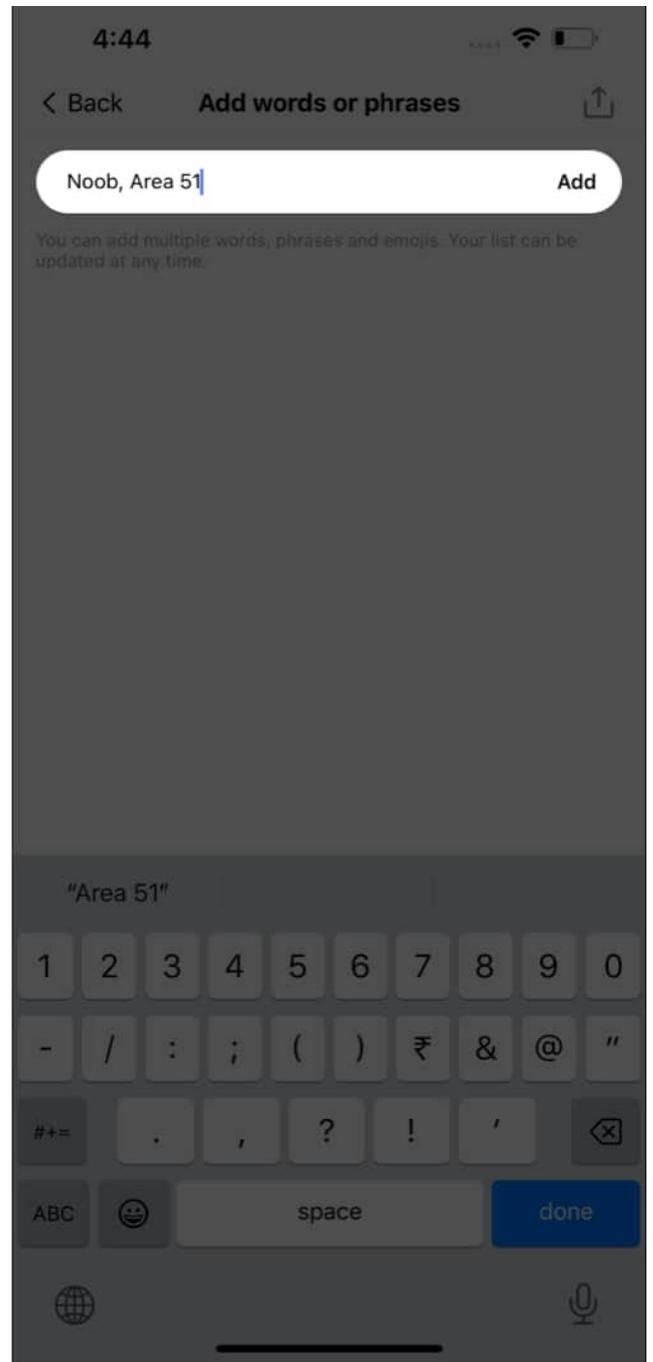
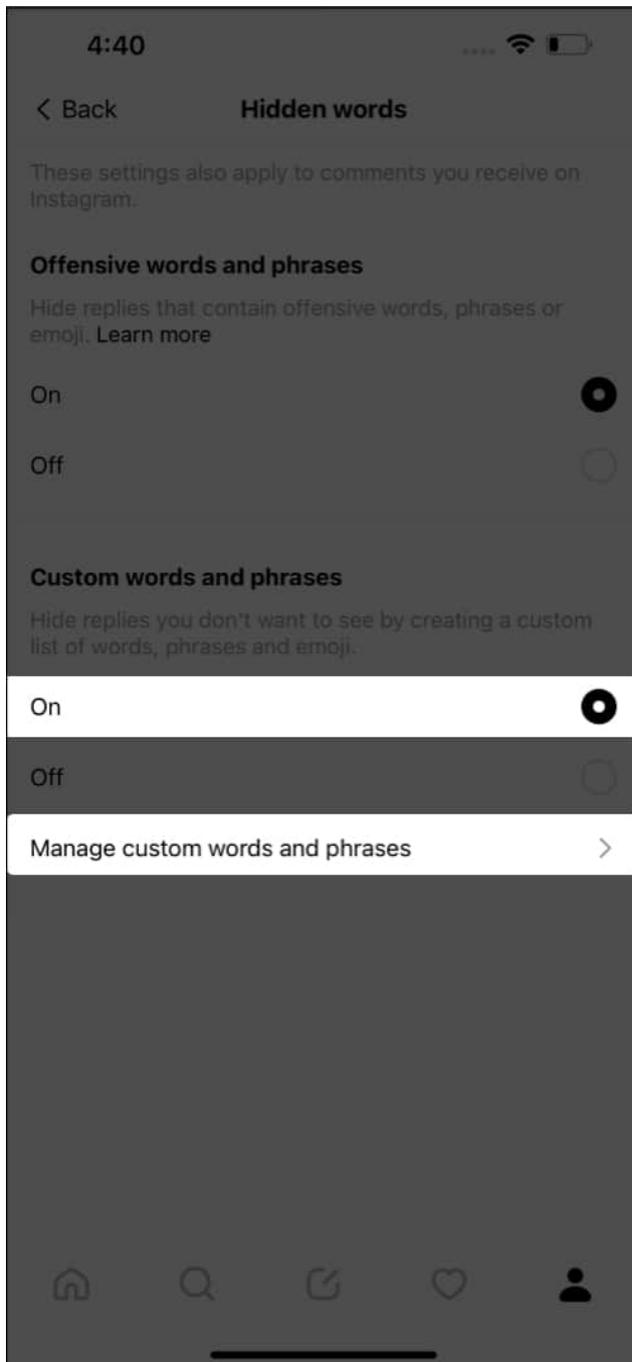
One valuable tip for using Threads with caution is to ban a series of words and phrases from appearing in your posts. If you're wary of the language that enters your virtual space in Threads, follow the steps outlined below:

1. Launch **Threads** and access your **profile** page.
2. Tap the **globe icon** located in the top-left corner of the page.
3. Select **Hidden words** to proceed.



In this instance, I'll demonstrate how you can manage the settings for the comments section of live threads.

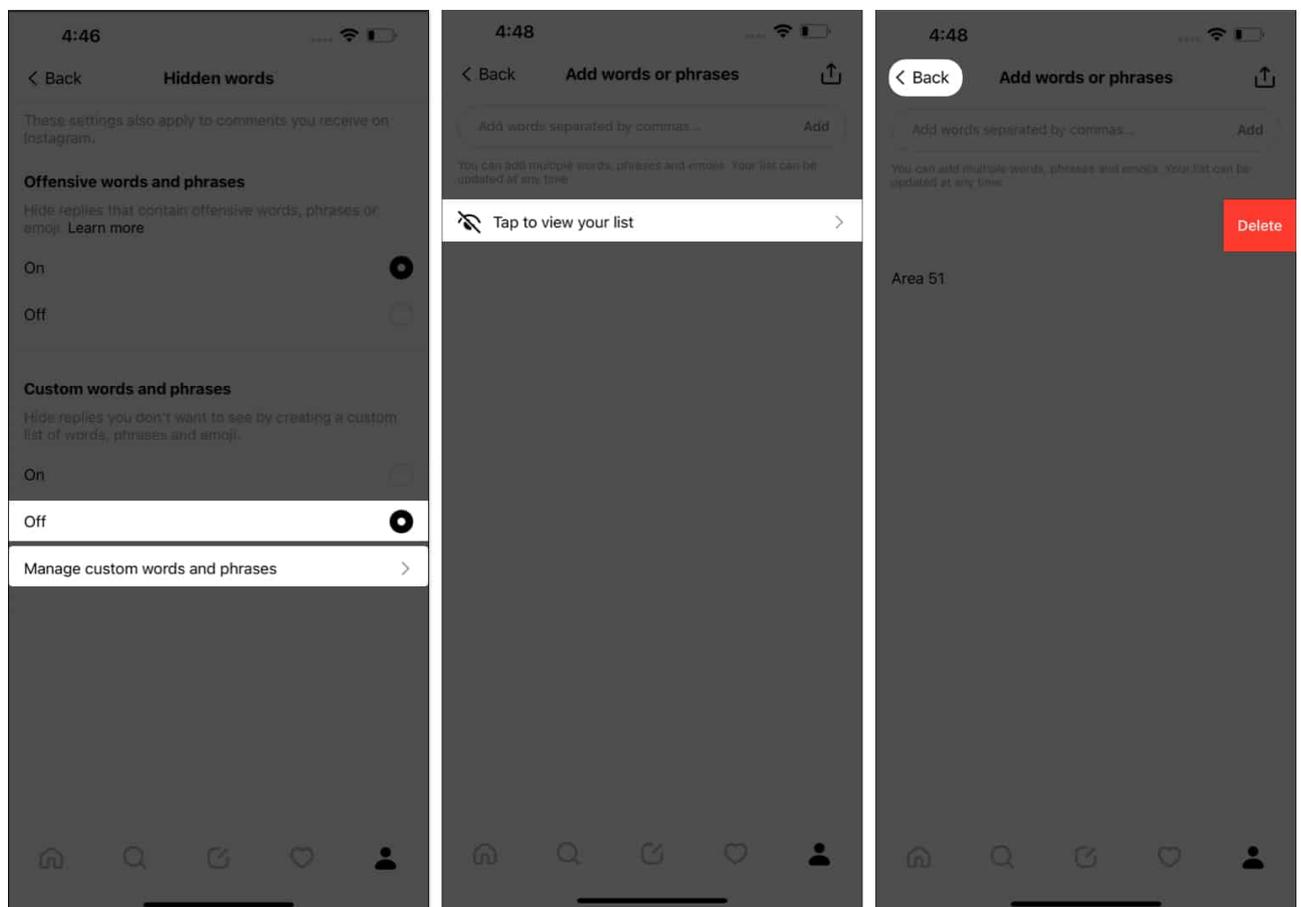
4. You can hide replies that contain offensive words, phrases or emoji by choosing the **On** option under **Offensive words and phrases**.
5. Similarly, you can customize this process for particular words that you want to appear.
6. Choose **On** option under **Custom words and phrases**.
7. Now, tap **Manage custom words and phrases**.
8. Type the **word** that you want to prohibit from your thread comment section.
 - If there are multiple words, make sure that they are separated by commas.
9. Hit **Add** to save your preferences.



