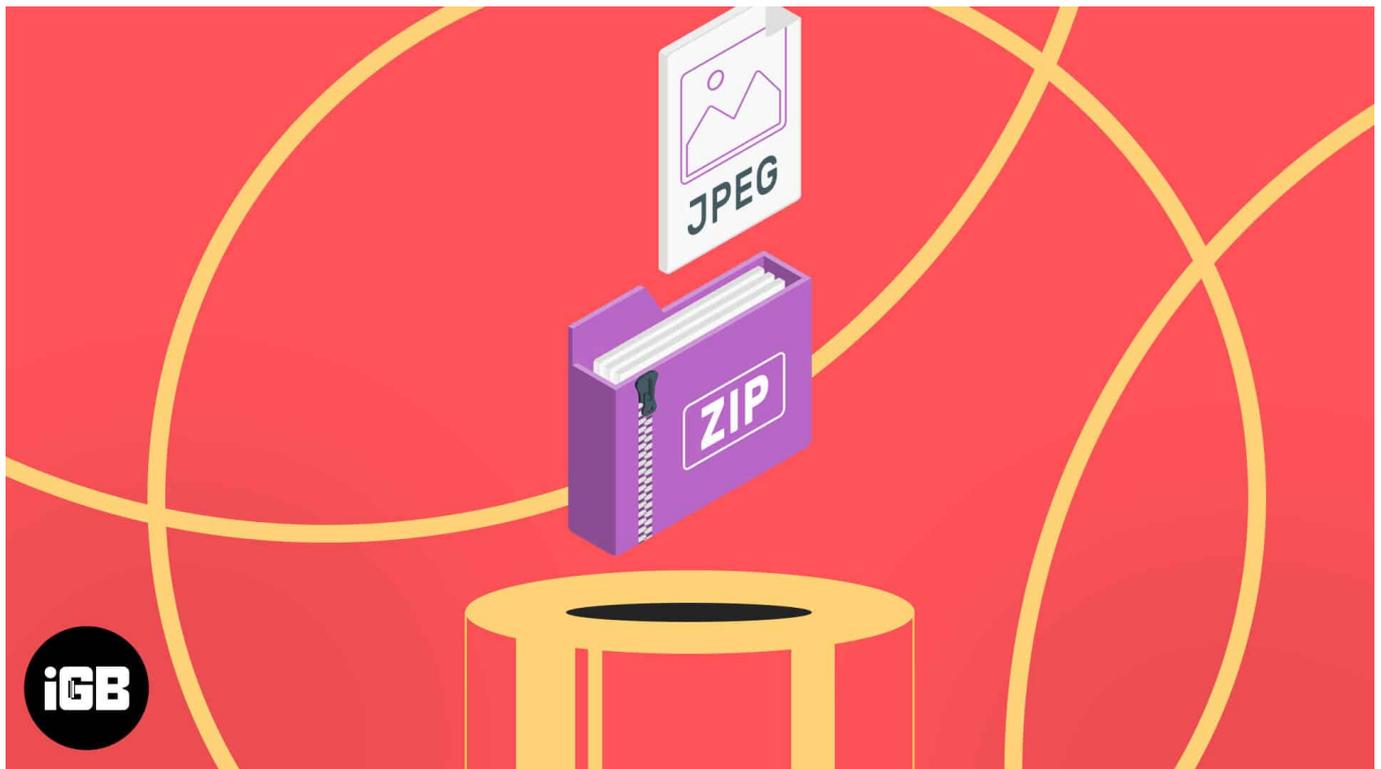


Are you struggling to accommodate all your precious images in the available storage space on your Mac or iCloud? In this case, the image compressors can help you reduce your image's file size without compromising its quality. Here, I will share how to compress images on your Mac in 6 different ways.

