

Key Takeaways

- Check whether your iPhone has enough free space to accommodate the app update size.
- Make sure the phone is connected to a Wi-Fi network or has mobile data turned on with a working internet connection.
- Simply restarting your iPhone might fix the software glitch that might be preventing apps from updating.

From dark app icons to custom controls in the revamped [Control Center](#), Apple's iOS 18 empowered native and third-party apps with many new options on the iPhone. This makes iOS 18 a worthy upgrade. One prerequisite for using the iOS 18 app-related features is that all the apps on your iPhone must be up to date. However, according to a few reports, many users have been reporting that they can not update apps on their iPhones after updating to iOS 18.



If you are among such users, you are in the right place. In this post, I've compiled a list of solutions you can employ to fix can't update apps on your iPhone issue.

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1. Reboot your iPhone

An excellent old restart is the best solution when an app or device is acting up. Similarly, restarting an iPhone fixes several minor and temporary issues.

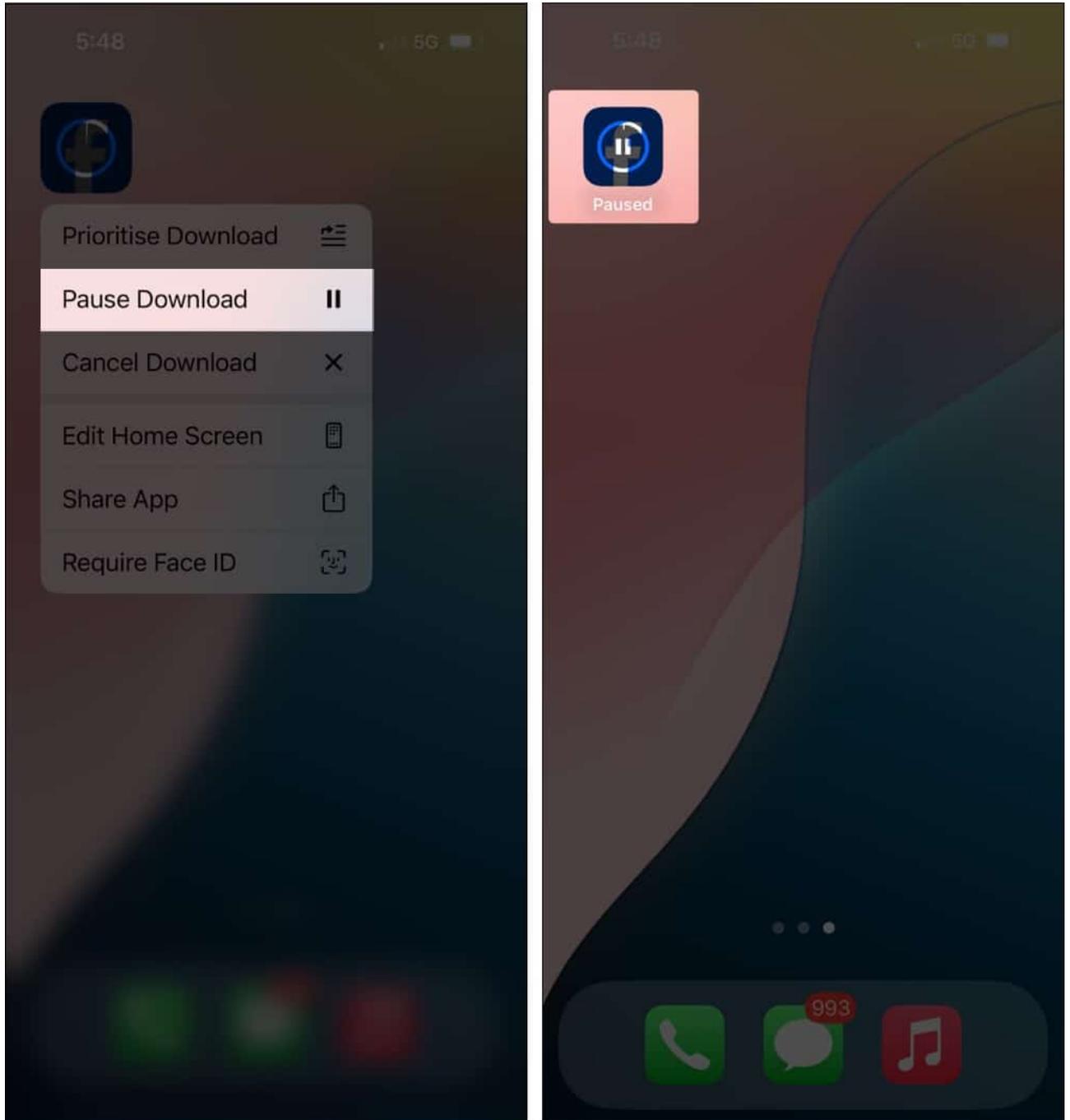
However, the method varies for Face ID and Touch ID devices, so here is a detailed guide to [rebooting your iPhone](#).

