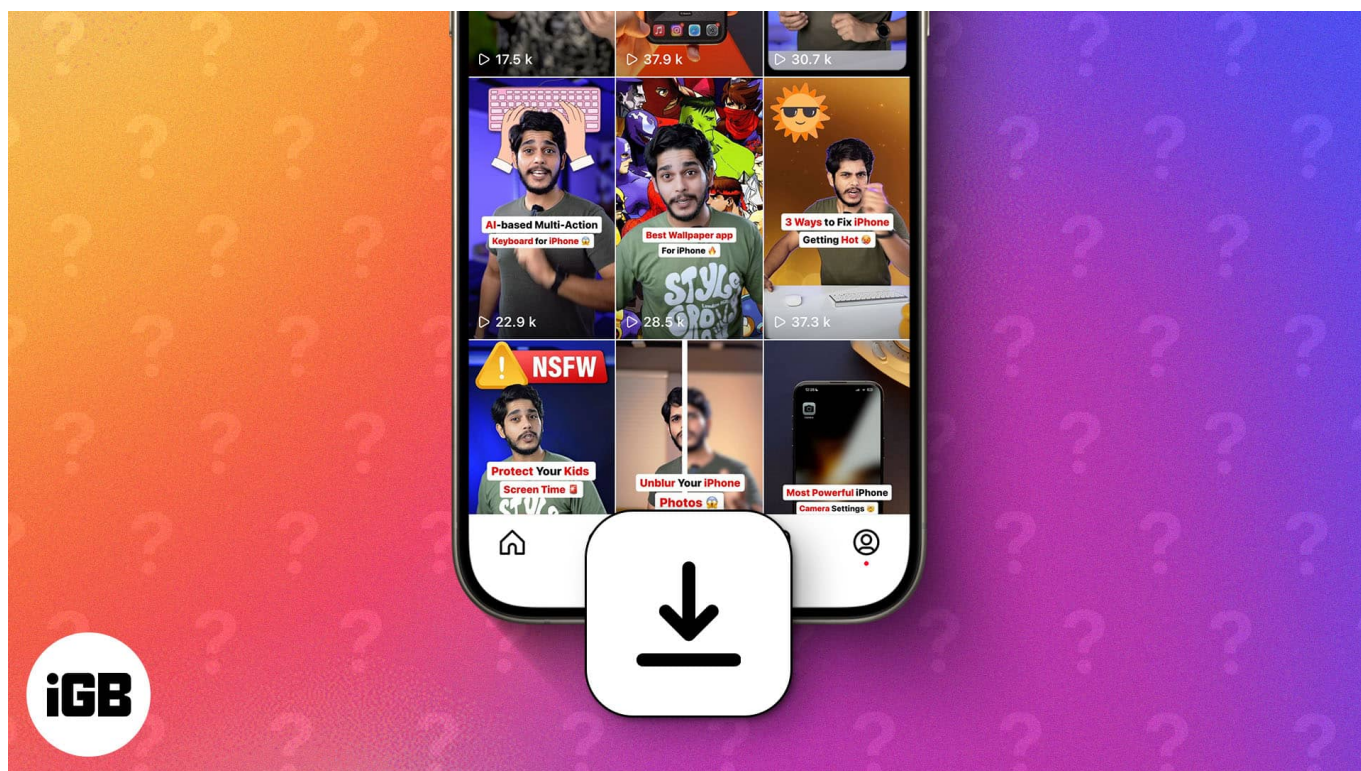


Instagram allows you to share or save any interesting reel across platforms. While this is a handy feature, there are times when you might want to save a particular reel for offline viewing on your iPhone, be it to share with friends or just for safekeeping. While Instagram now allows you to download public reels, downloading private reels is still not allowed.



So, to help you out, here is a detailed guide on how to download Instagram reels on an iPhone, regardless of whether it's from a public or private account.

