**iGEEKSBLOG**

Key takeaways

- You can easily clear cache on Facebook iOS app from its Settings. Go to **Settings and privacy** > **Settings** > **Browser** and tap **Clear beside Cookies and cache**.
- Deleting the Facebook app also remove its cache from your iPhone.
- Clearing cache will not erase any of your account information on Facebook, including your profile, pictures, updates etc.

Are you experiencing frequent crashes or lags while scrolling your Facebook news feed? The Facebook app collects cached data that might slow down your device or make it behave erratically. To avoid these issues, you need to clear the Facebook app cache from your iPhone.
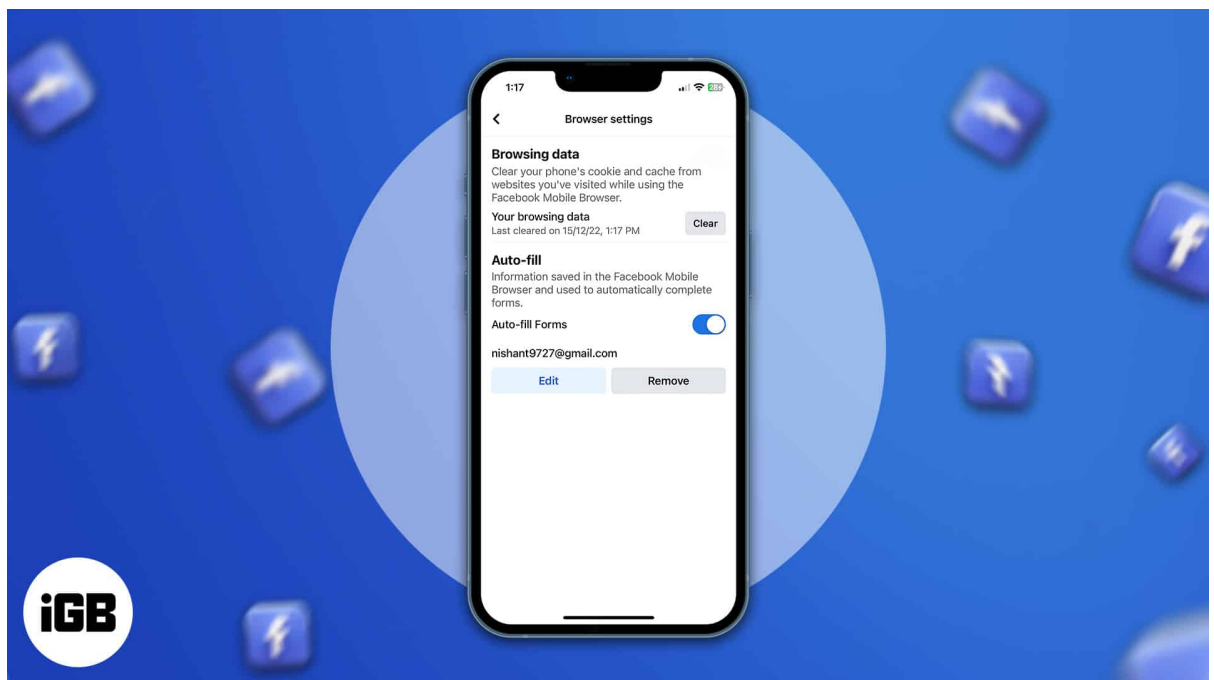
This improves the performance of your iPhone and iPad and frees up storage space. In this guide, I will explain why clearing Facebook's cache is important and show you how to do it on your iPhone and iPad.

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What is Facebook cache on iPhone?

The Facebook cache is a collection of temporary files stored by the app on your iPhone or iPad. Whenever you use Facebook—whether you're scrolling through your feed, watching videos, or liking posts—the app stores your activity data to help speed up your future interactions. This includes images, videos, comments, and other content in the posts, pages, and profiles you visit.

So, the cache saves information on your device for Facebook to access quickly without requesting it from the internet each time you use the app. If you open the Facebook app offline, you will see a news feed with posts you have already read.

Despite their usefulness, caches also have disadvantages. Over time, this saved information accumulates on your iPhone, occupying a considerable amount of space and might affect its performance. If the cache isn't cleared regularly, it can get corrupted, causing the app to slow down, crash, or behave unpredictably.

Why should you clear your Facebook cache on your iPhone and iPad?