Following this process, you can create a list of restricted words or expressions that will automatically be concealed once detected in any conversation.

Delete custom made words and phrases

1. Access the **Custom words and phrases** section as discussed above.
2. If you don't want to use this feature, simply select the **Off** option.
3. Alternatively, for those who seek to remove a particular word, tap **Manage custom words and phrases**.
4. Choose **Tap to view your list** option.
5. **Swipe left** the respective word and hit **Delete** when prompted.
6. Tap **Back** to conclude the process.

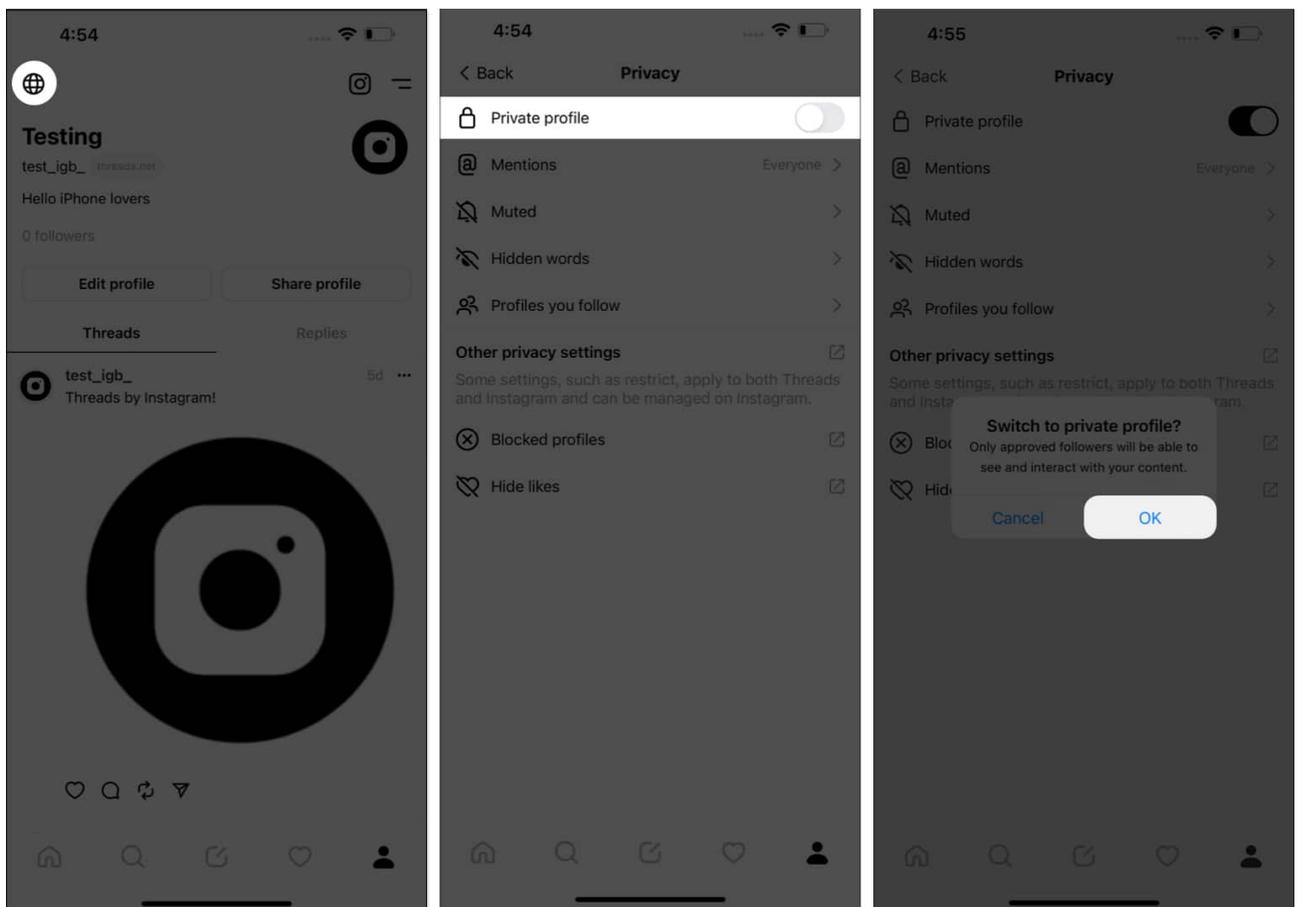


This tool proves useful for steering clear of unsolicited messages or conversations containing offensive language.

11. Enable private profile

If you're a private person and do not feel comfortable sharing your posts with the world right away, threads will fulfil your wish like a charm. While in threads, you can turn your profile Private. Conclusively, only the accounts approved by you can view and interact with your posts. Let's see how:

1. Navigate to your **profile page** in Threads.
2. Tap the **globe icon**.
3. Toggle on **Private profile** → Hit **Ok** when prompted.