An alternate way to shut down your iPhone is to open the Control Center. Here, long-press the Power icon at the top right corner. Next, swipe right on the Power Slider that appears. After a minute, switch it back on.

2. Pause and resume the app update

If the update takes too much time or is stuck on the waiting screen, restarting the process might help.

1. On the iPhone home screen, **firmly press the app icon**.
2. Tap **Pause Download**.
3. After a few seconds, tap **the app icon again** to resume it.

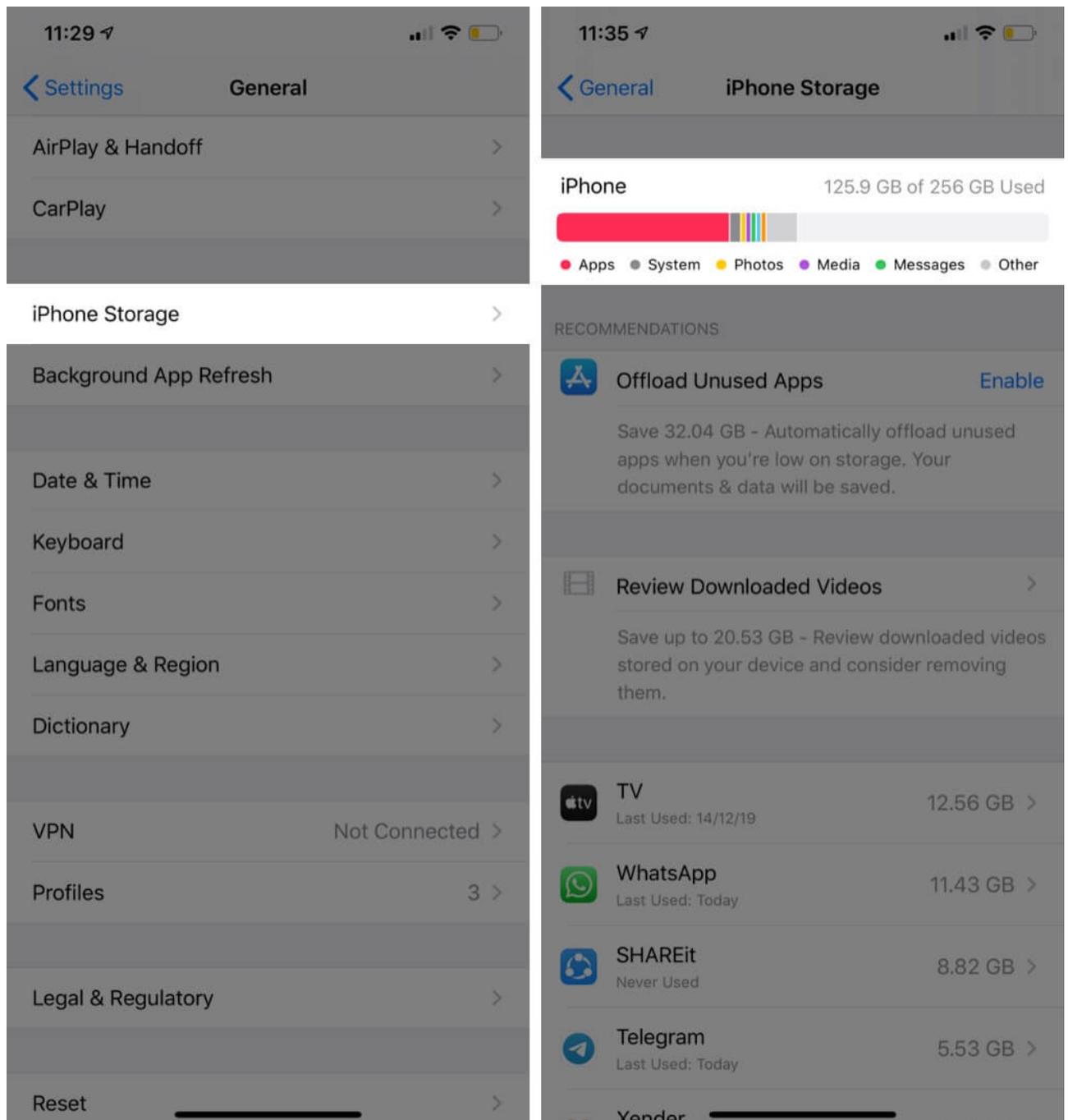


You can also cancel and restart the update from the App Store.

3. Check available storage on iPhone

