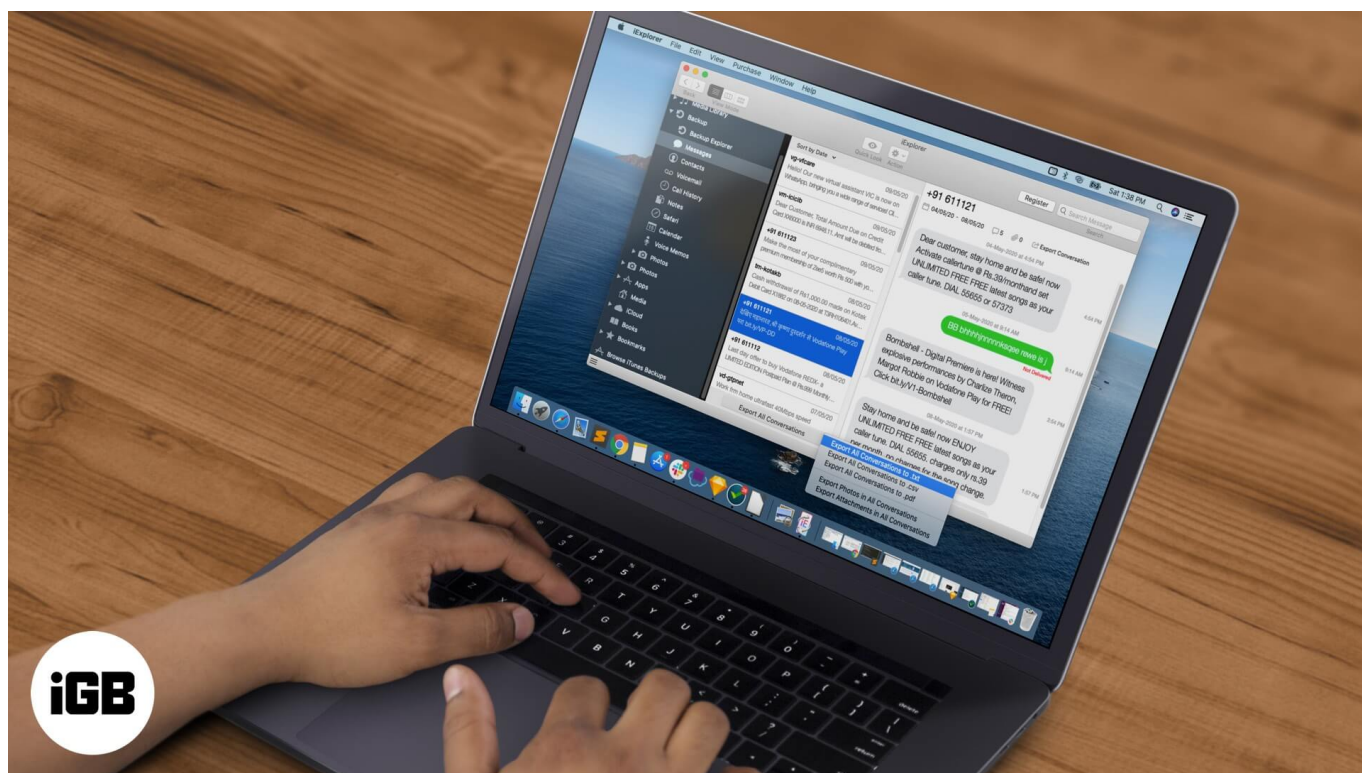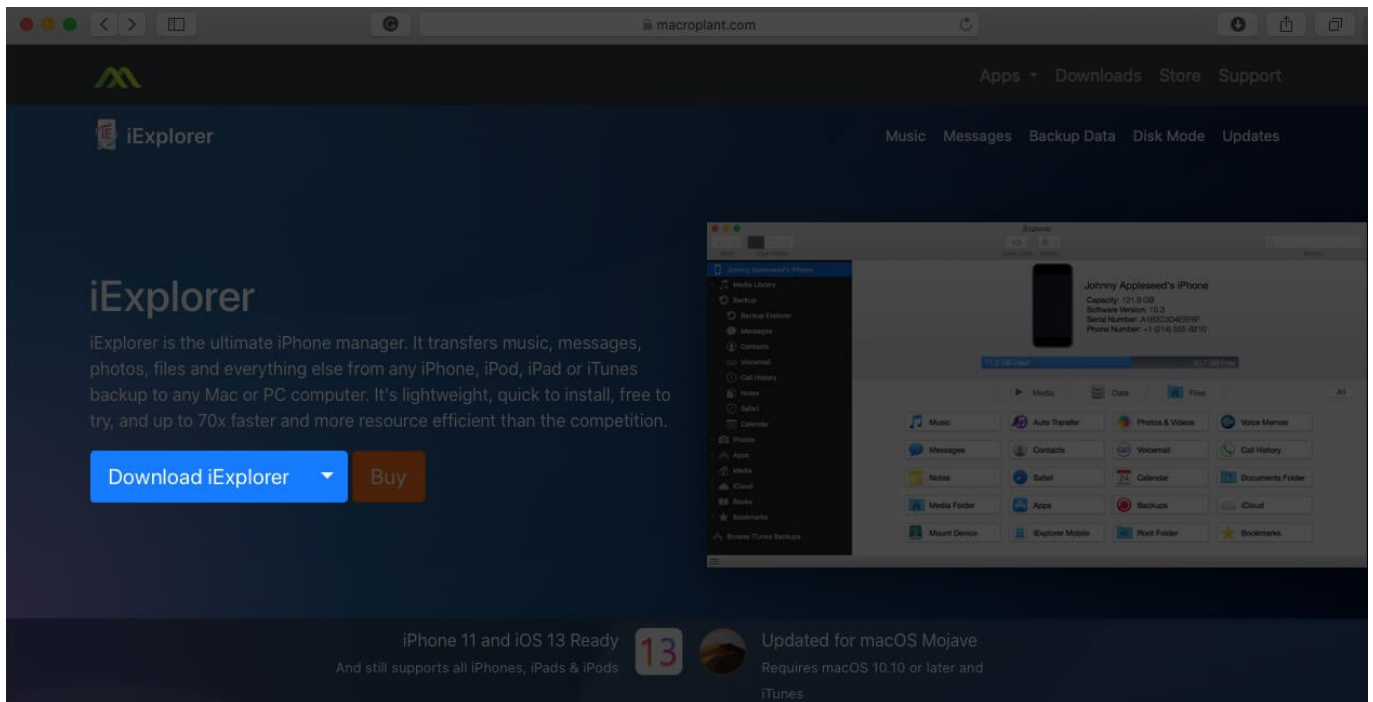# iGEEKSBLOG

While iCloud makes it easy to [recover permanently deleted text messages](#) whenever needed, it doesn't provide any way to just extract