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## 3 ways to download Instagram reels on iPhone

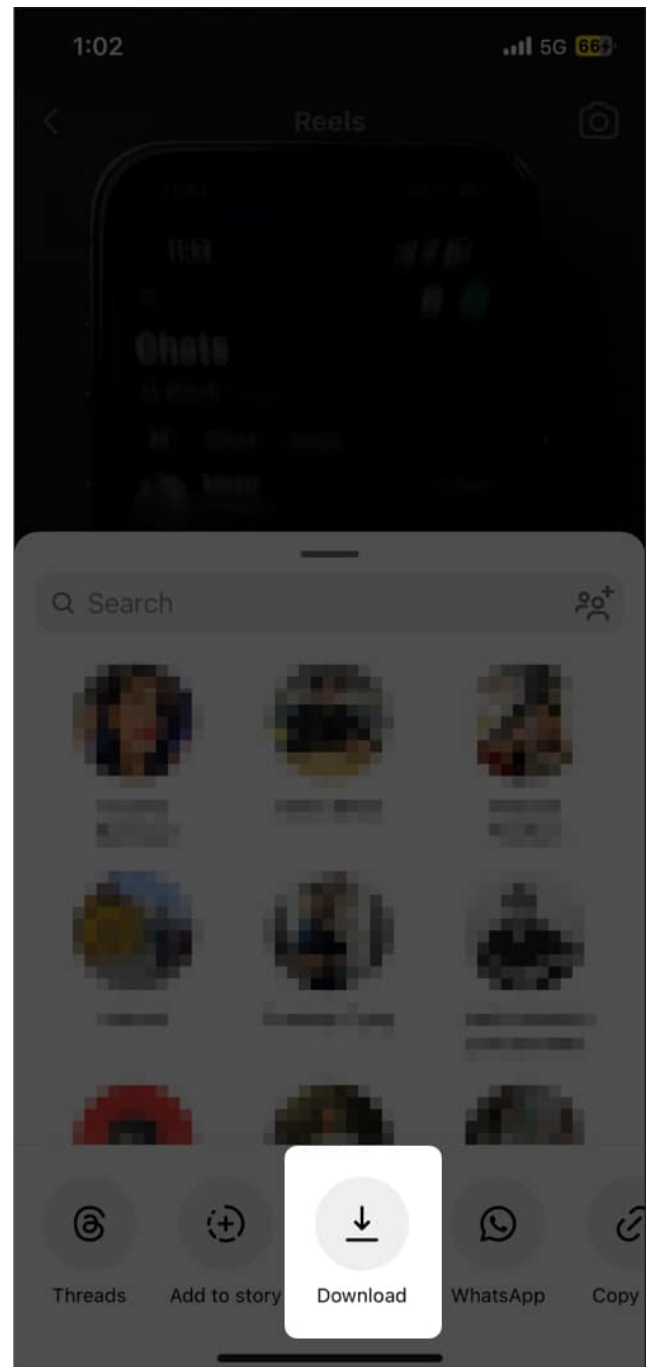
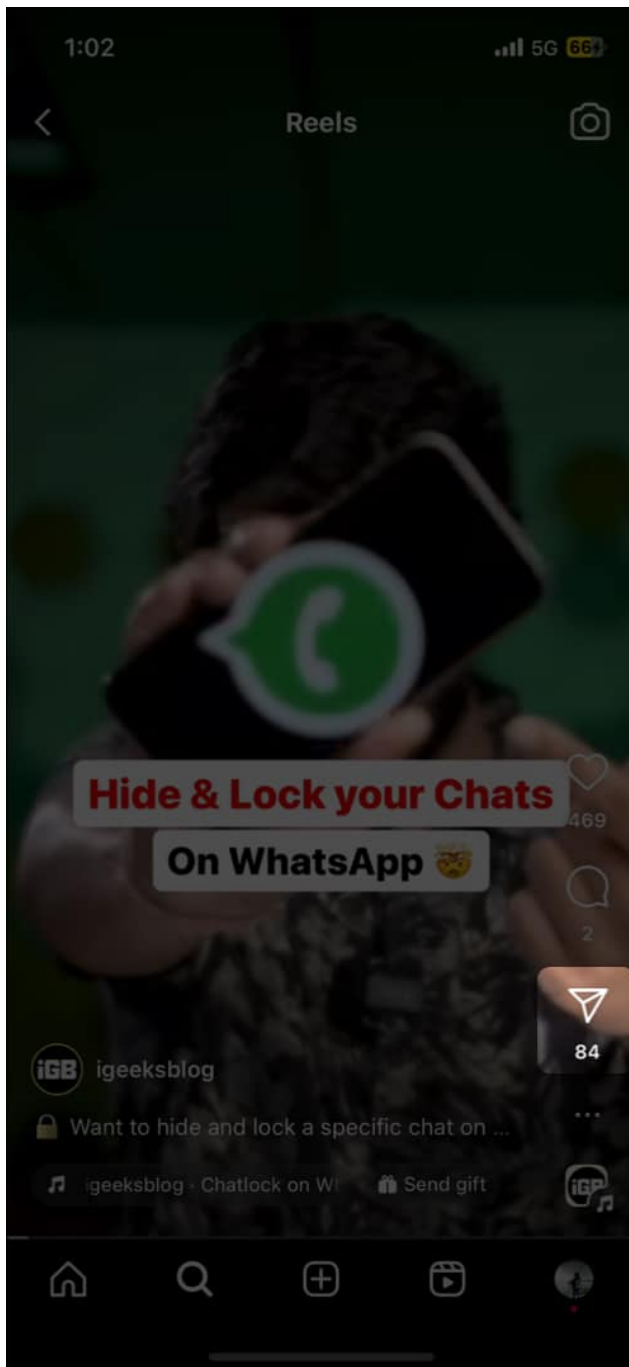
There are multiple ways to download reels on an iPhone, regardless of whether the creator