As I already mentioned, clearing your Facebook cache plays a crucial role in maintaining the app's and your device's performance. Here's why you should consider doing it:

- **Free up storage space**: As the cache accumulates, it can take up considerable space on your iPhone or iPad. Clearing the cache can free up space if you're running low on storage. So your device can run more smoothly and make Facebook load faster.
- **Improve app performance**: A bloated cache can slow down the Facebook app, causing lag, freezing, or crashes. Clearing the Facebook app cache removes outdated or unnecessary data, helping the app function properly and reducing glitches.
- **Resolve app issues**: If you've noticed that Facebook is acting up, like not loading content properly, being unable to update your profile, etc., deleting the cache can often resolve these issues. It gives the app a fresh start and eliminates potential conflicts.
- **Fetch new content**: Long-stored cache data may often show older content

on the news feed. Clearing Facebook caches from iPhone forces the app to retrieve the most current data from the server.

In summary, regularly clearing your Facebook cache is a performance booster and an effective way of removing common app-related problems. So, how frequently should you do this? You should clear your Facebook app cache every few weeks or when there are any indications of poor performance.

And do not worry; clearing the cache does not erase any of your personal data, such as Facebook posts, messages, or photos. It only deletes the app's temporary local files.

Pro tip

Even though removing cache from Facebook may slightly improve performance, you must delete cache of other apps to [optimize your iPhone's speed](#) and efficiency. I advise [clearing cache on Safari](#) and [deleting browsing history of Chrome](#).