messages from your iPhone backup for future reference. For instance, what if you want to get a copy of your past conversations to save on your PC as a memory? Well, there are several third-party tools that make it easy to export text messages from your iPhone to varied file formats such as pdf or txt. So let's check out the options.

- [How to Extract Text Messages from iPhone Backup with iExplorer](#)
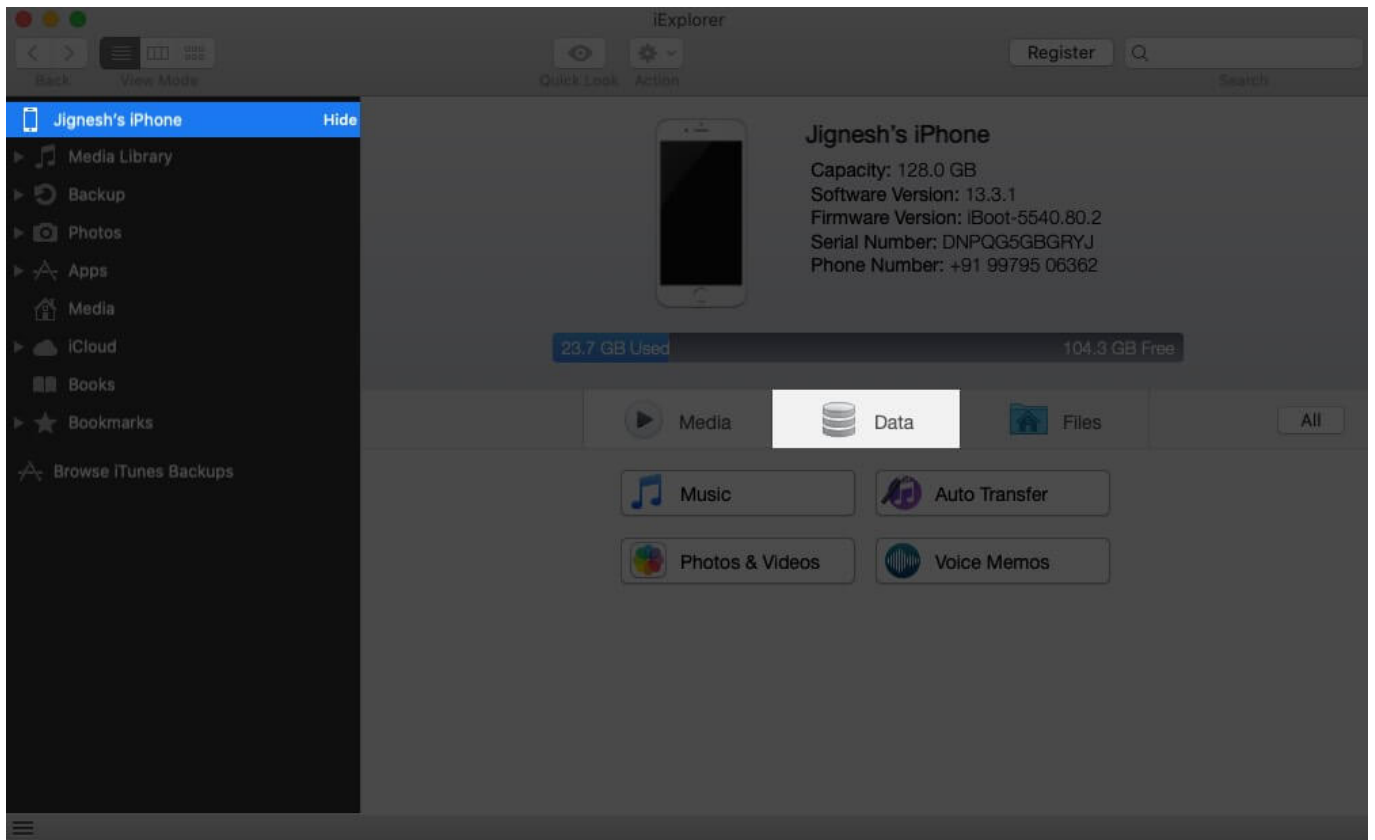- [Best Tools to Export