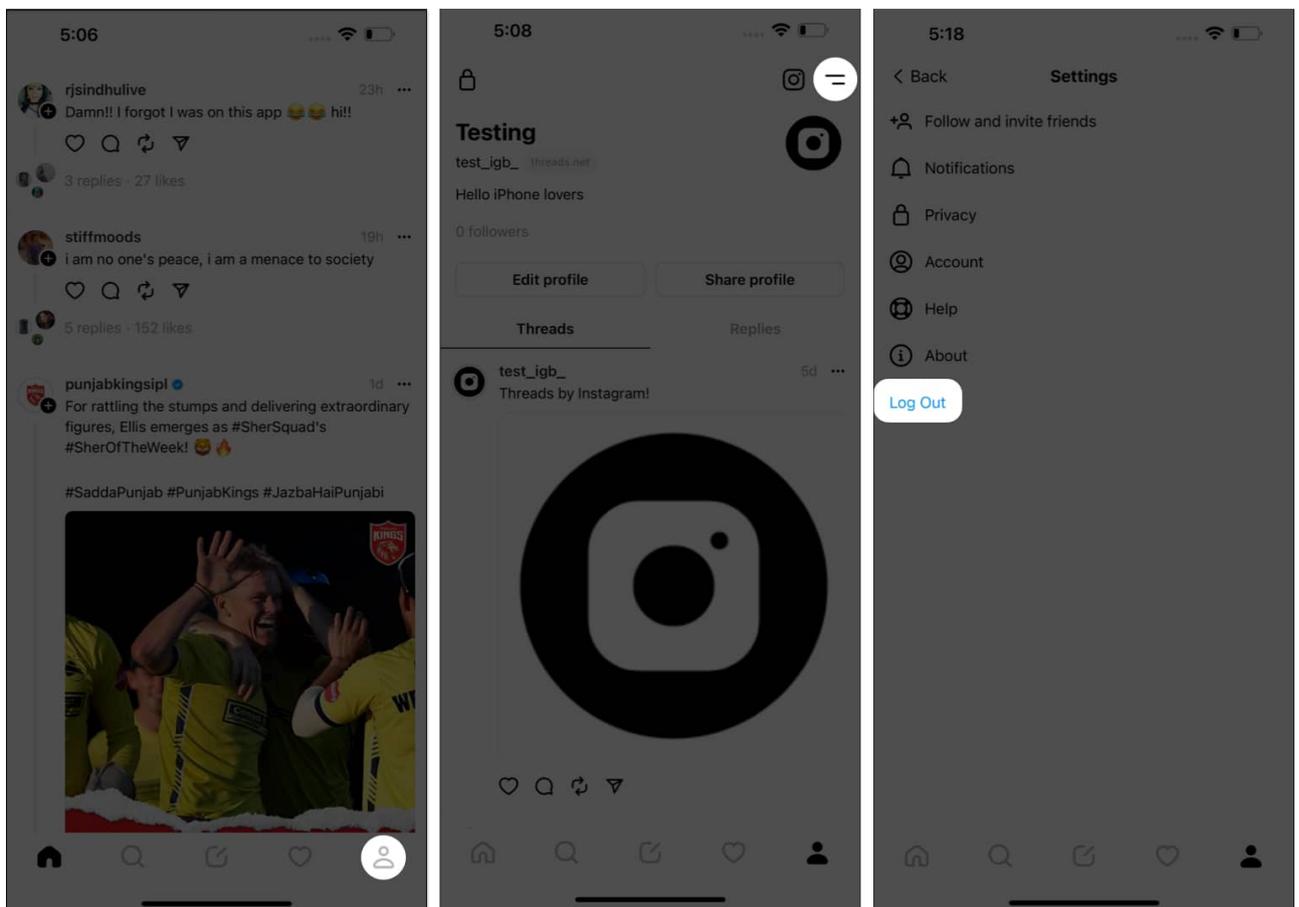
Note: This process will turn the globe icon in your profile into a lock icon.

Enabling a private profile also allows you to curate a more intimate and targeted audience, perfect for professionals seeking to showcase their work to select contacts or colleagues.

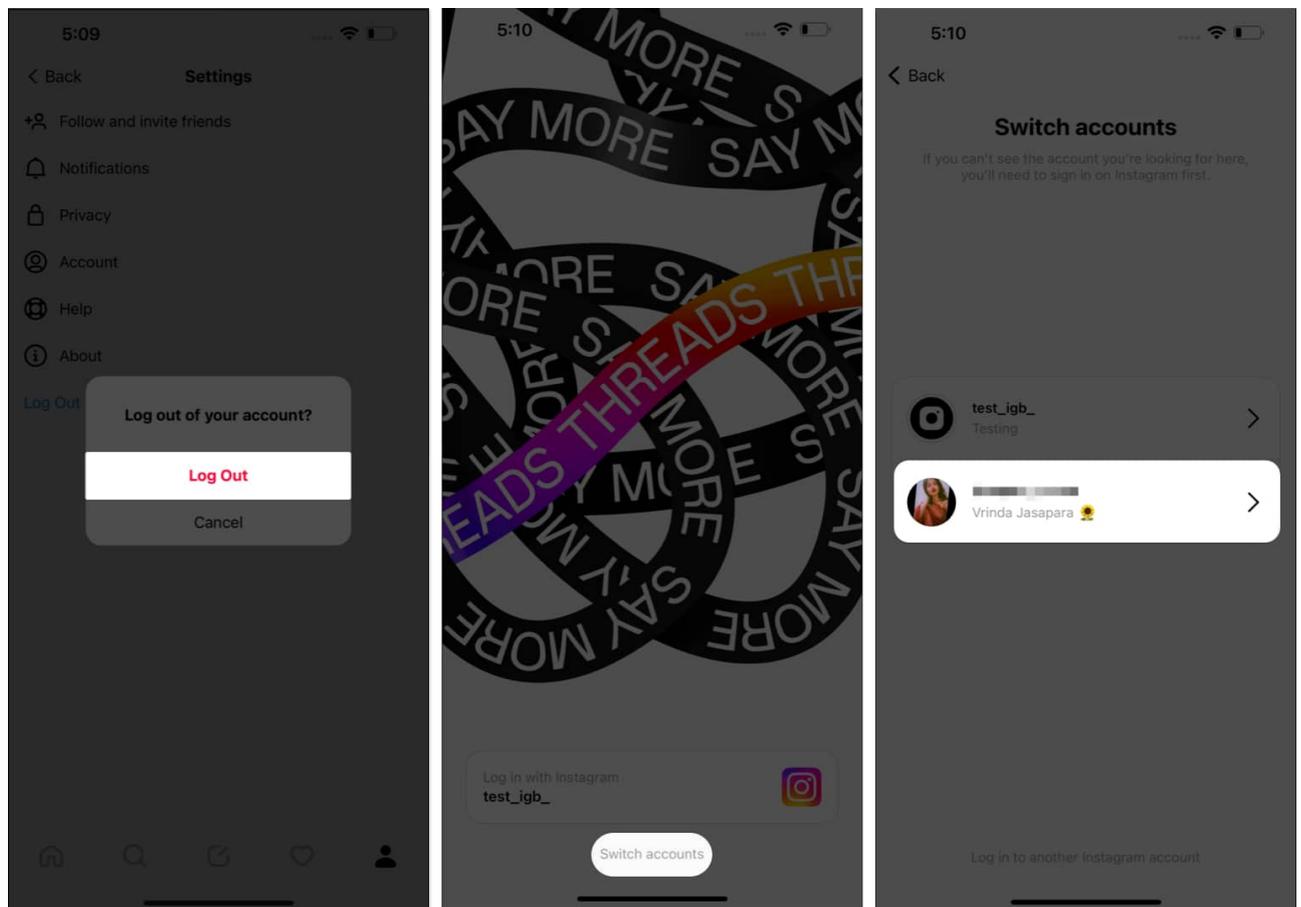
12. Switch profiles

One of the most useful features of Threads is the ability to easily switch between profiles, making it a breeze to manage multiple accounts seamlessly. To utilize this function like a professional, start by ensuring that you have added all relevant profiles to your Instagram app.

1. Tap your **profile** in the Threads app.
2. Select the **menu icon (two lines)** from the top-right corner.
3. Tap **Log Out → Log Out** to proceed.



4. As you're prompted with the login page in Threads, select **Switch accounts**.
5. Choose the **alternate profile** you wish to proceed with.
6. And voila!