allows it, from using the official Instagram app to using a third-party app or an iOS shortcut.

## 1. Download reels using the Instagram iOS app

Starting in November 2023, Instagram finally listened to the community's feedback & demands and rolled out the option to download public reels from the official app itself. However, to keep the creators' privacy in check, Instagram has empowered them to choose whether they want their reels to have a download option. Also, reels from private accounts can not be downloaded.

1. Open the **Instagram** app.
2. Play the reel you want to download from the app's Feed, Discover, or Saved posts section.
3. Tap the **Share** button (flying paper plane) on the right.
4. Tap the **Download** button at the bottom. If the Download option isn't available, the creator has turned off downloading in the first place.



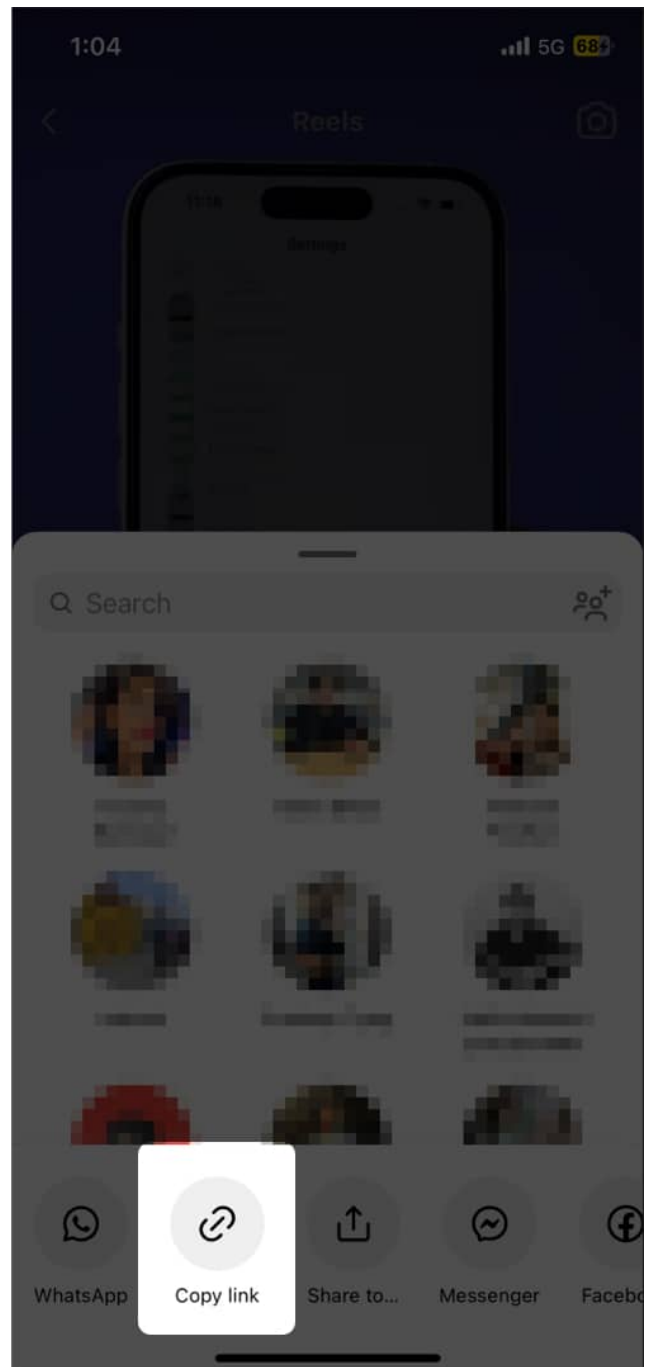
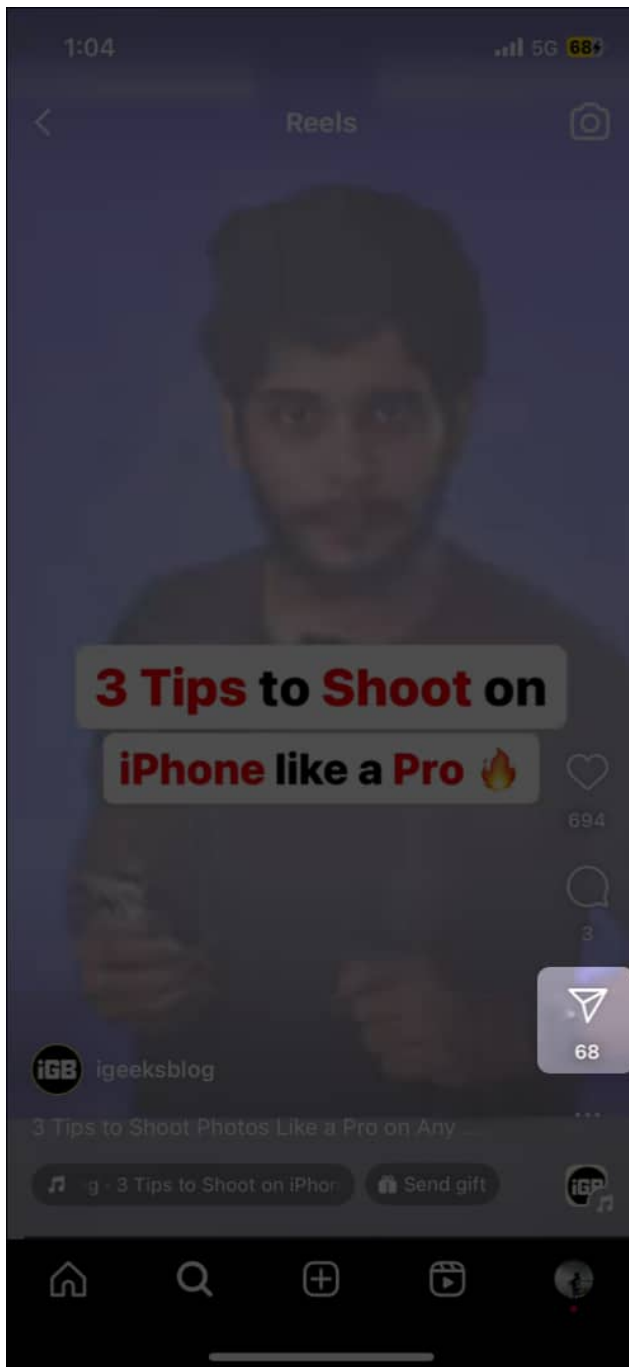
5. Wait for the download to complete, then head to the **Photos** app to view the downloaded reel.