Apps and iOS updates can not happen if there isn't enough free space on your iPhone. Here is how to check your iPhone storage.

1. Open the **Settings** app → Tap **General**.
2. Tap **iPhone Storage** and check **storage**.



If there is no or little space, [free up storage on the iPhone](#) and try to update the app again.

4. Connect to Wi-Fi

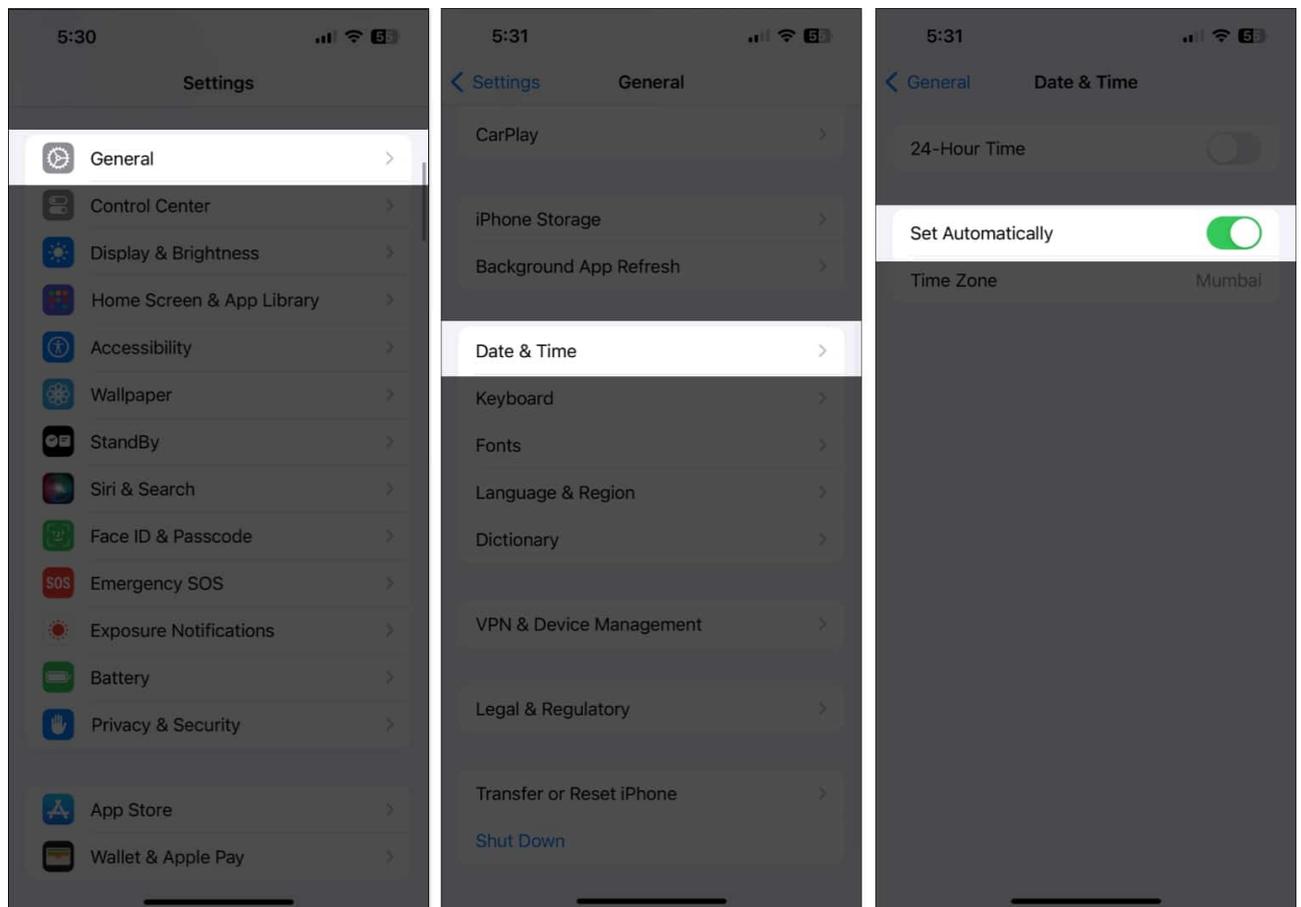
Cellular data allows app downloads and updates. However, it only allows smaller apps to be downloaded. If you want to download an app larger than 200MB, you need to [allow the App Store to download heavy apps](#) when using cellular data.