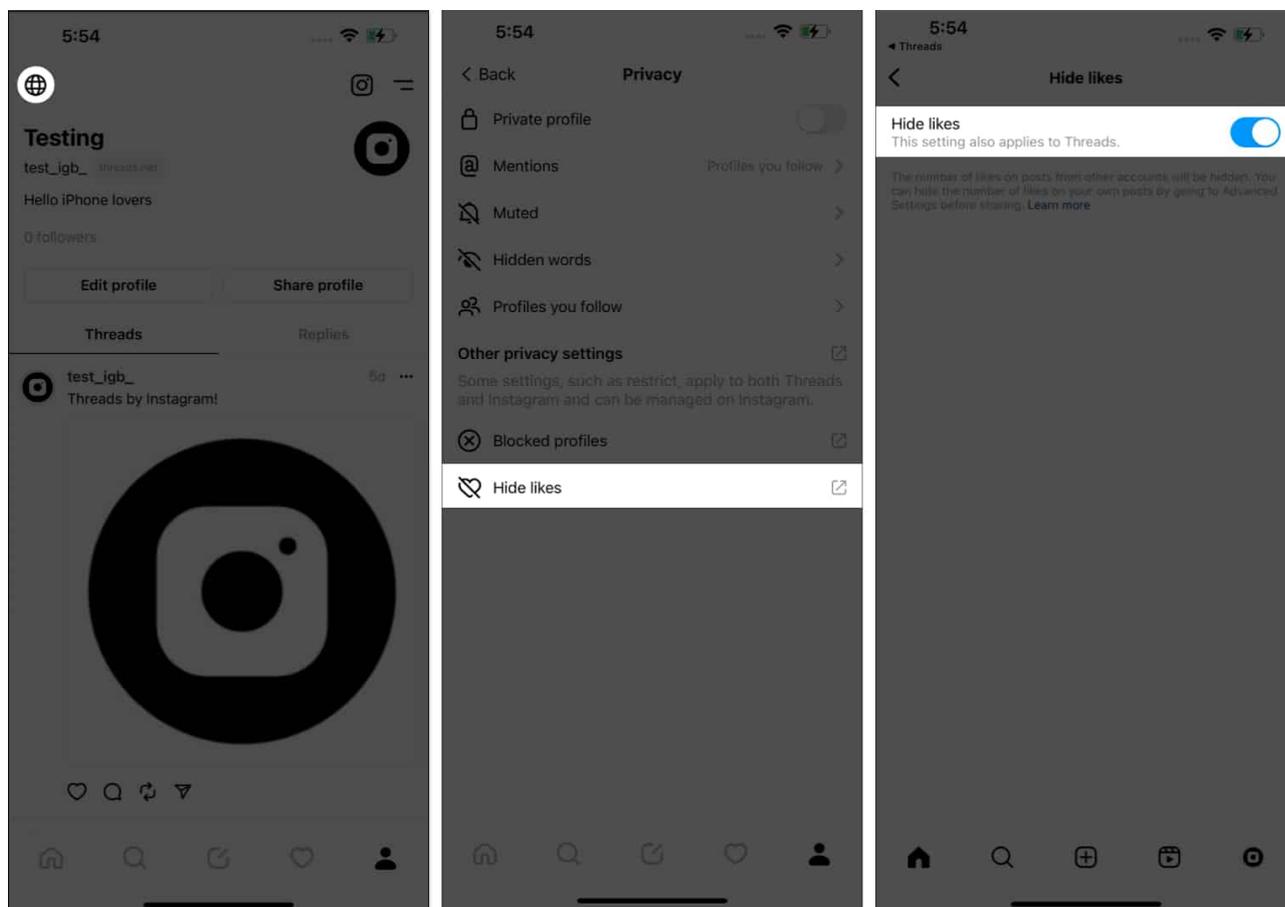


Nonetheless, keep in mind that managing multiple accounts requires careful organization and timely content sharing. As a result, it's viable to keep [social media management tools](#) at your disposal so that you're not lost in the wilderness of these platforms.

13. Hide likes count

Likes are one of the flashiest ways of flaunting one's popularity. However, if you wish, you can conceal this metric for your account. This procedure allows the users to focus on creating and sharing their content without fixating on the validation of likes.

1. Launch the **Threads** app → Access your **profile**.
2. Tap the **globe icon** → Select **Hide likes** option.
3. In this instance, you'll be redirected to the **Hide likes menu of Instagram**.
4. Toggle on **Hide likes**.



Note: This feature is controlled by Instagram yet is effective for Threads.

It not only allows individuals to maintain a sense of privacy, but it also promotes mental well-being by reducing the pressure to constantly seek approval from others.

14. Allow or disallow Mentions

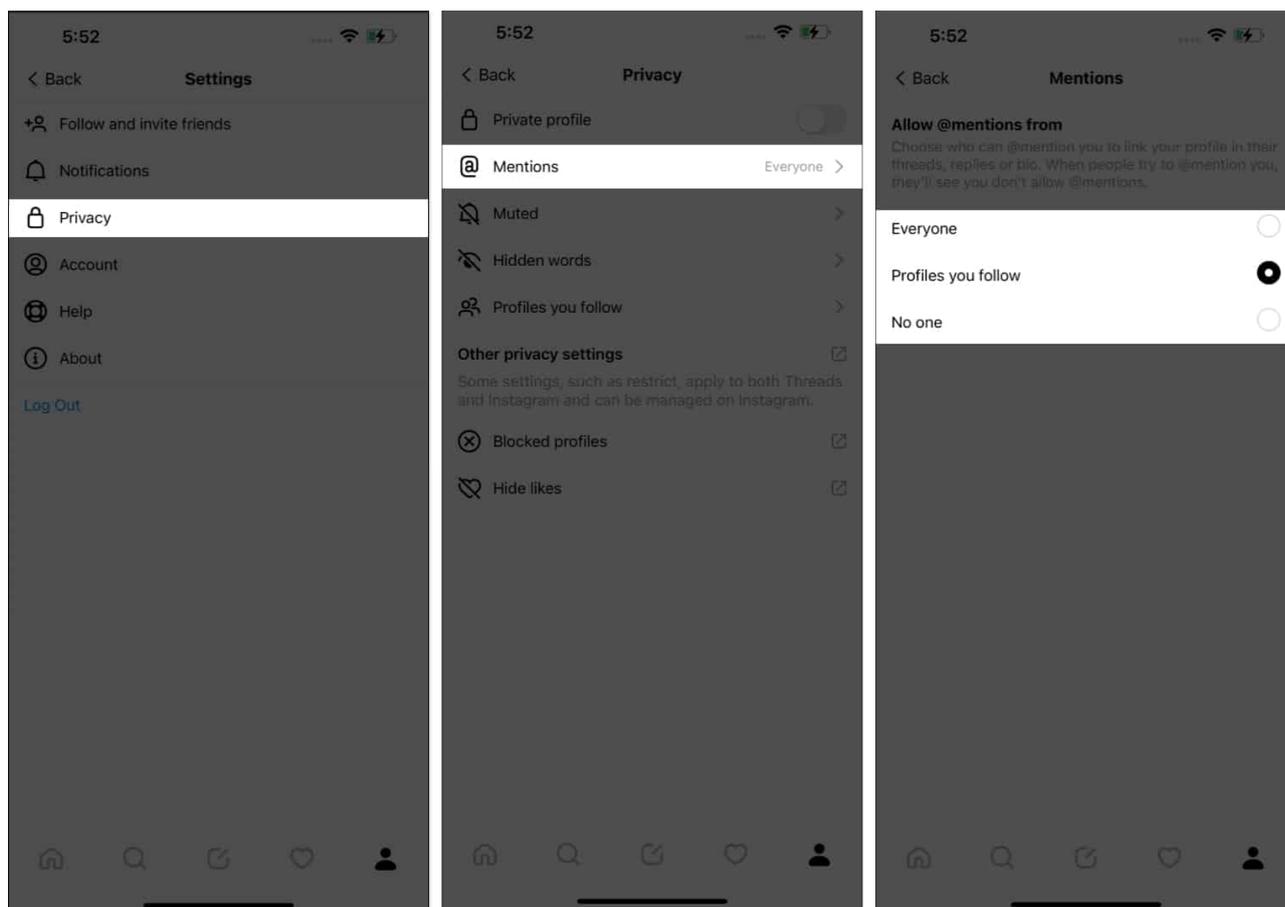
When it comes to maintaining solitude in Threads by Instagram, the ability to allow or disallow mentions from other accounts plays a very important role. If you're someone who relies on efficient and organized exchanges with colleagues, clients, or business partners, follow the steps described below:

1. Navigate to **your profile** in Threads → Access the **menu icon (two lines)** from the top-right corner.
2. Tap **Privacy** → **Mentions** to proceed.
3. Here, you can choose among the following:

Everyone: Open for all accounts in Threads.

Profiles you allow: No account can mention you in their posts without your approval.

No one: Mentions will not be allowed on your account.



This idea is dedicated to users who wish to control every string of communication and collaboration within the platform.