# How to clear your Facebook app's cache on an iPhone

1. Launch the **Facebook** app on your iPhone.
2. Tap the **Menu** icon → Scroll down, and tap **Settings & Privacy** → choose **Settings**.
3. Scroll down and choose **Browser** under the Permissions section.
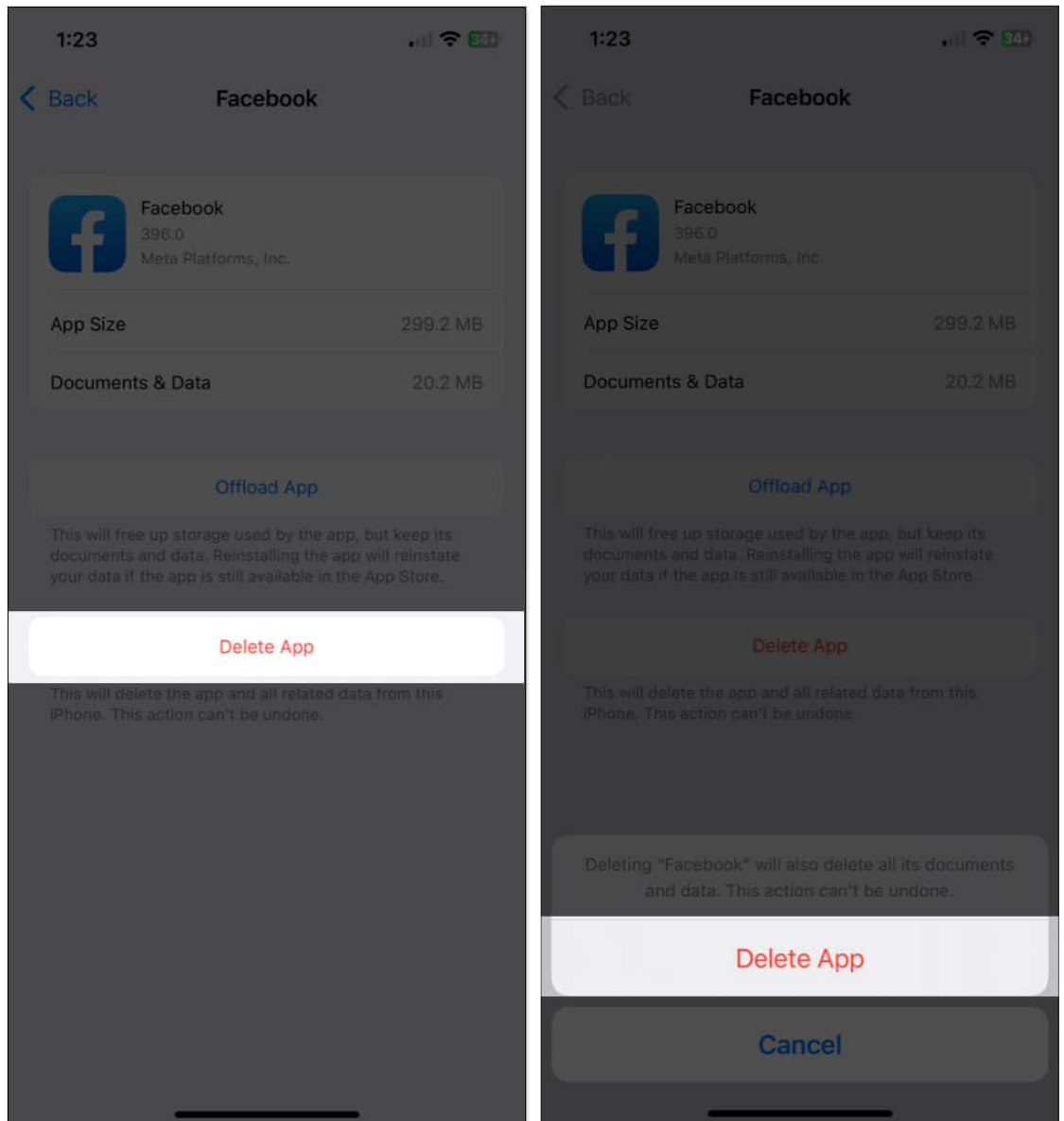4. Tap the **Clear** button next to Cookies and cache.
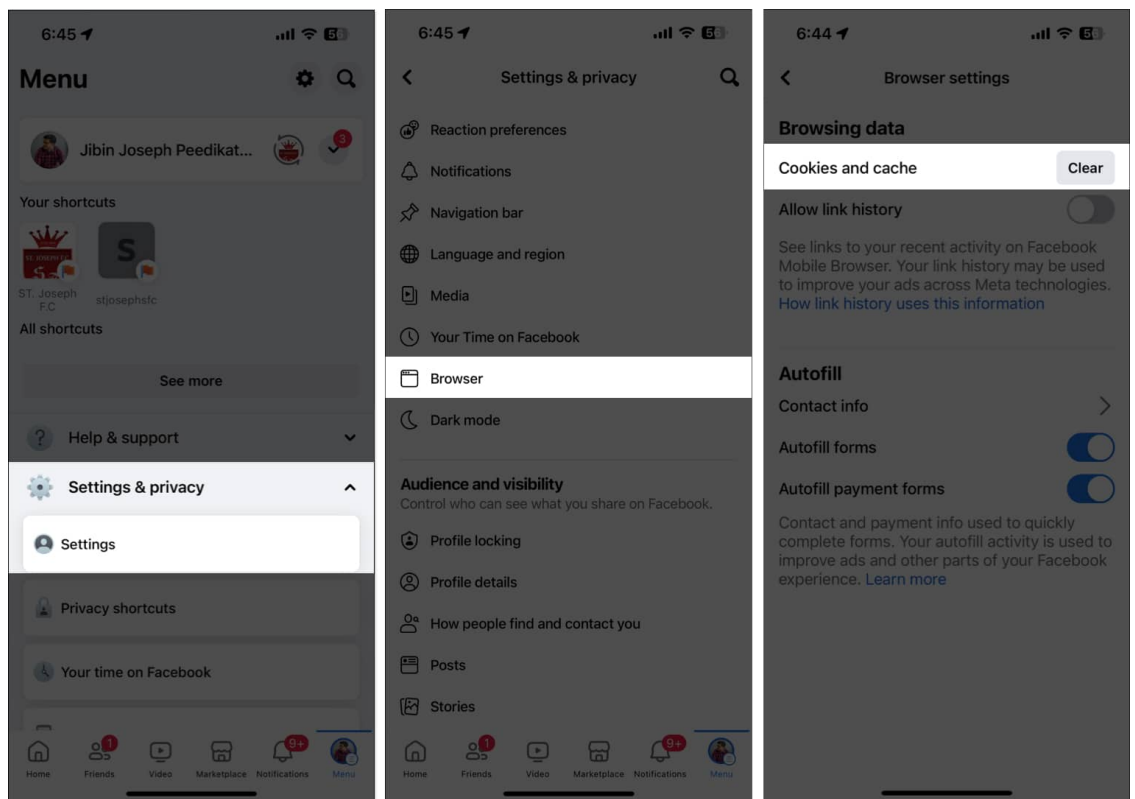
Clear Facebook cache on iPhone by deleting the app

After clearing your browsing data, if Facebook is still slow and unresponsive on your iPhone, you can delete the app and reinstall it. Here's how.