Messages from iPhone in 2020](#)

How to Extract Text Messages from iPhone Backup with iExplorer

Step #1. First, [download and install iExplorer](#) on your Mac or Windows computer.
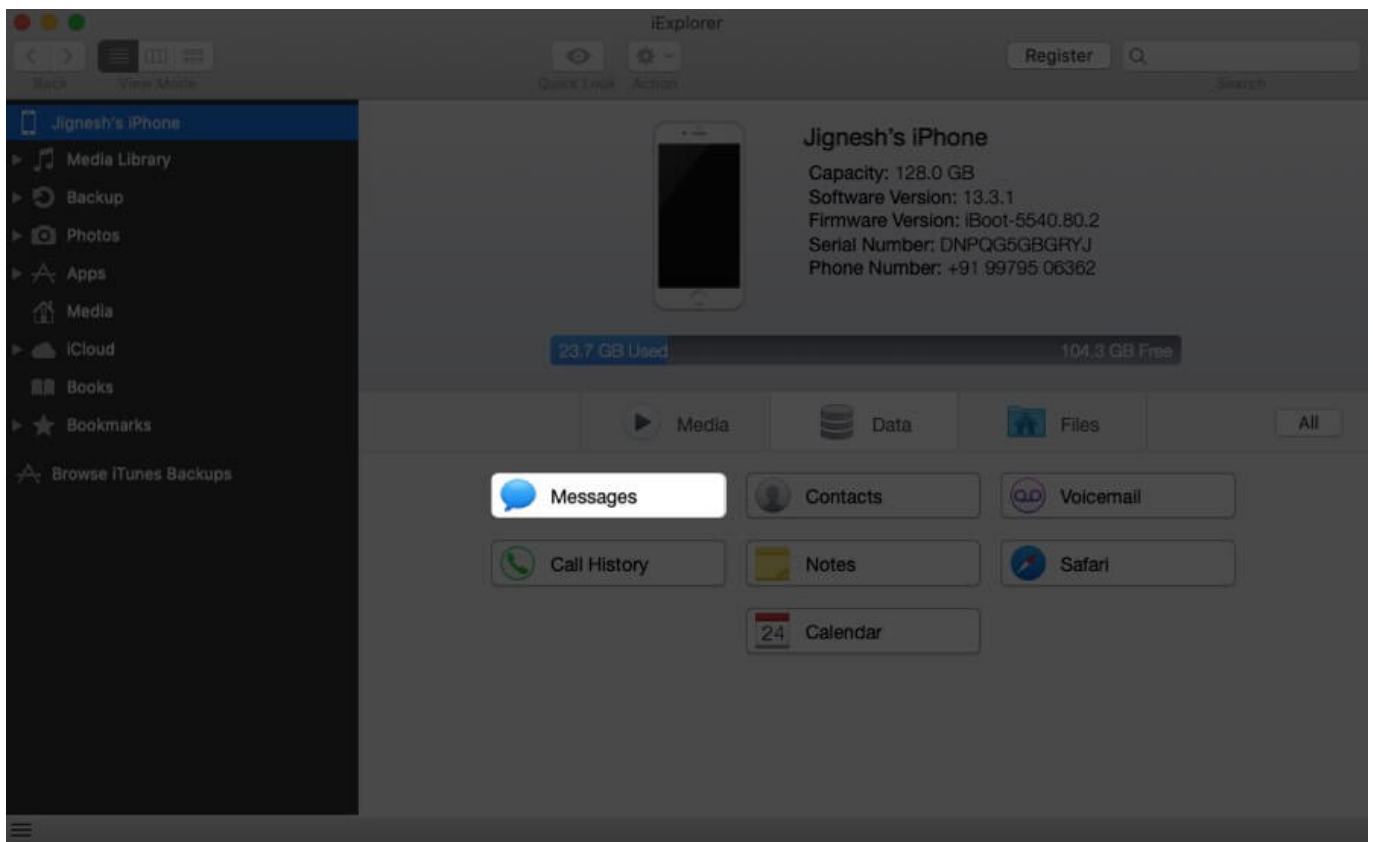