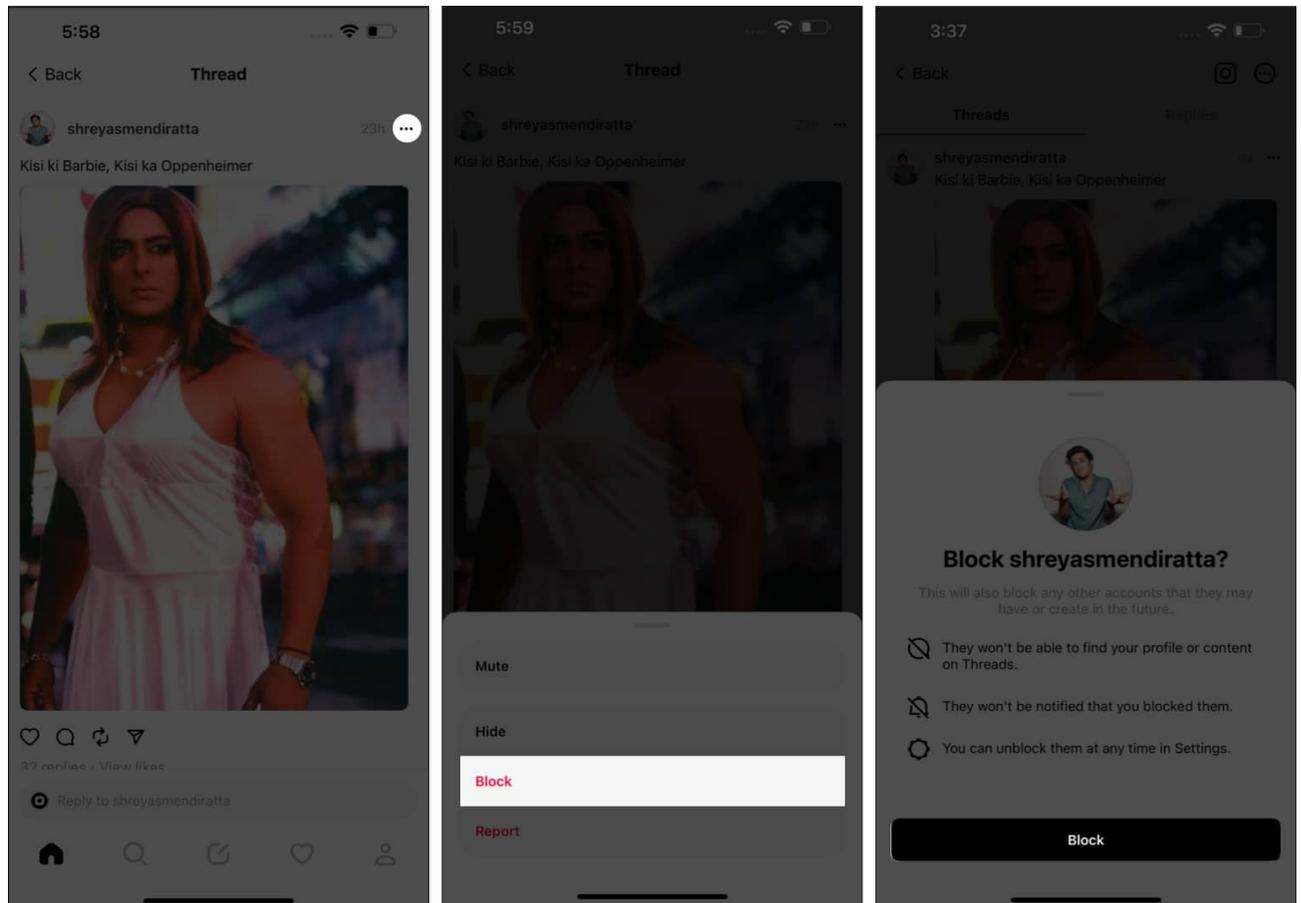
15. Block someone on Threads app

Using Threads like a professional entails the ability to block a user as pleased. As the saying goes, precaution is better than cure. So, let's comply with the saying by following a few simple steps:

1. Access the **thread** or **account** of the respective individual.
2. Tap the **three-dot** icon present in the top-right corner.

I have demonstrated the process with a thread.

3. Tap **Block** → **Block** when prompted.

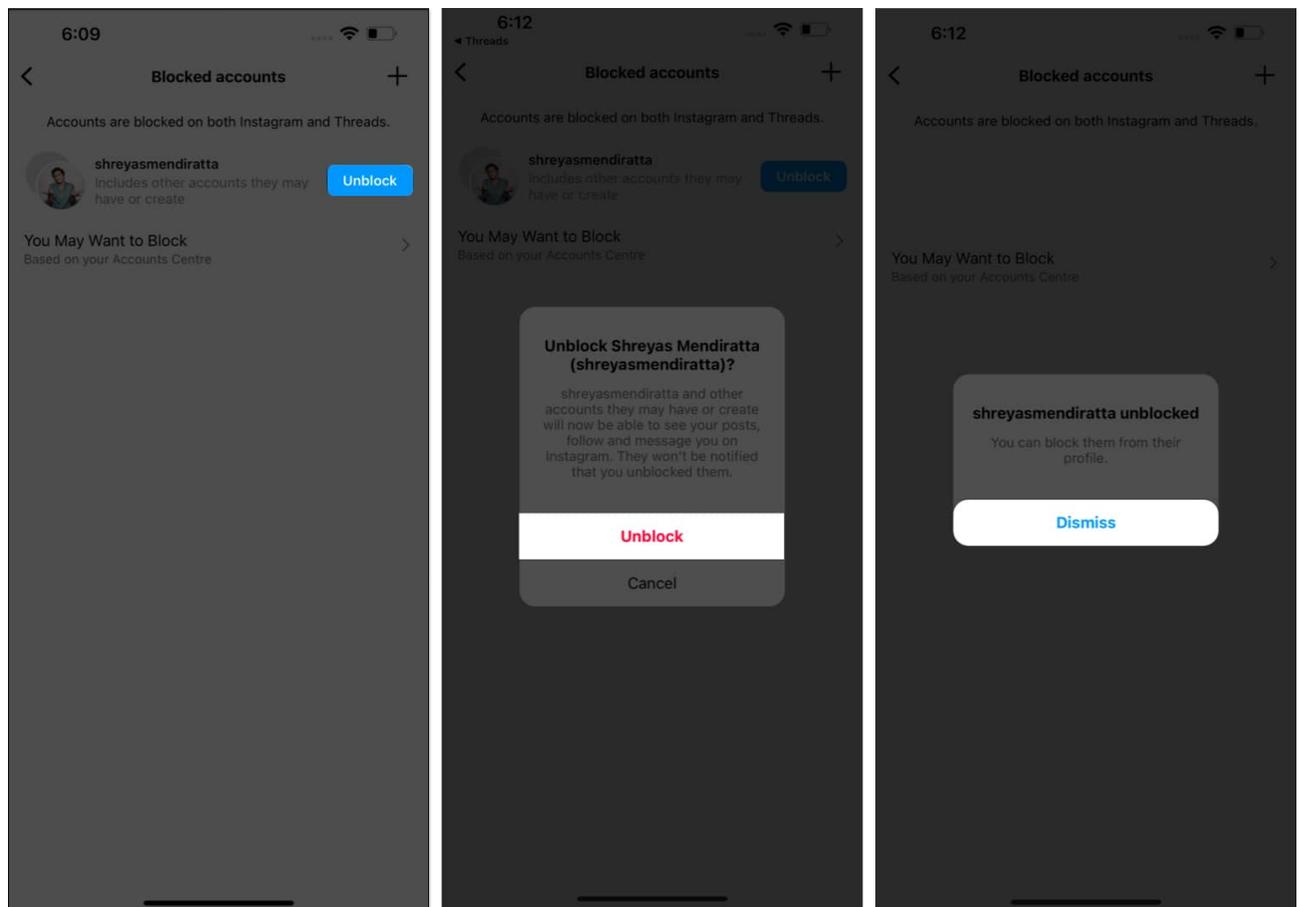


Now your feed will steer clear of this account.

View blocked profiles

Let's just say, one fine morning, you woke up gracefully and decided to forgive everybody. You must have a list of every person you've blocked to date. You can access the same diligently by following these steps:

1. Go to your **profile** in Threads → tap the **menu icon (two lines)** → **Privacy**.
2. Select the **Blocked profiles** menu.
3. Now you'll be redirected to your **Instagram** account.
4. Here you can access every account you've blocked in **Threads**.
5. Tap **Unblock** → **Unblock** accordingly.
6. Press **Dismiss** to conclude the process.