However, if you don't need to do this hustle, you can simply [connect to a Wi-Fi network](#) and try to update the app again.

5. Set date and time automatically

Not only app updates but also many features like FaceTime need the correct time and date. The easiest way to always ensure that your device has the appropriate time is to set it to update automatically.

1. Open the **Settings** app → Tap **General**.
2. Tap **Date & Time** → Enable **Set Automatically**.



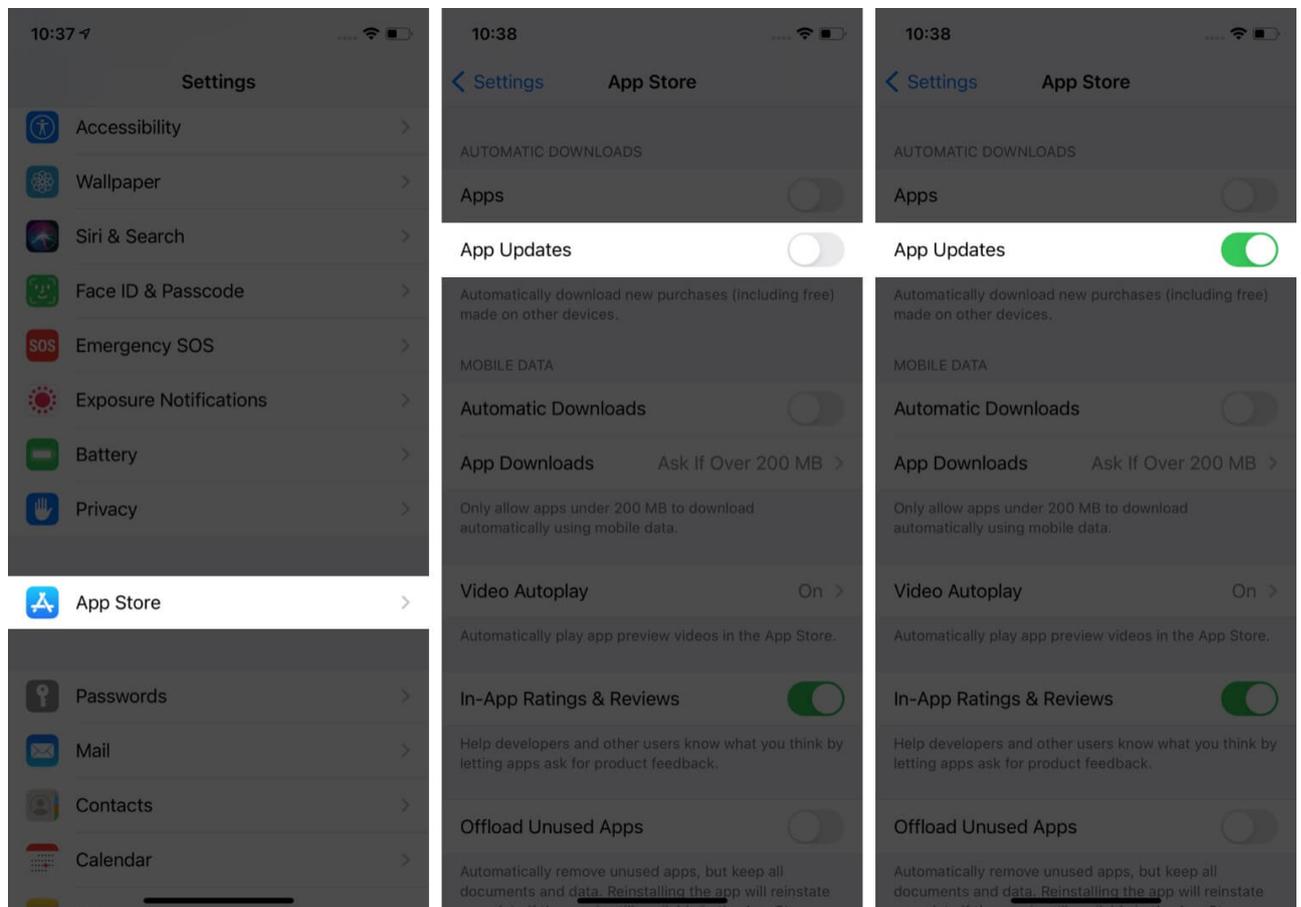
6. Delete the app and reinstall It