## 2. Save Instagram reels to iPhone camera roll with a third-party app

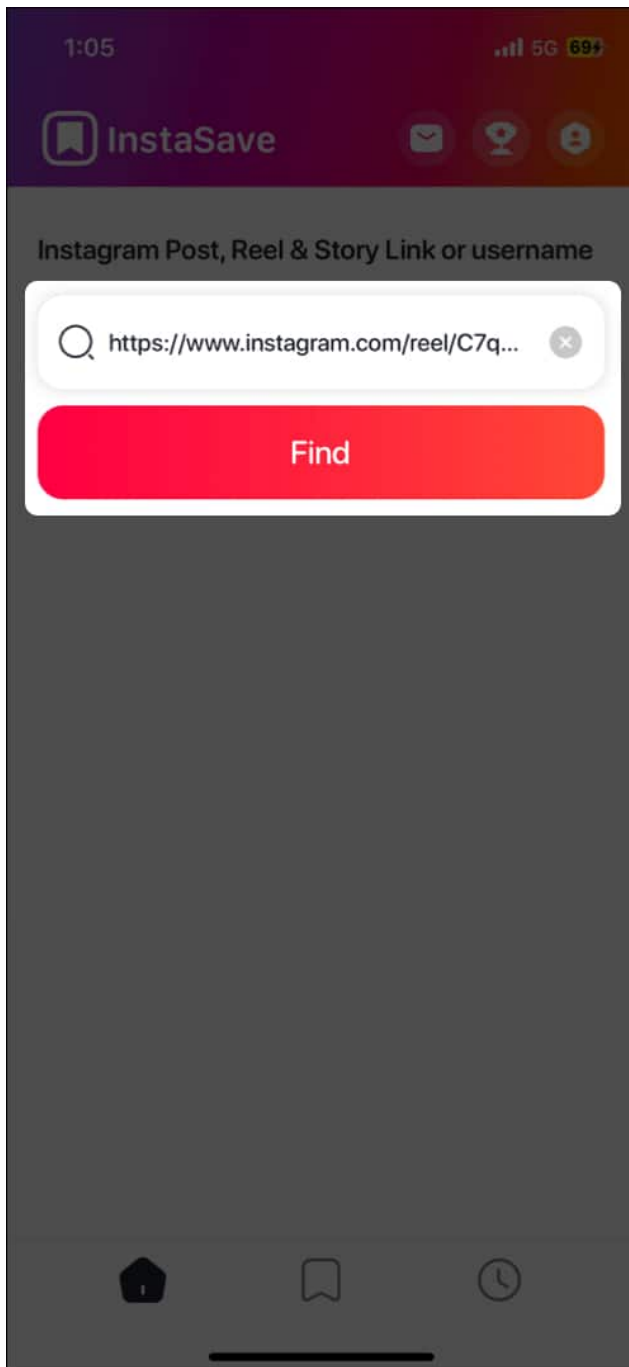
As mentioned, whether you can download an Instagram reel is in the creator's control. So

what if the creator has turned off downloading? Luckily, there are several third-party apps, such as InSaver, available on the App Store, which you can install and use to download Instagram reels on your iPhone. Here's how:

1. Download and install the **InstaSave** app on your iPhone.
2. Open the **Instagram** app and play the reel you want to download.
3. Next, tap the **Share** button, then tap the **Copy Link** button.



4. Close the Instagram app and head to the InstaSave app.
5. Now, paste the copied link in the search bar and hit **Find**.
6. Wait for the app to find the reel. Once it finds it, tap the **Save** button to save the Instagram reel to your iPhone's camera roll.