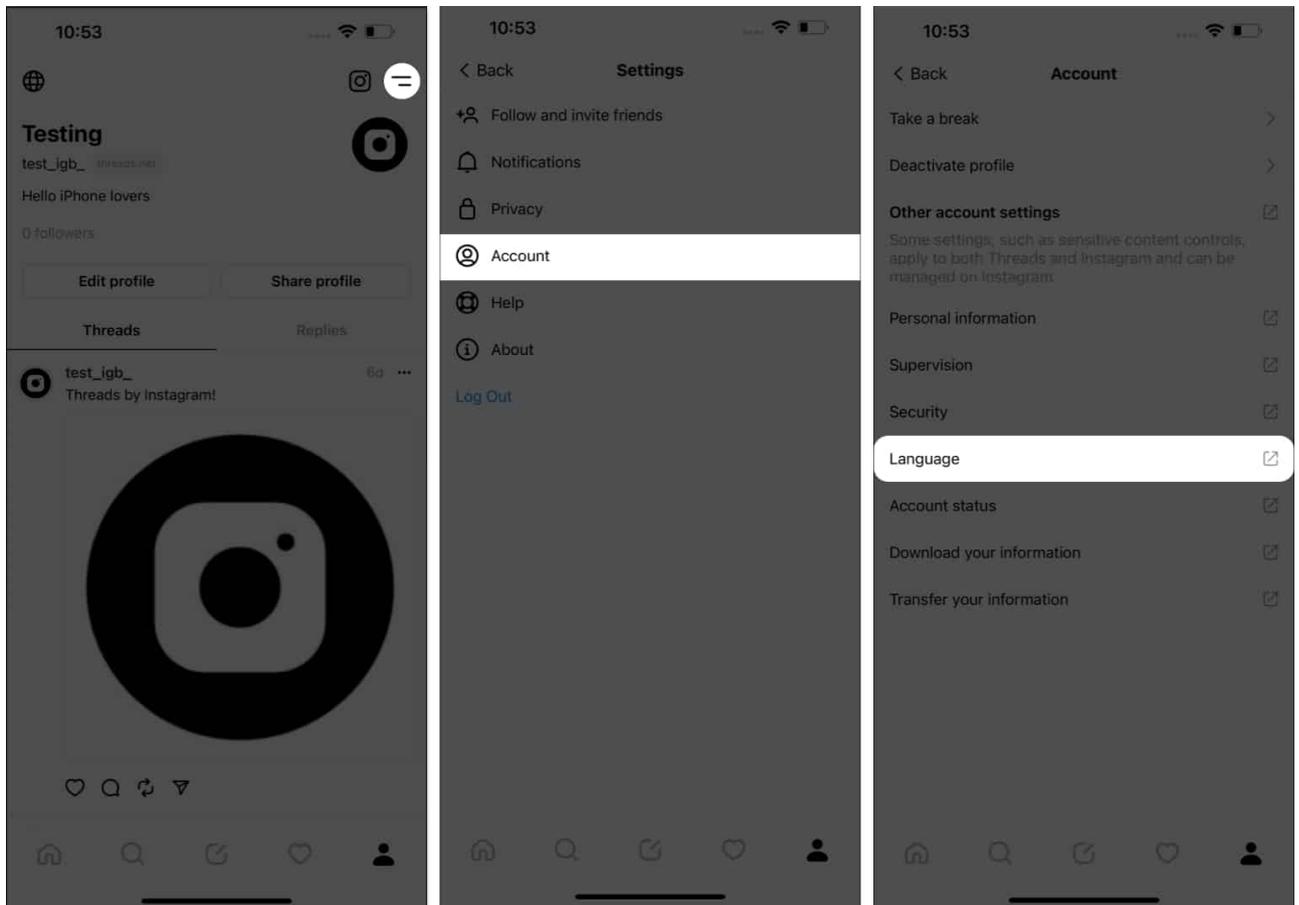


16. Change Threads app language

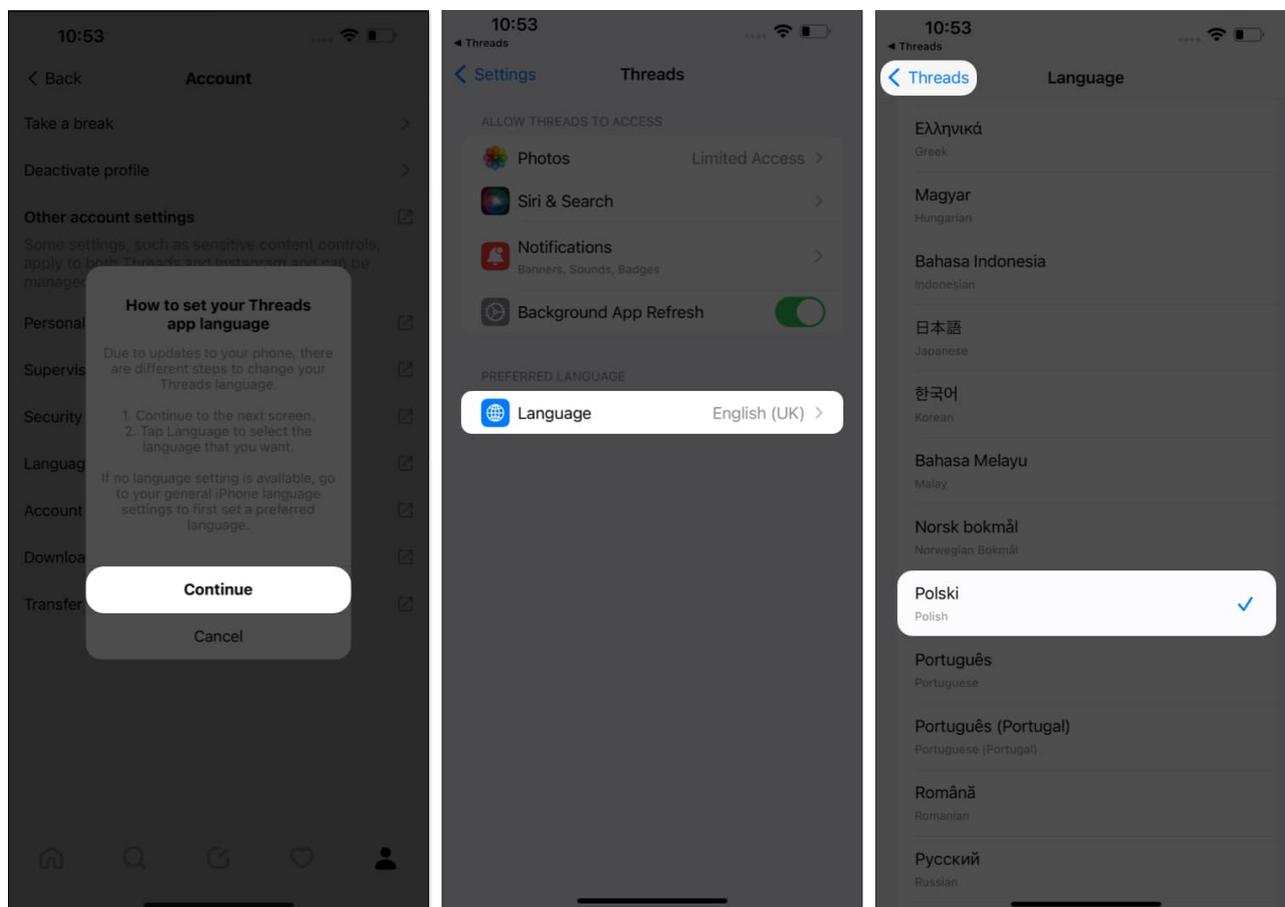
Whether you wish to communicate with an international audience or simply seek to explore various cultures through linguistic immersion, Threads has got you covered. It allows you to navigate seamlessly across the platform in the language of your choice. Let's see how you can tailor Threads to your convenience.

To change the language within Threads:

1. Go to your **profile**.
2. Select the **menu icon (two lines)** → **Account**.
3. Choose **Language** to proceed.



4. Hit **Continue** when prompted.
5. Now you'll be redirected to the on-device **language settings** of Threads.
6. Tap **Language**.
7. Scroll down to the OTHER LANGUAGES menu and decide accordingly.
8. Simply select a **language** and hit **Threads** to go back.