Proceed with caution; unless you have a cloud backup for the app, you'll lose the data during the deletion. For instance, if you don't have an up-to-date backup for WhatsApp, all the recent chats and media will be lost.

One solution for this may be to [offload the app](#) and this keeps the app data but only removes the app.

7. Turn off and on automatic updates

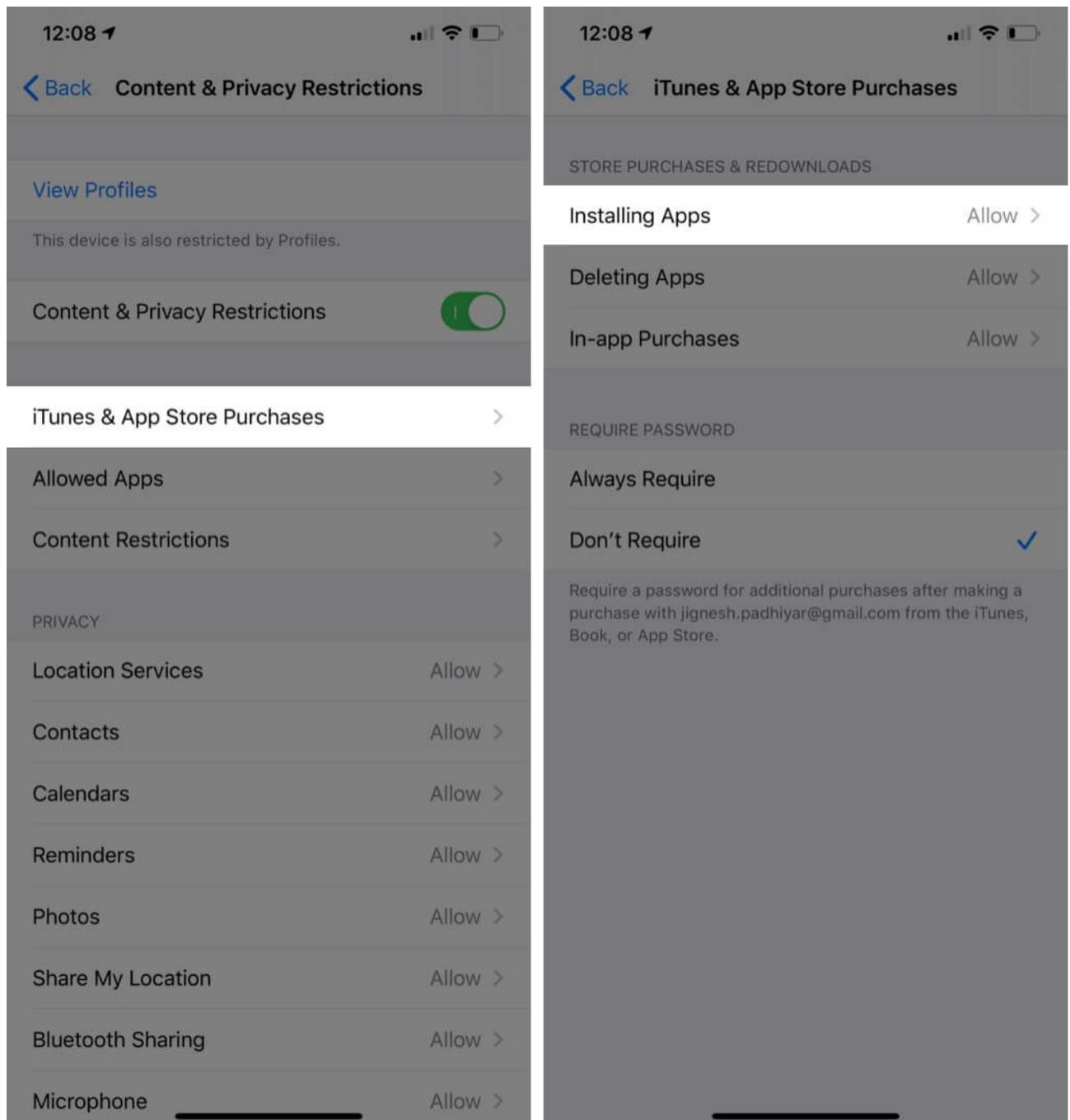
1. Open the **Settings** app → Tap **App Store**.
2. Turn off **App Updates** and turn it back on after 30 seconds.