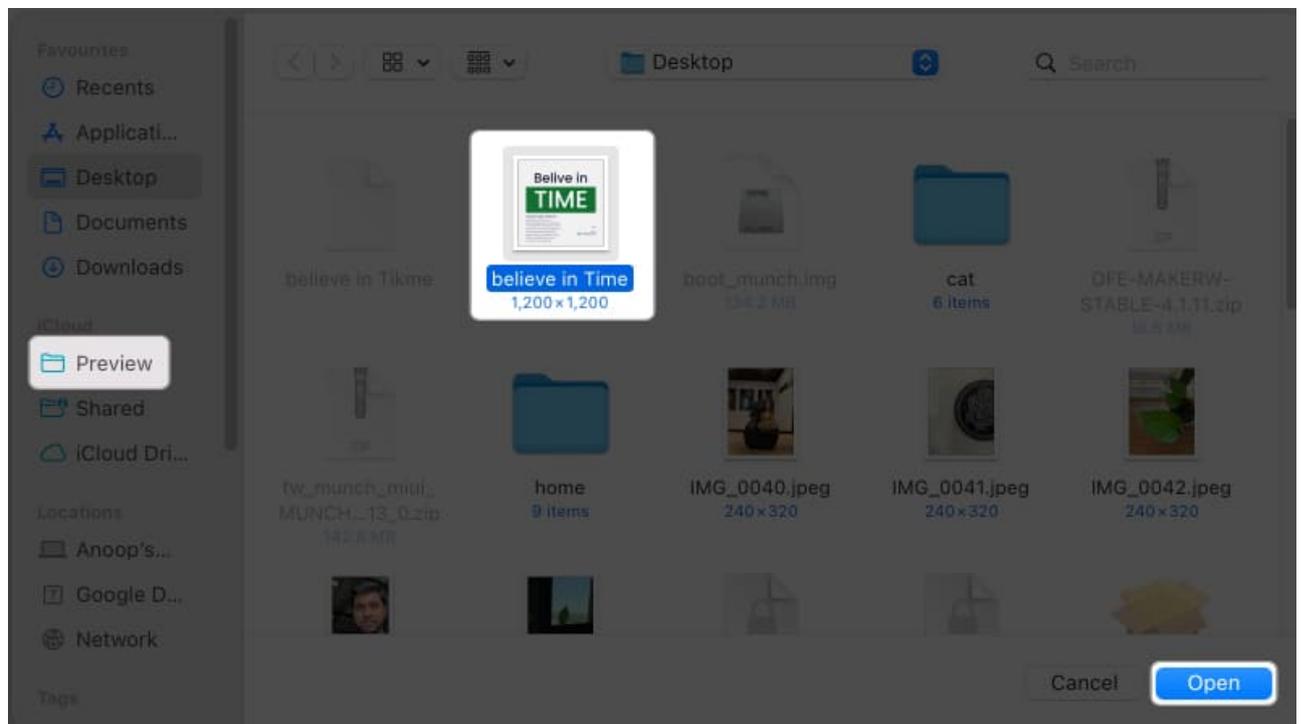


- [How to compress a photo on Mac using Preview app](#)
- [How to compress images using Quick Actions on Mac](#)
- [How to compress a photo album on Mac](#)
- [Compress images using Photos app on Mac](#)
- [Compress images using Finder](#)
- [Compress images using third-party apps/tools on Mac](#)

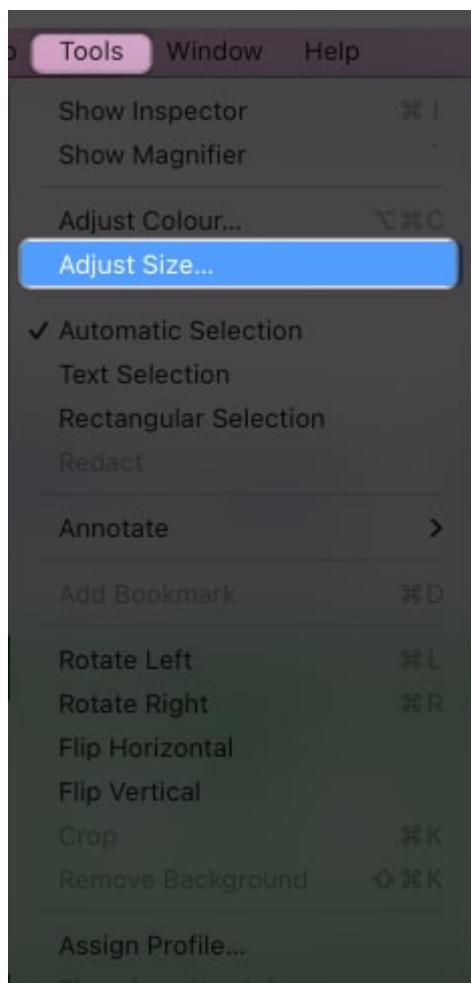
How to compress photo on Mac using Preview app

1. Launch the **Preview** app → Select the **photo** to compress.
2. Now hit **Open**.

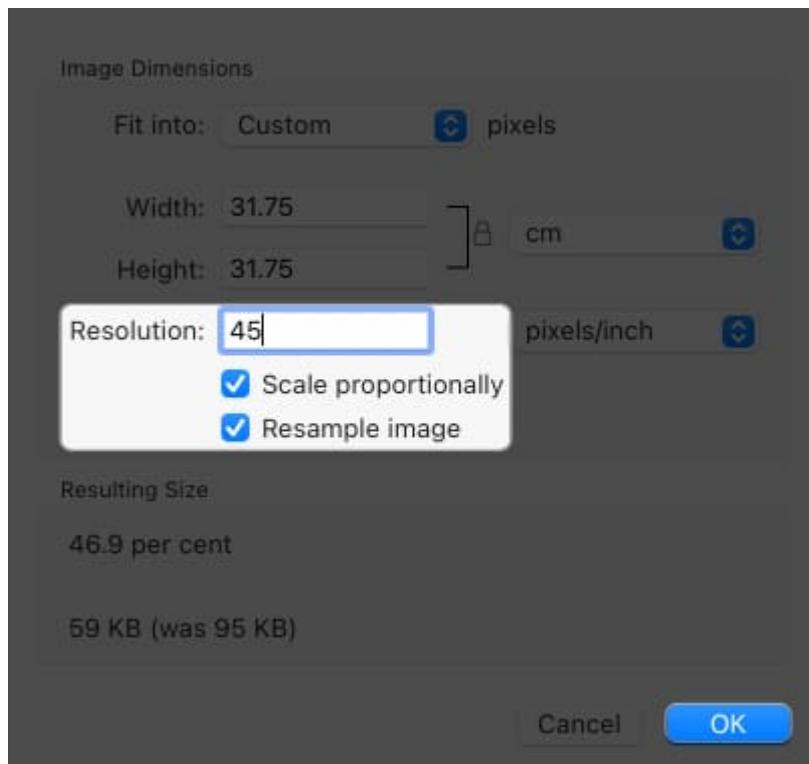
*Alternatively, you can right-click on a photo → **Open with** → **Preview**.*



3. Click **Tools** from the menu bar → Select **Adjust size**.



4. Enter a **smaller value** in the **Resolution** field → Check **Resample image**.
*You can also check **Scale proportionally**.*
5. Check the **size** and hit **OK**.