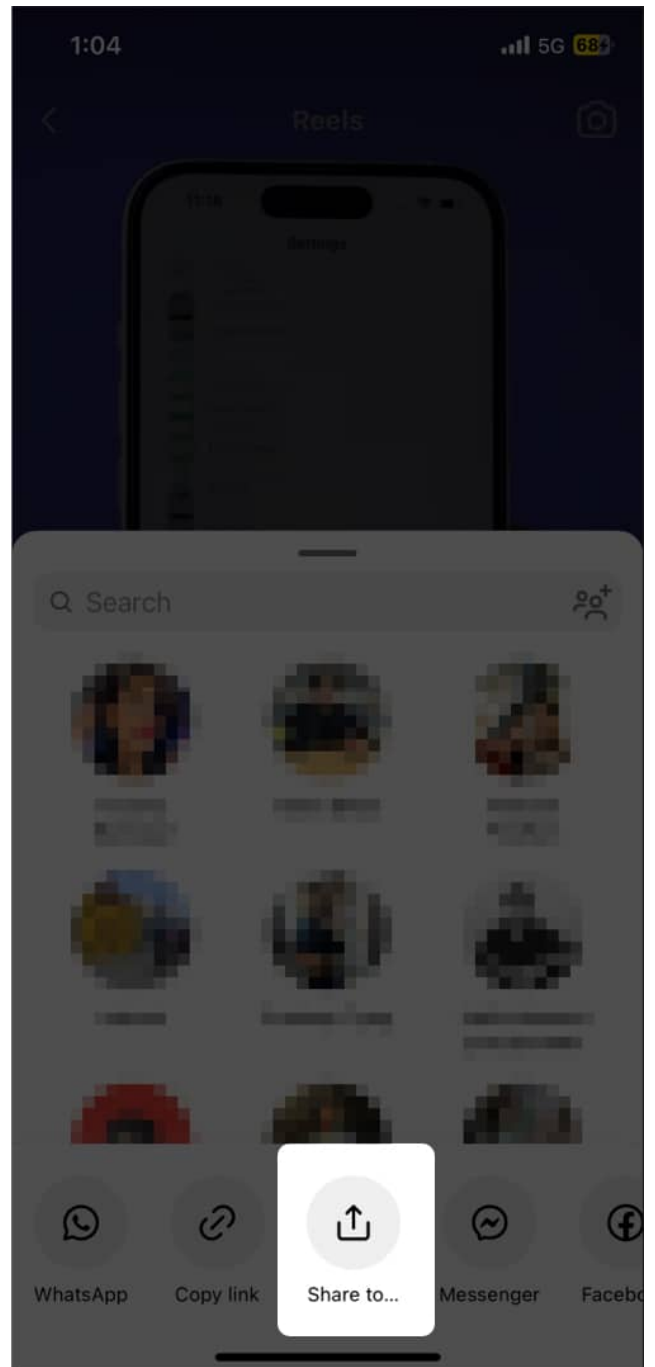
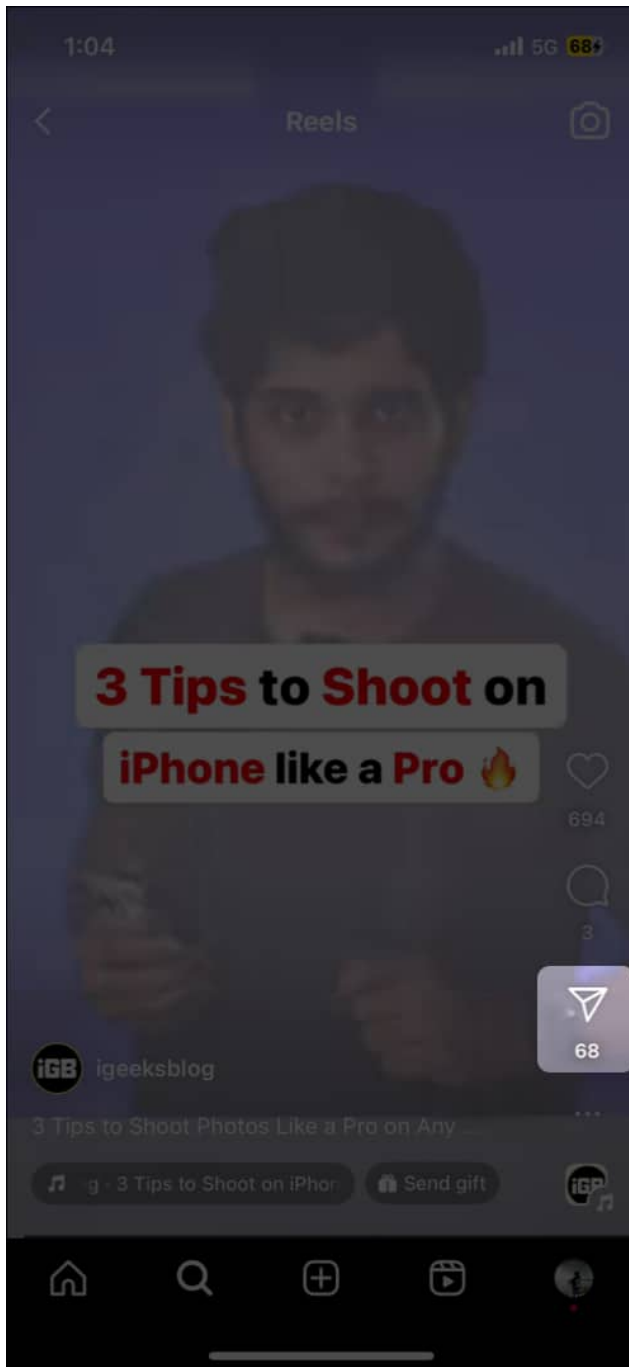