8. Make sure that Screen Time restrictions are off

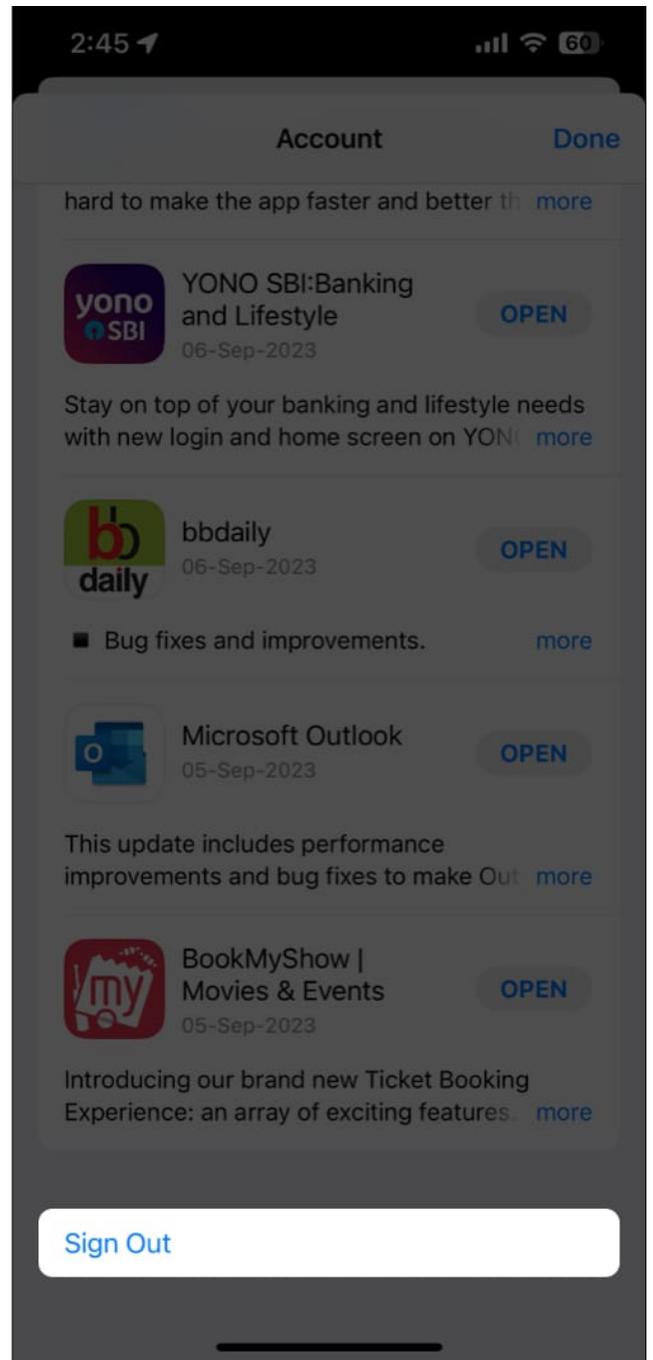
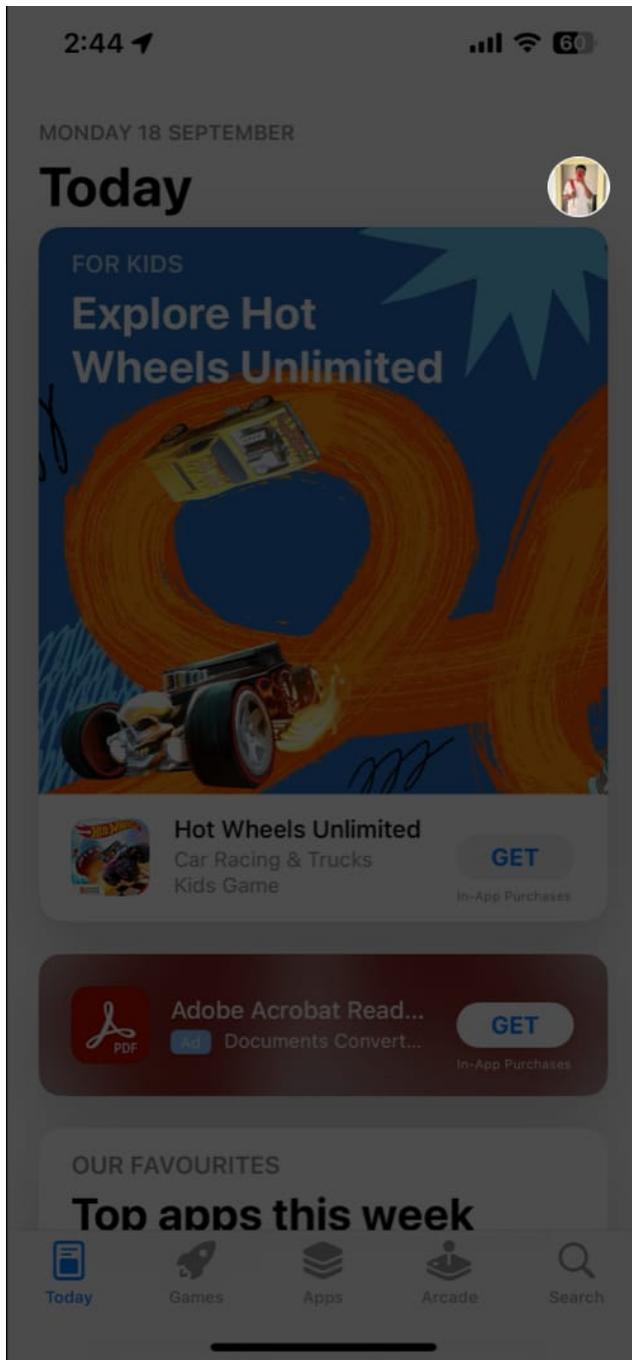
Screen Time restrictions in iOS can prevent app installs and uninstalls. Let us check if this is the case.