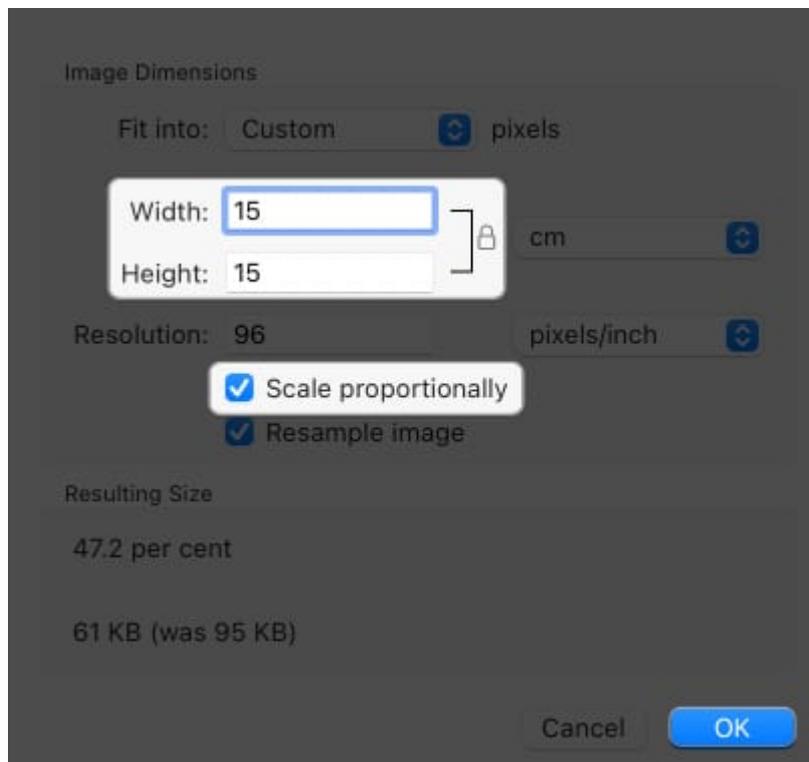


Don't worry if you have entered a minimal value, resulting in a tiny image. You can repeat the same steps to change the resolution value to meet the required size, and the quality loss will not be noticeable.

Change image's dimensions on Mac

Image dimensions also impact its size. The file size of a 1920 x 1080 image is larger than a 720 x 480 image. So, you can also play around with the dimensions to compress images on your Mac. For that, follow 1-3 steps above and then:

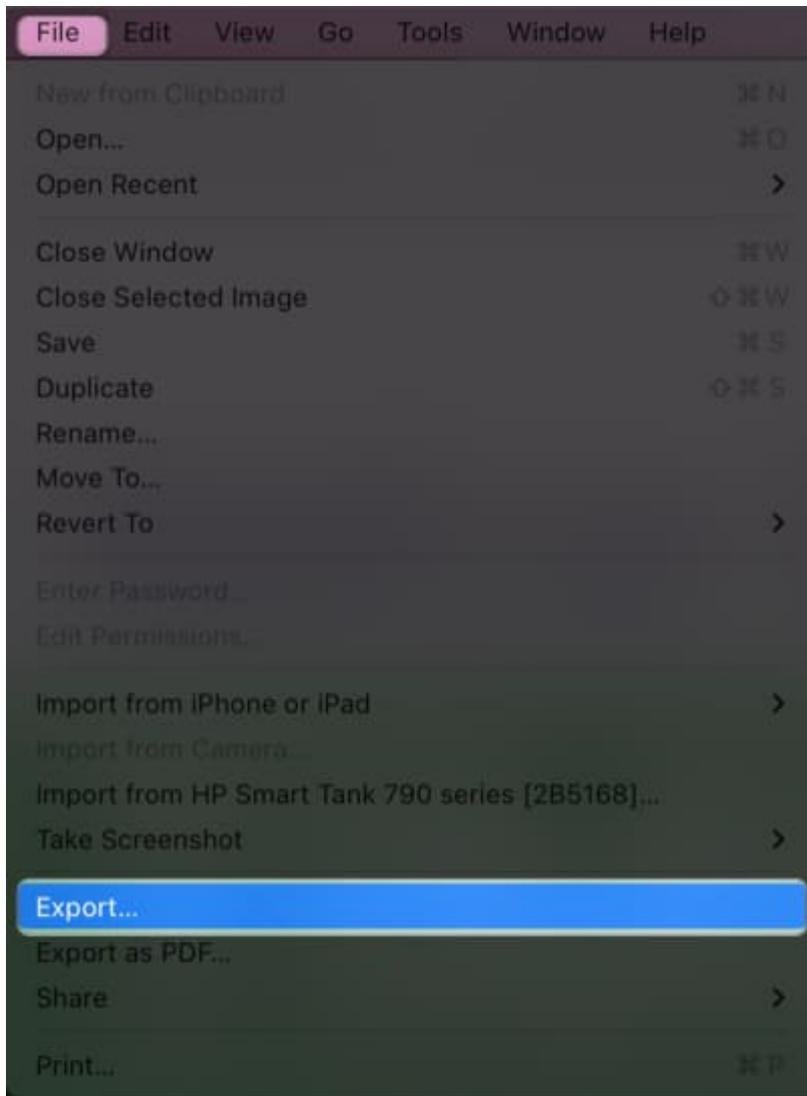
1. Enter a smaller value inside the **Width and Height** fields.
2. Check **Scale proportionally** to ensure the image dimensions are not destroyed.
3. Check the new **size** below and hit **OK**.