### 3. Download Instagram reels using the Shortcuts app

If using a third-party app or heading to a third-party website whenever you want to download an Instagram reel seems complex, you can use the [R↓ Download iOS Shortcut](#) to do the job. Visit the link and add the shortcut to your Shortcuts app library. Then, follow

these steps to download a reel using this shortcut:

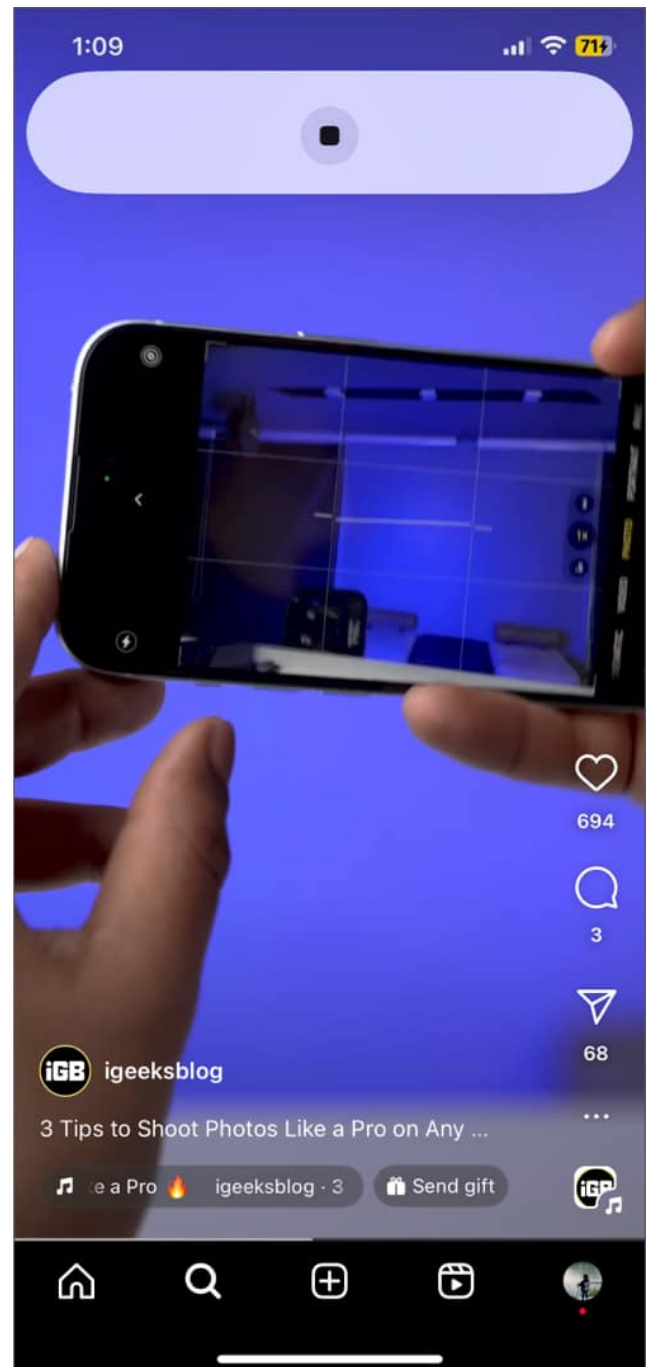
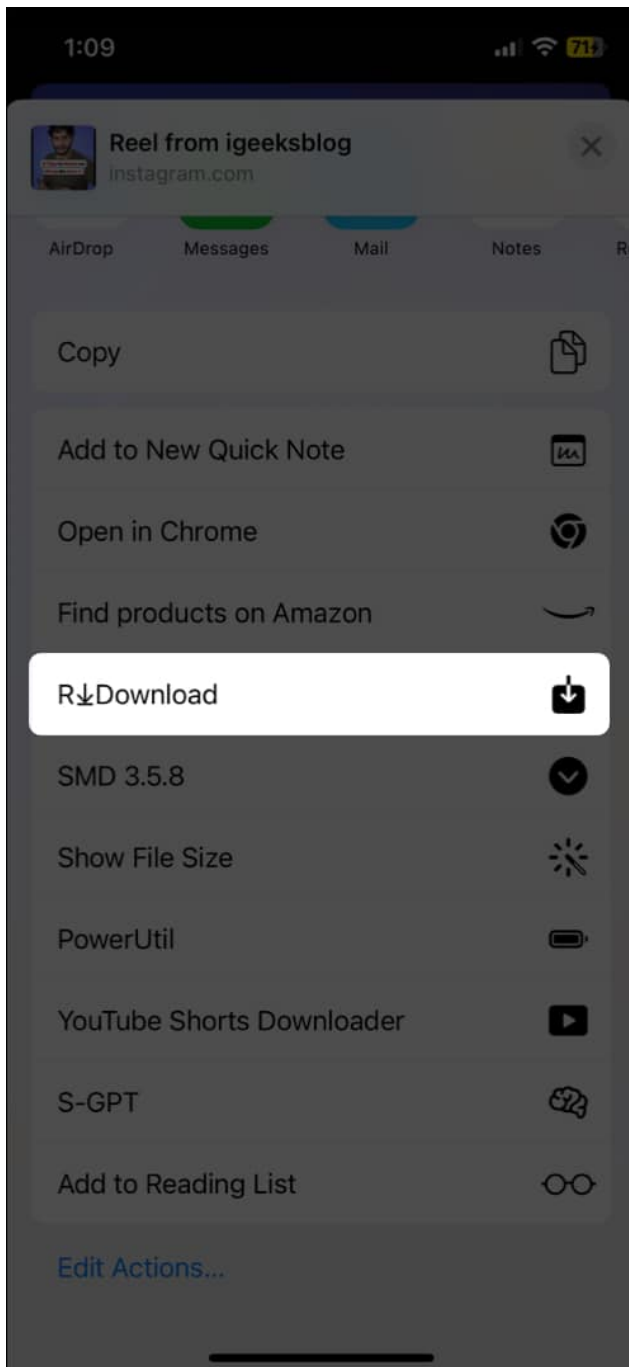
1. Open the **Instagram** app and play the reel you want to download.
2. Tap the **Share** button on the left and select the **Share** to option at the bottom.