1. Open the **Settings app** on your iPhone.
2. Tap **General → iPhone Storage → Facebook**.
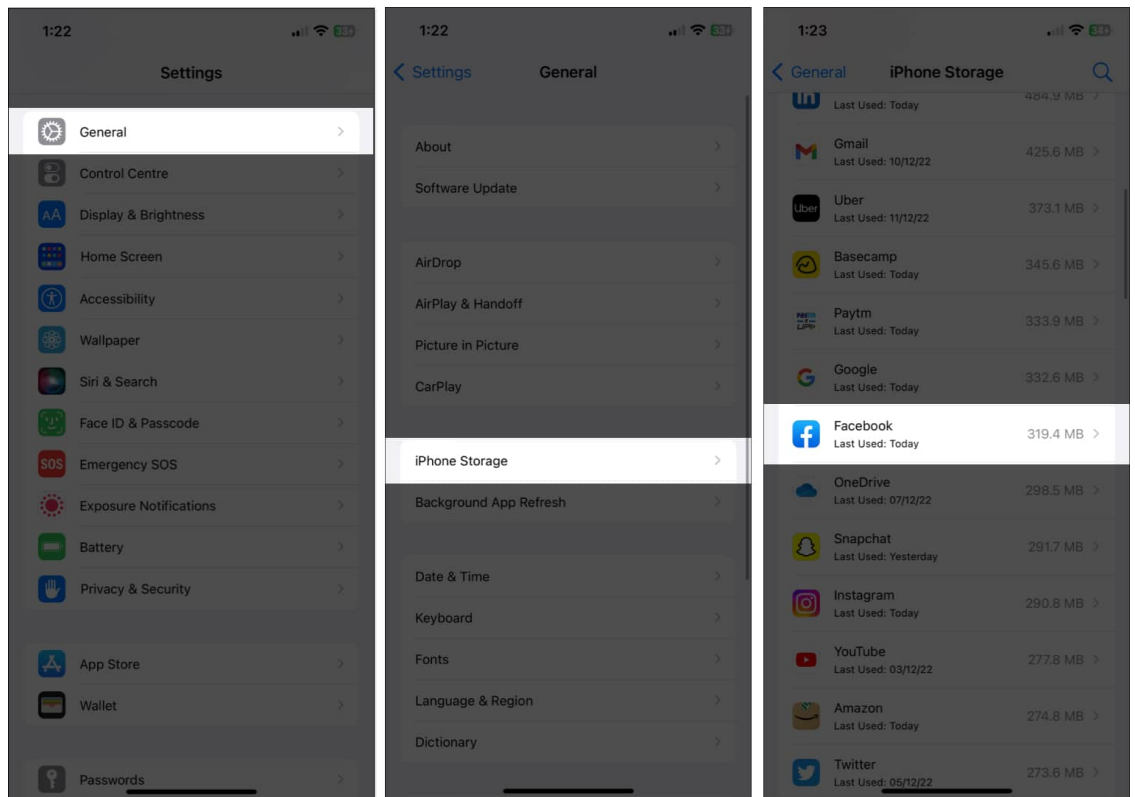
3. Choose **Delete App** → tap **Delete App** to confirm.

4. Return to the **home screen** of your iPhone and open the **App Store**.
5. Type **Facebook** in the Search section and reinstall the **app**.

Alternatively, you can press and hold the **Facebook app** on your iPhone Home Screen → tap **Remove App** → **Delete App** → select **Delete**.

To uninstall the Facebook app from the App Library, tap and hold the app icon → tap **Delete App**.

Wrapping up…

Has clearing the Facebook cache on your iPhone improved your privacy and speed? You can also experiment with other features, like customizing your feeds and enabling dark mode, to enhance your Facebook experience.

Do you still have questions about clearing the cache on Facebook? Please let me know in the comments.

FAQs

How often should I clear the Facebook cache on my iPhone or iPad?

If you actively use Facebook daily, the cache files can quickly pile up. So, you must delete them once every 1-2 weeks. For moderate users, clearing the cache once every month is sufficient.

Does clearing the cache delete any of my Facebook data?

Not at all. Deleting the Facebook app cache does not affect your information. You will still stay logged into Facebook, and your friends list, shared photos, chats, and other activities will remain as they were.

Read more:

- Lock your Facebook profile on your iPhone or PC
- How to log out of Facebook Messenger on iPhone and iPad
- How to clear Twitter cache on iPhone and iPad
- How to clear Instagram cache on iPhone (2 ways)