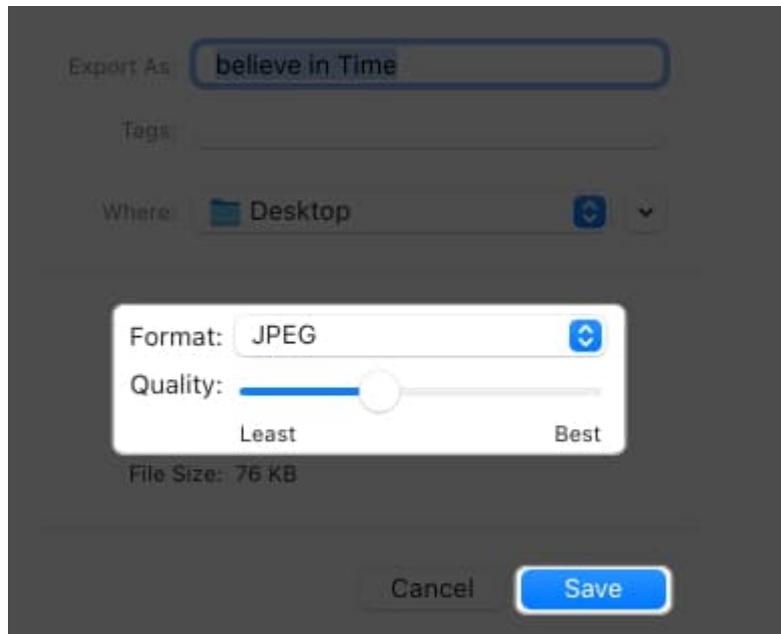
Export to another image format

The size of an image also depends upon the image format. JPG/JPEG files are often smaller than PNG files for most images. So, you may convert your images to reduce the file size. We already have a [guide on how to compress HEIC to JPG](#), and for other formats, follow these steps:

1. Open the image in **Preview**.
2. Click **File** from the menu bar → Select **Export**.



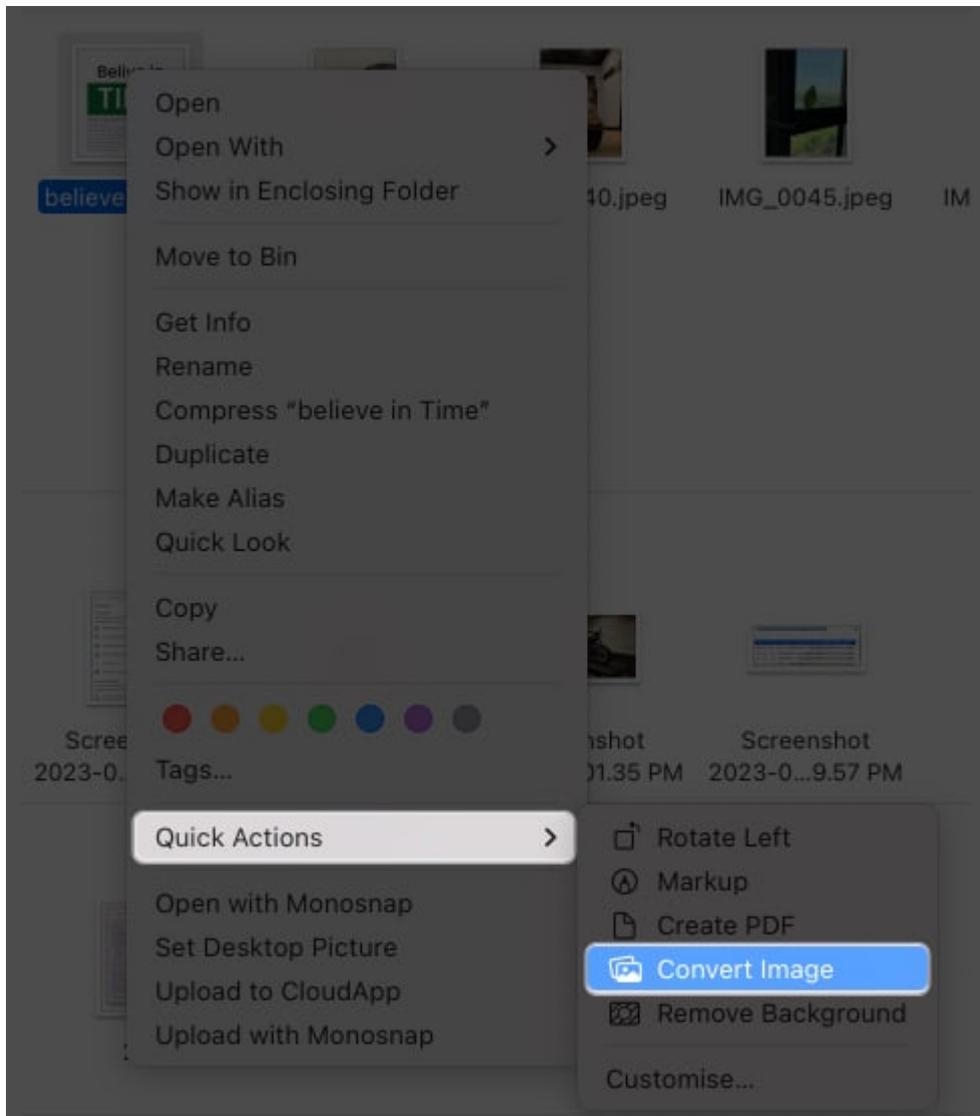
3. Add a **new name** → Select the **location** to save.
4. Open the **drop-down menu** next to **Format** and select **JPEG** → Adjust **Quality** by dragging the slider.
5. Once you achieve the required file size, hit **Save**.



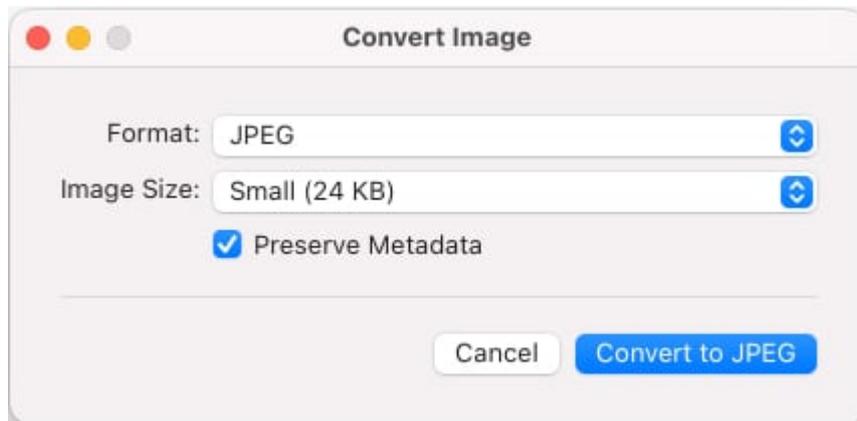
Note: You can not upscale the image using the same steps once saved. Hence, you must repeat the same steps on the original file to resize the image.