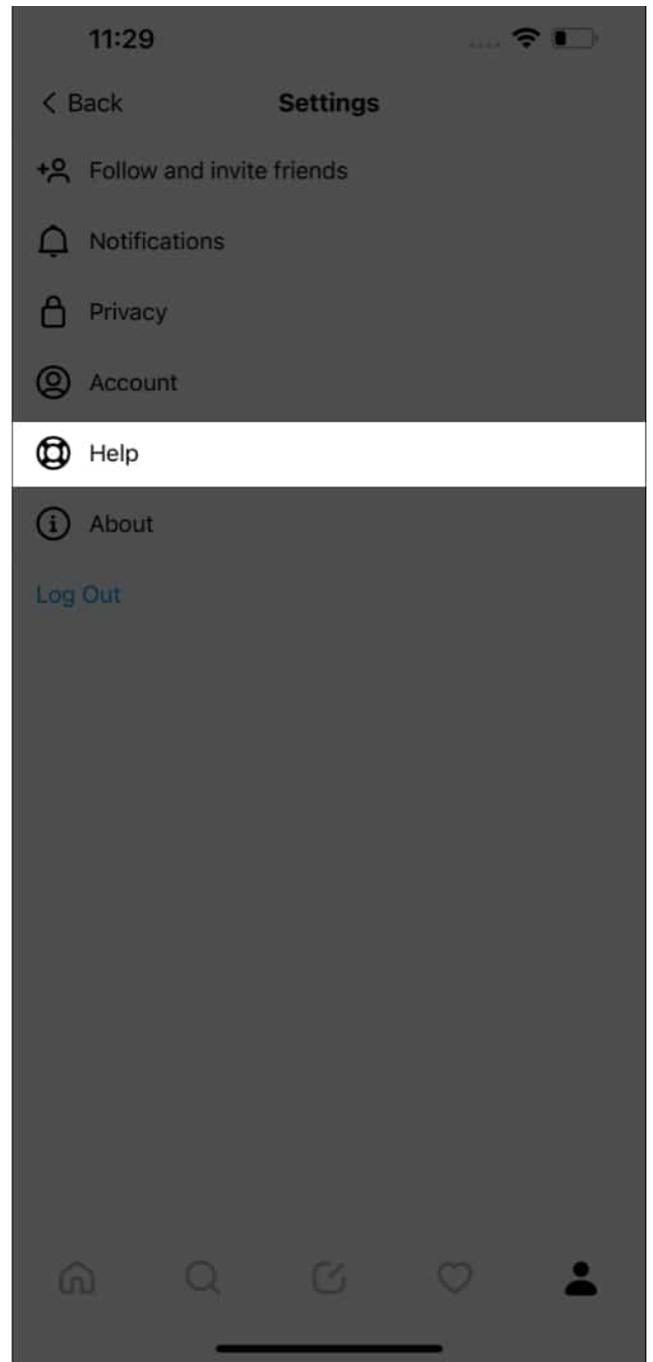
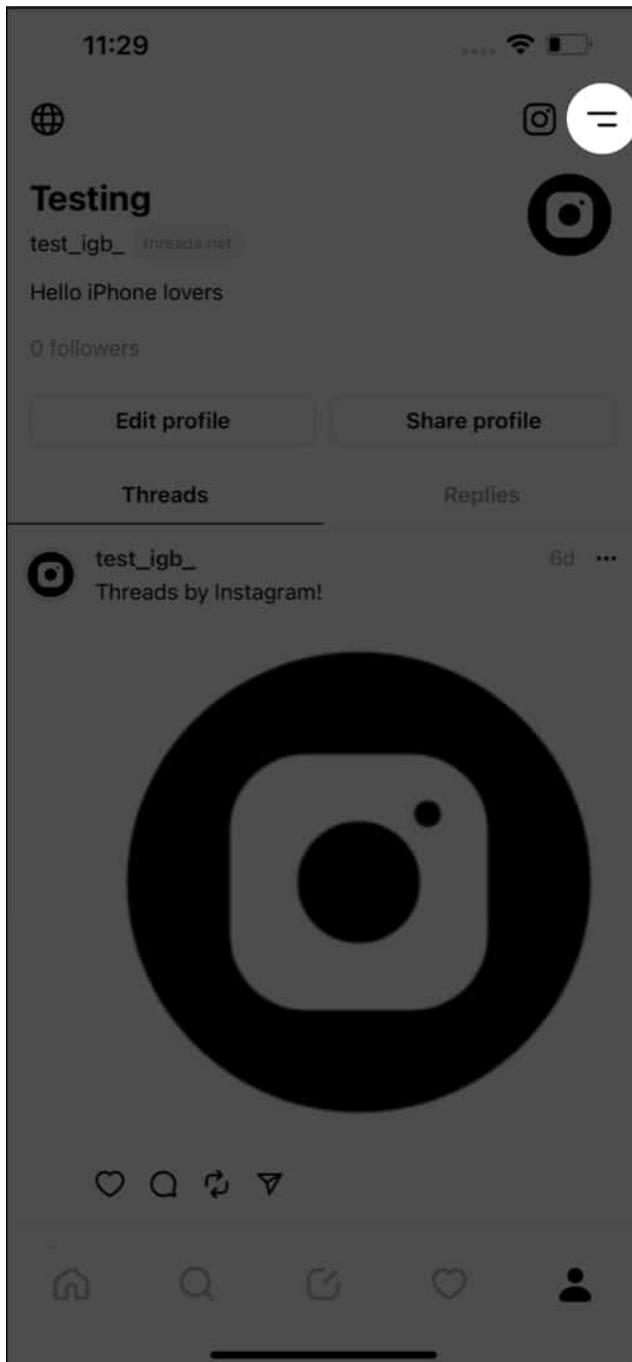
You will now see the same changes in the Threads app as you just made.