1. Open the **Settings** app → Tap **Screen Time**.
2. Tap **Content & Privacy Restrictions**.
3. Now, tap **iTunes & App Store Purchases**.
4. Make sure **Installing Apps** is set to **Allow**.



9. Sign out and into your Apple ID

1. Go to the **App Store** → Tap the **Profile** icon.
2. Scroll to the bottom and tap **Sign Out**.



3. Go back to the top again and **Sign in** with your Apple ID after a few seconds.

Try to update the app now and move on to the next step if this does not work.

10. Update iOS

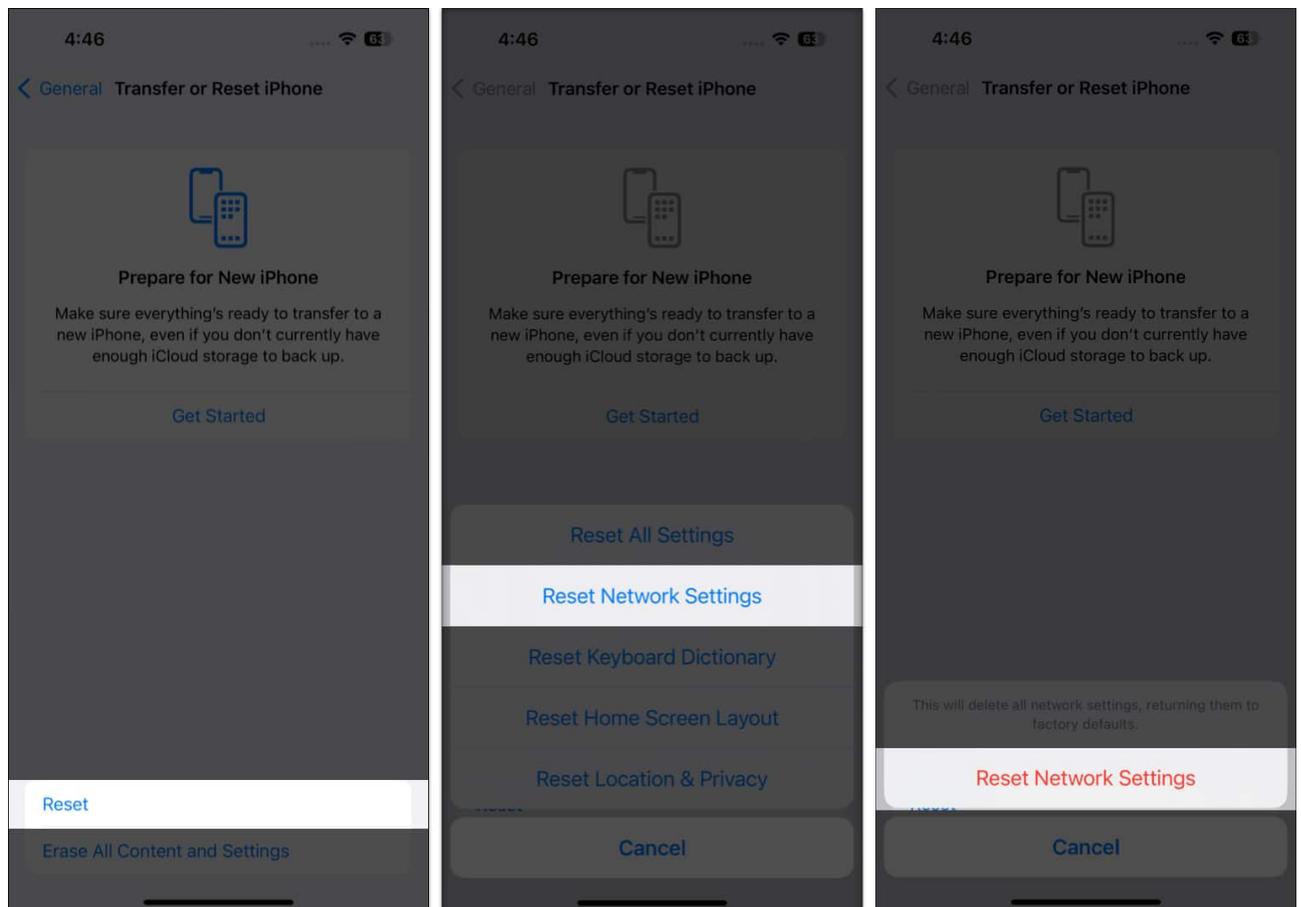
Always ensure that your iPhone or iPad is on the most recent version of iOS. To [update your device](#):

1. Open the **Settings** app → Tap **General**.
2. Tap **Software Update** → **Download and Install** if you see a pending update.

11. Reset Network Settings

One final solution is to reset your iPhone's settings. This will not delete any personal data, but it will erase Wi-Fi passwords, VPN configurations, Bluetooth devices, etc. Make sure you have a backup in case things go wrong.

1. Open the **Settings** app → **General**.
2. Tap **Transfer or Reset iPhone** → Tap **Reset** → Tap **Reset Network Settings**.



3. Enter your iPhone **Passcode** and **Reset Network Settings** again.
4. After the process completes, connect to Wi-Fi or Cellular data and try updating the app.

That's all, mate!

I hope one or a combination of more fixes helped you, and now your apps are updating on your iPhone normally as they should. If you have a related query, feel free to mention it in the comments down below.

Also read:

- [How to cancel App Store subscription from all Apple Device](#)
- [How to fix iPhone Standby Mode not working after iOS 18 update](#)
- [Screen Distance not working after the iOS 18 update? How to fix it!](#)