How to compress images using Quick Actions on Mac

1. Open **Finder** and right-click over the **photo** to compress on Mac.
2. Go to **Quick Actions** → Select **Convert image**.



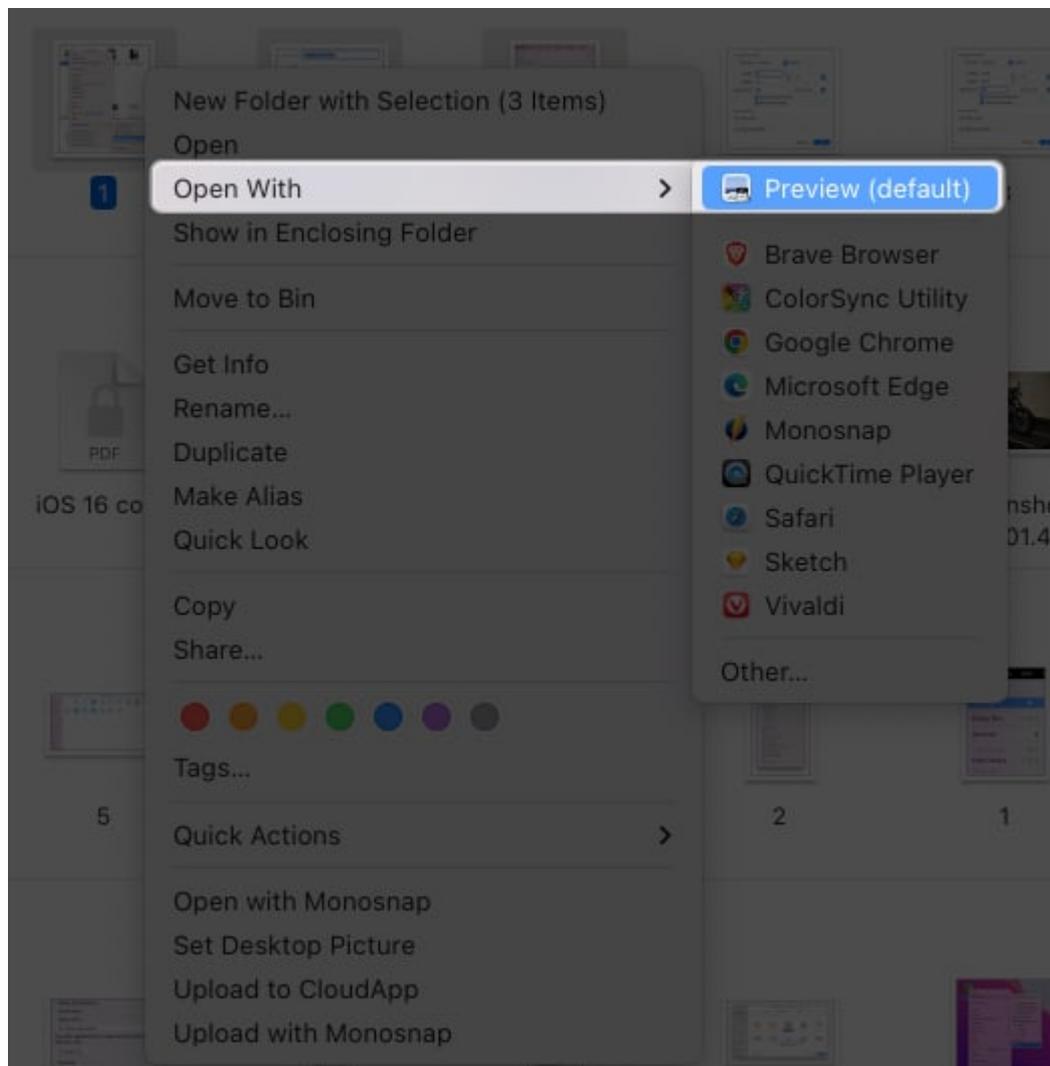
3. Choose the **Format** → Select the **Image Size**.
*Here, I'm choosing **JPEG** and **Small** accordingly.*
4. You can check or uncheck **Preserve Metadata**.
5. Hit **Convert to JPEG**.



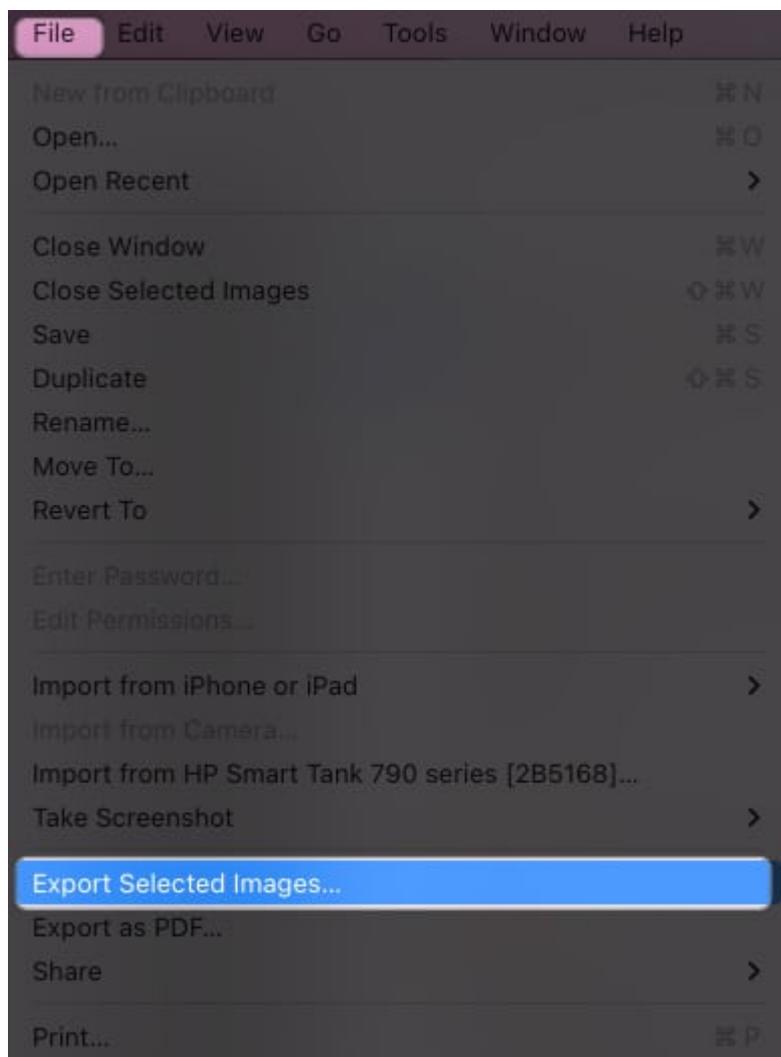
You can follow the same steps to compress a photo album on Mac. Open the **folder** → Select all **images** → Right-click, and follow the abovementioned steps.