3. Next, tap the **R↓ Download** Shortcut tab in the Share Sheet that appears.



4. If you are using this Shortcut for the first time, it will ask for a few permissions. Hit **Allow** to continue.
5. Wait for the download process to complete, and the Instagram reel will get saved to your camera roll.





## Video: How to download Instagram reels on iPhone

### Signing off...

That's how easy it is to download reels from Instagram on an iPhone. While these methods should help you download the reels you want, if the original creator has turned off downloading and you don't want to use a third-party app or iOS shortcut or don't have enough data, you can use an [iPhone's screen recording tool](#) to record them for offline viewing.

### FAQs

#### **Can I save Instagram reels to watch offline without downloading?**

No, you can not save Instagram reels for offline viewing without downloading, but you can screen record the reel and watch it offline.

#### **Is it legal to download reels from Instagram?**

Yes, it is legal to download public reels if the creator has allowed it. However, using the downloaded reel for commercial purposes without the original creator's permission is strictly prohibited.

#### **Can I download reels from Instagram using a desktop computer?**

Yes, you can copy an Instagram reel link, head over to a third-party website, and paste the reel link to download it.

#### **Read more on Instagram:**

- [How to do Boomerang on Instagram](#)
- [How to download Instagram stories on iPhone](#)
- [What happens when you restrict someone on Instagram](#)