17. Report a problem on Threads app

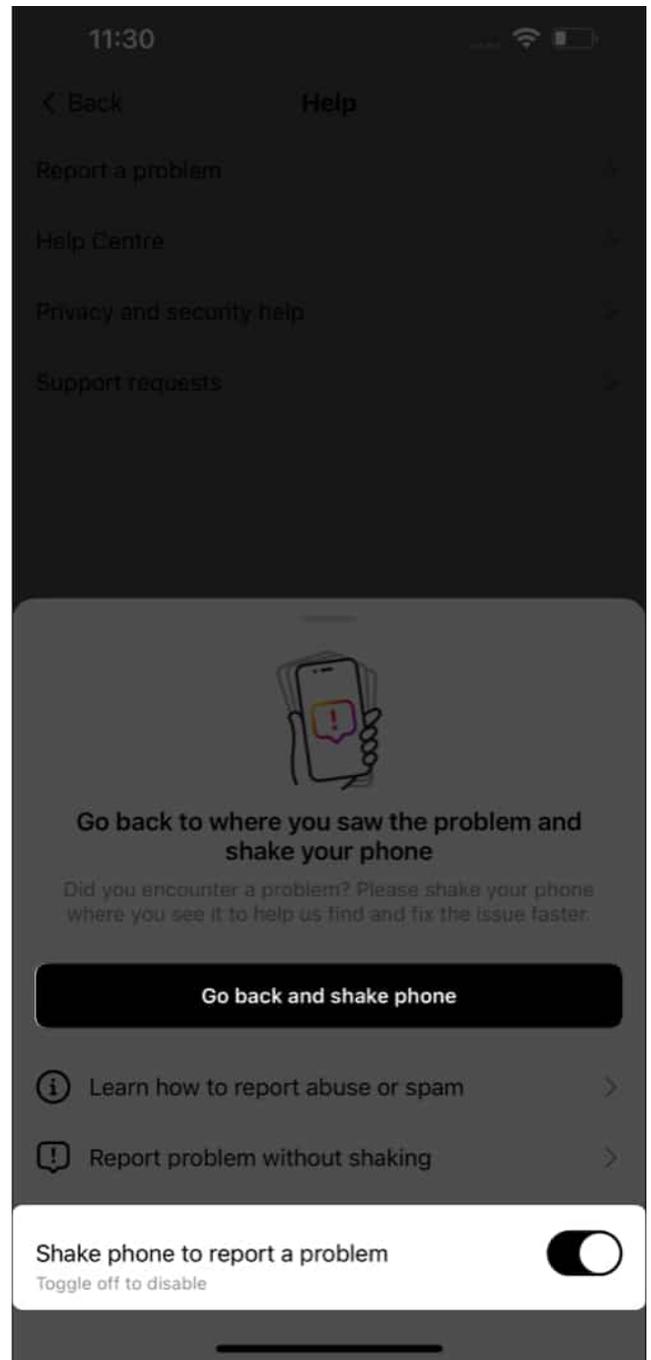
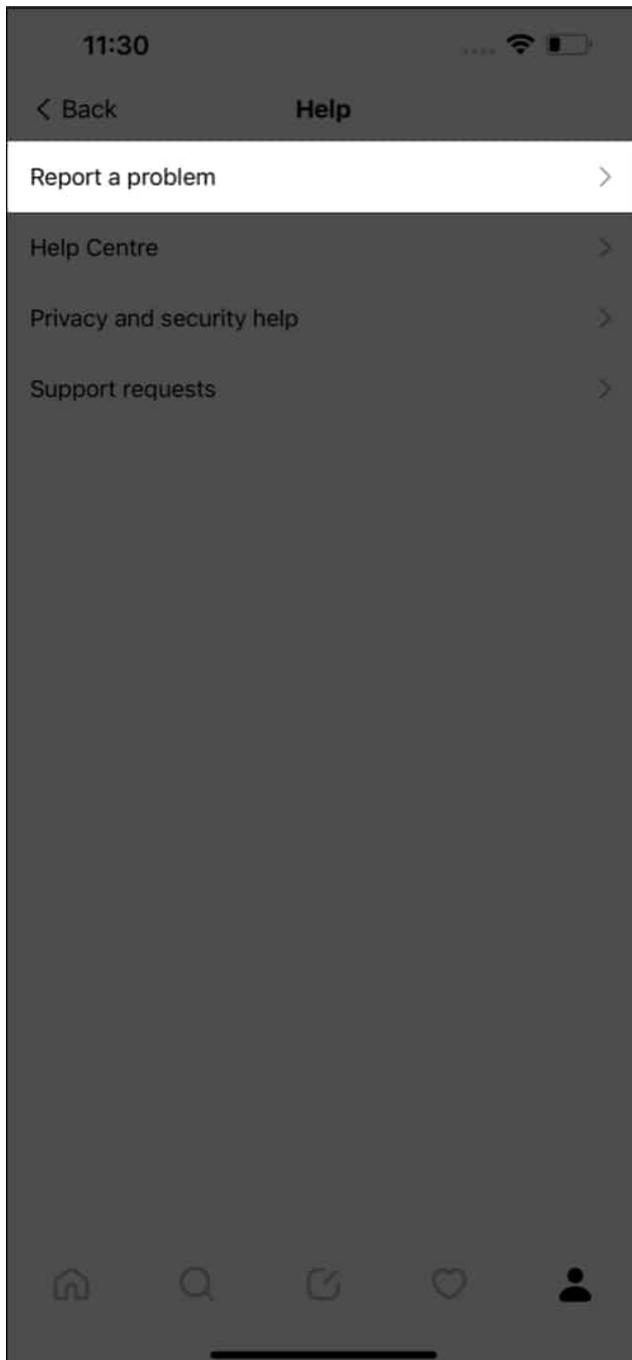
Like any other tool or app, Threads is also prone to errors and glitches. Hence, it's very crucial to equip yourself with the necessary knowledge to [mitigate the problem of the app crashing](#) when necessary.

In order to report an issue bothering your overall Threads experience, you must get a detailed understanding of the problem and identify its root cause.

1. Launch **Threads** on your iPhone.
2. Go to your **profile** → **menu icon (two lines)** → **Help**.



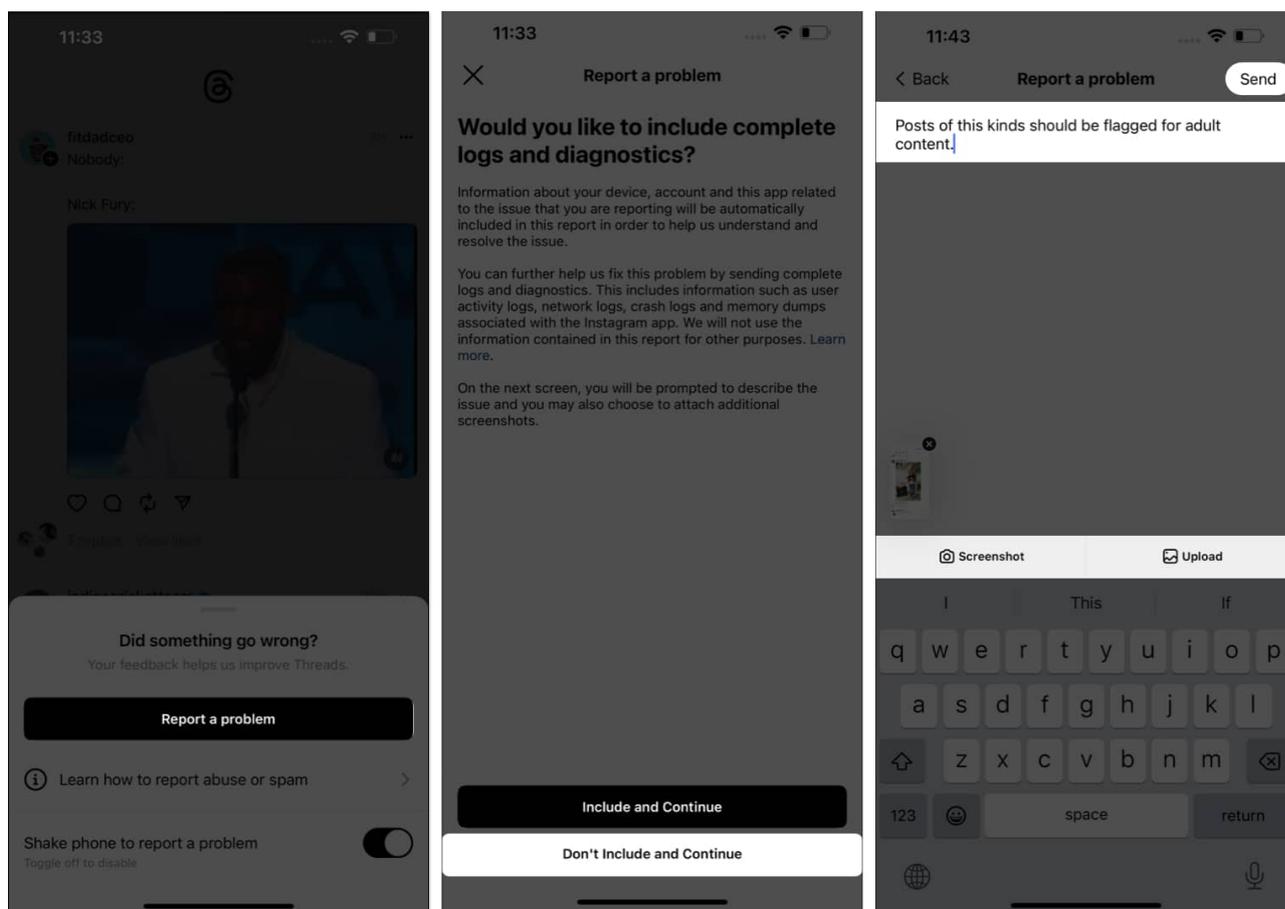
3. Select **Report a Problem** to proceed.
4. Toggle on **Shake phone to report a problem**.
5. Now, tap **Go back and shake phone**.



6. Locate the interface where the issue occurred.
7. In this instance, you must **shake your phone** to summon the complaint assistant.
8. Tap **Report a problem** to further elaborate on the issue.
9. Select **Include and Continue** to provide complete logs and diagnostics report for a better understanding of the problem.
10. If you don't feel comfortable complying with these rules, simply select **Don't Include**

and Continue.

11. Provide detailed information about the problem, including screenshots or videos that illustrate the issue effectively.
12. Ensure that you've included relevant steps that might have triggered or acute the problem.
13. Once you're confident, hit **Send** to file a report.



Building meaningful connections is just a thread away!

Voila. This comprehensive guide is all you need to use the Threads app like a pro. From creating personalized groups to sharing exclusive moments, Instagram Threads empowers you to connect with your friends, family, and followers in ways that were never possible before. So, go ahead and start exploring the myriad of features and unleash your creativity.

Thank you for reading. If any, please leave your thoughts in the comments below.

Read more:

- [50+ Tips to use Instagram on iPhone like a pro](#)
- [How to mute someone on Instagram from iPhone](#)
- [How to reset Instagram Explore page on iPhone](#)