How to compress photo album on Mac

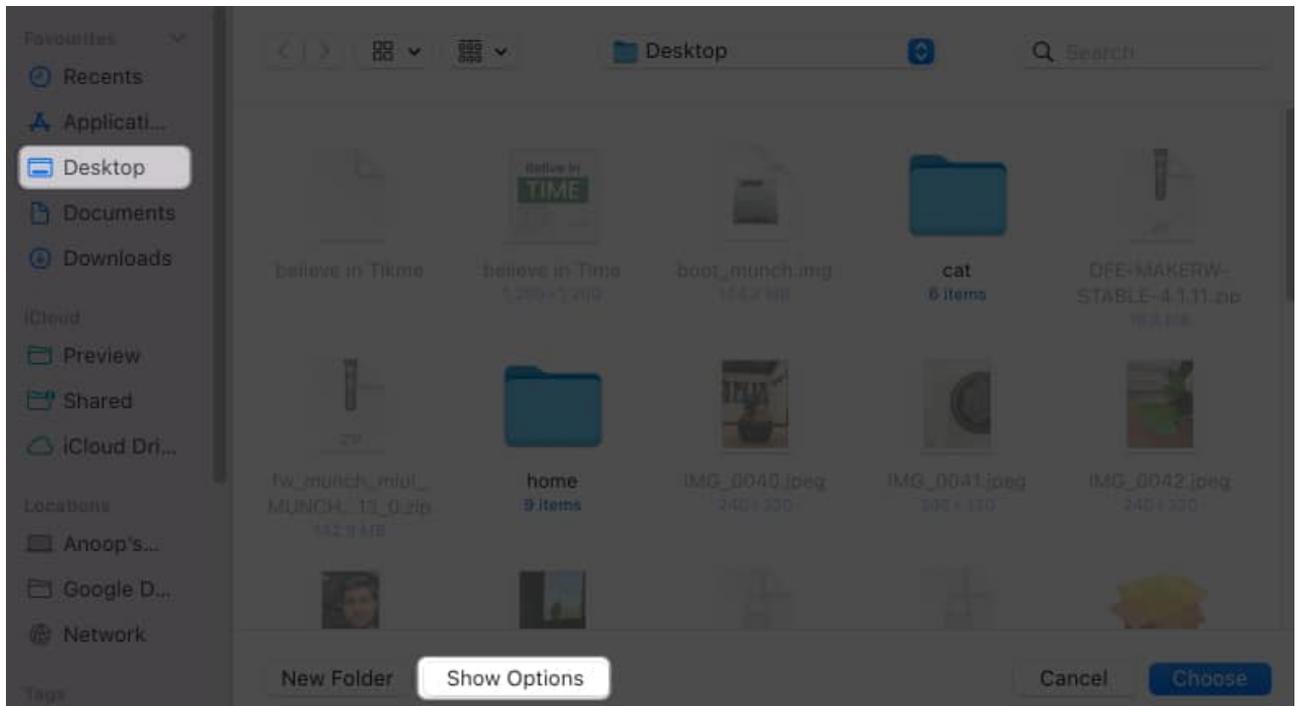
1. Open the **photo album** → Select all the **images** to compress.
2. Right-click over any **image** → Choose **Open With** → **Preview**.



3. Use **Command + A** to select all images in the left sidebar.
4. Click **File** from the menu bar → Choose **Export Selected Images**.



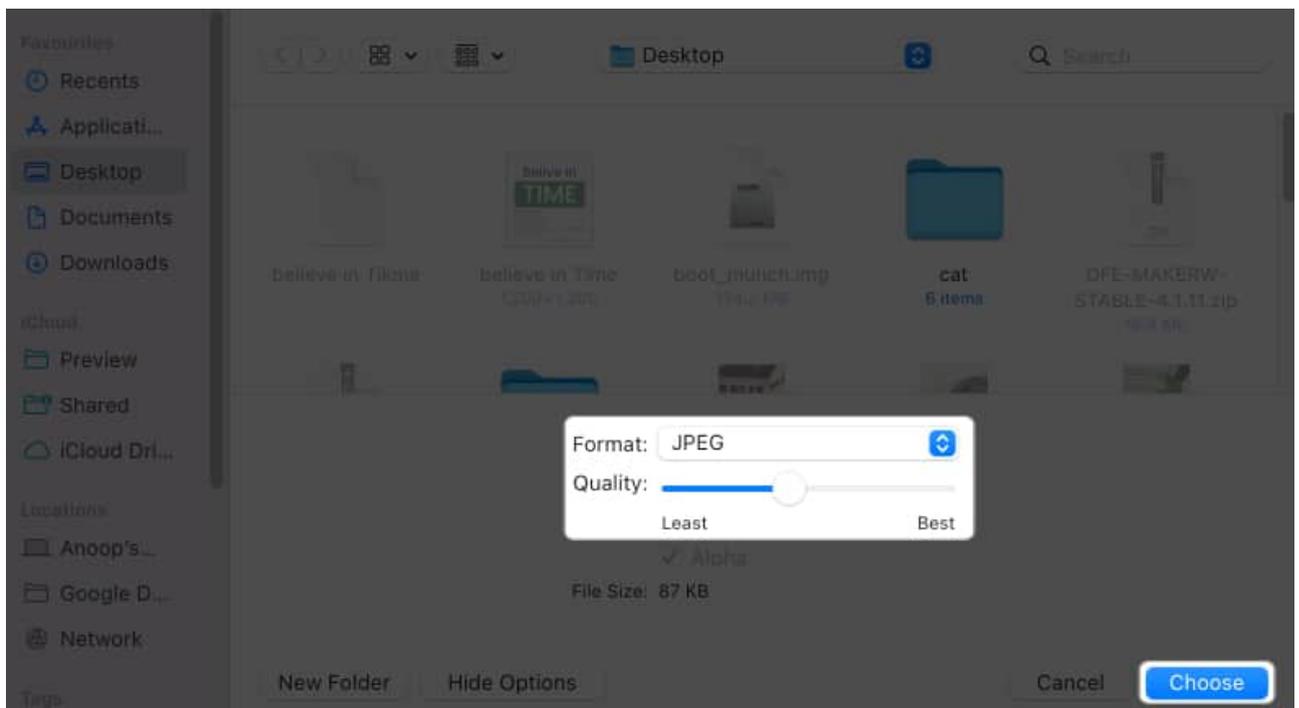
5. Choose a **location** to save and hit **Show Options**.



6. Now, Choose the **Format**.

*Here, I'm selecting **JPEG**.*

7. Drag the slider to adjust the **Quality** → Hit **Choose**.

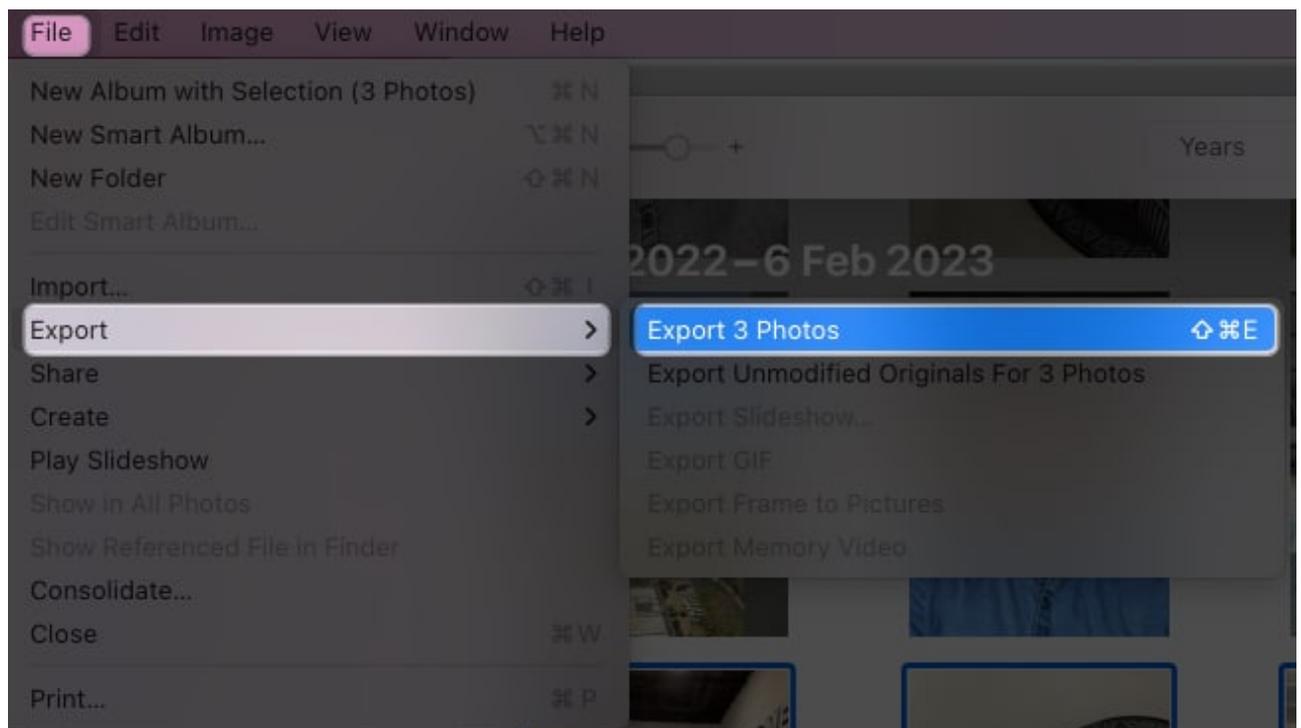


If you have selected images with a different format, there will be a Preview window for each format. You have to repeat the same steps on all of them. In case you face the “Cannot export selected” items” error, unselect images with different formats and perform the method again.

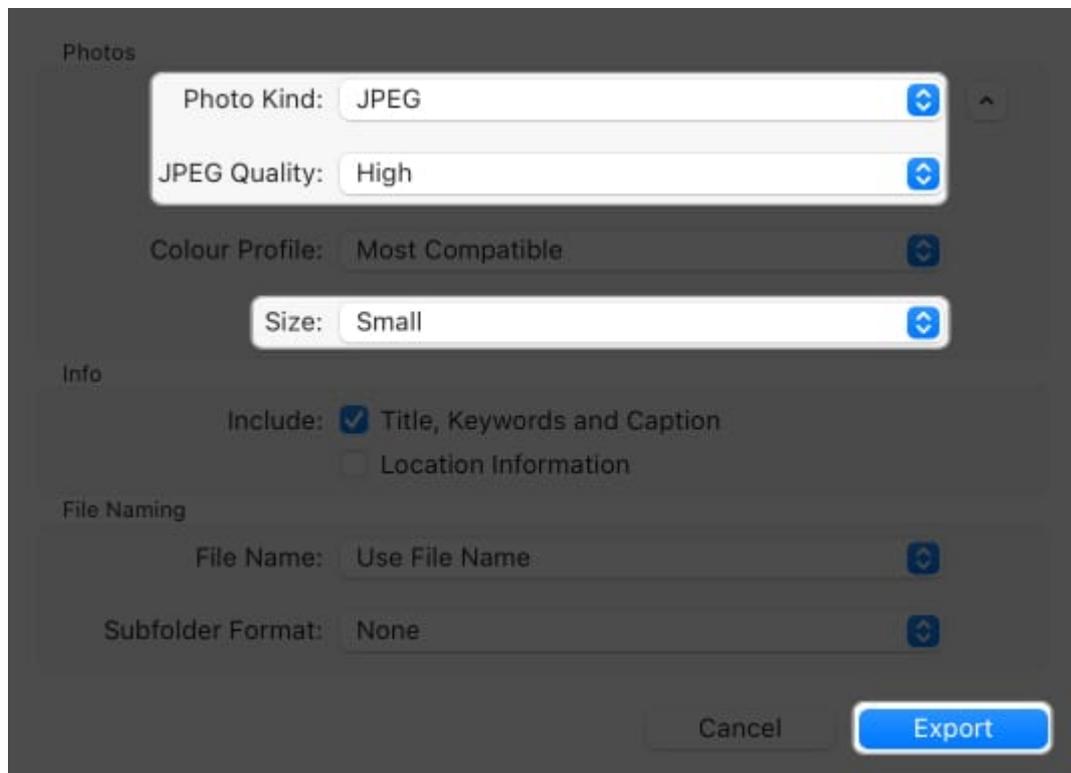
Compress images using Photos app on Mac

Apart from the Preview app, you can also use the Photos app on Mac to compress a photo or even an album. The most significant benefit of using this method is that your [image sizes will be reduced on iPhone and iPad](#) as well.

1. Launch **Photos** → Select the **images** to compress.
2. Click **File** from the menu bar → Choose **Export** → **Export X photos**.



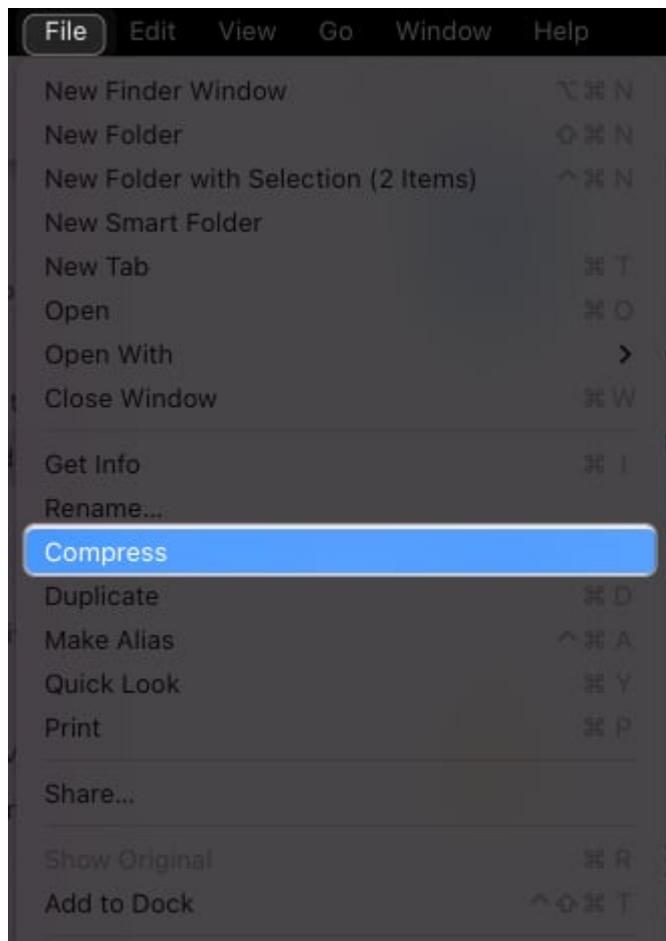
3. Next, choose the **Format** from the drop-down menu.
4. Choose **JPEG Quality** image to reduce the **size**.
*I'm choosing **High** and **Small**, respectively.*
5. Give a **File Name** and hit **Export**.



Compress images using Mac's Finder

I don't think anyone might have expected they could compress Mac images using the Finder app. But this method is beneficial if you are sharing your pictures.

1. Open **Finder** → Select the **image** or the **album** to compress.
2. Click the **File** option from the menu bar → Choose **Compress**.



Since these steps result in converting the images to a zip file, you might need a good unarchive app to unzip it. I have recommended some good ones below.

Compress images using third-party apps/tools on Mac

You can also use the help of many other third-party apps or tools to compress images on a Mac. I have also prepared a detailed guide on [the best image compressors for Mac](#)! You can choose any of them as I have tested and ensured all work great and is safe.

Save memories without sacrificing space!

With these steps I have mentioned here, you can easily compress images on a Mac. I suggest trying all the default methods to check which suits you. However, if you use any third-party tools, please don't upload personal images. In case you have any issues or doubts, drop them in the comments below.

More interesting guides for you:

- [23 Ways to Speed Up a Slow Mac](#)
- [How to change default app for file types on Mac](#)
- [How to compress a PDF on Mac](#)