Step #2. Connect your iPhone to your computer with a USB cable and **open iExplorer.**
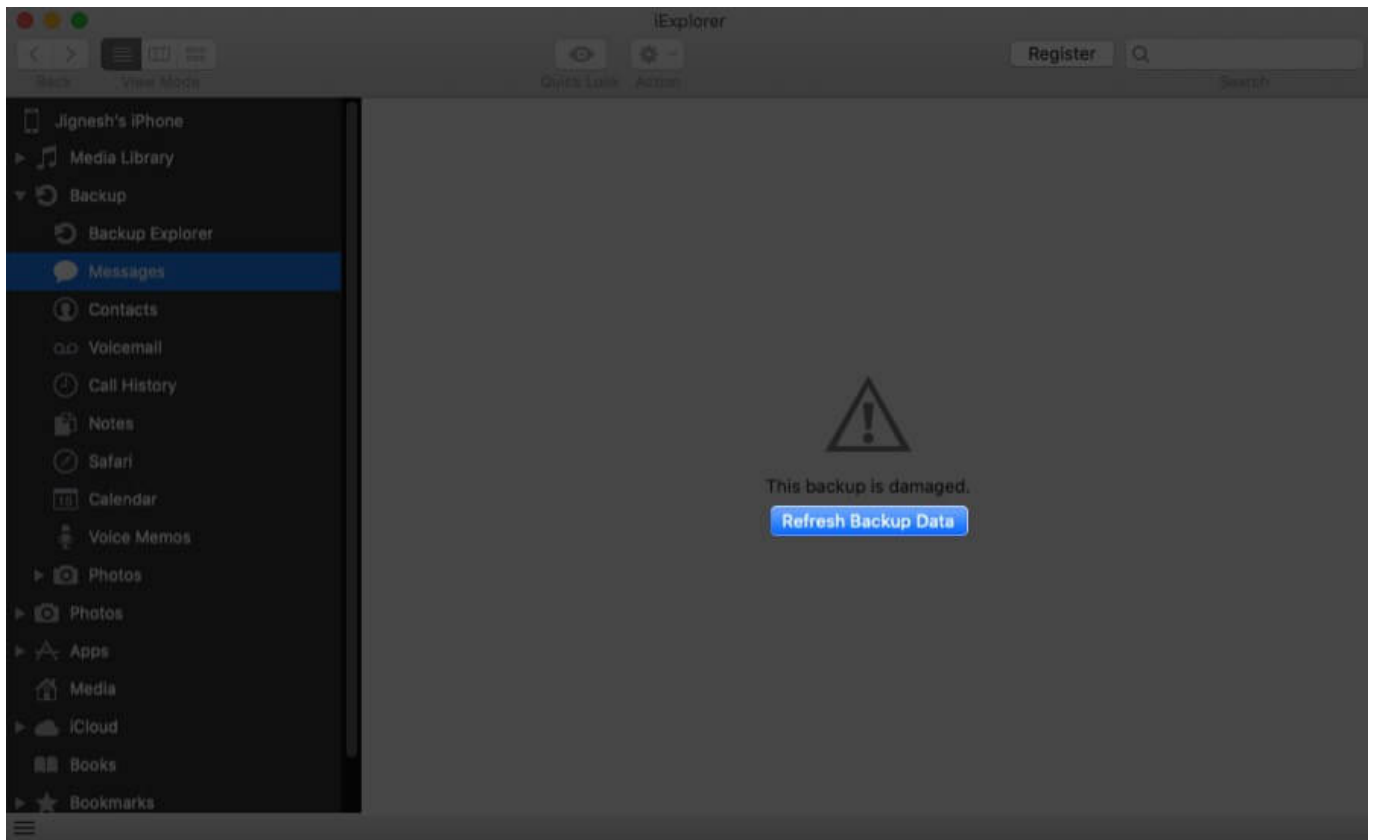
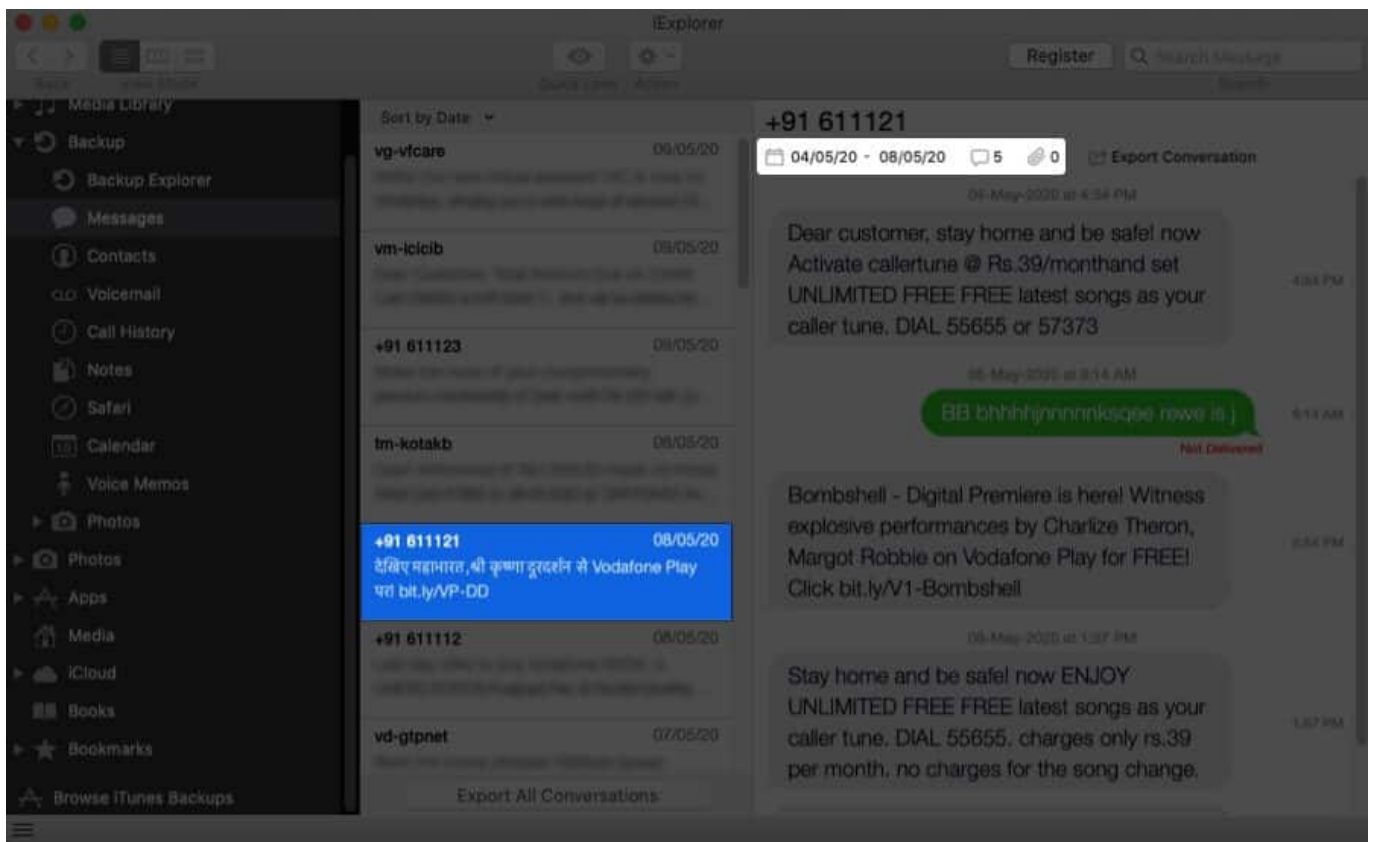**Step #3.** In the **Device Overview** screen, click the **Data** tab

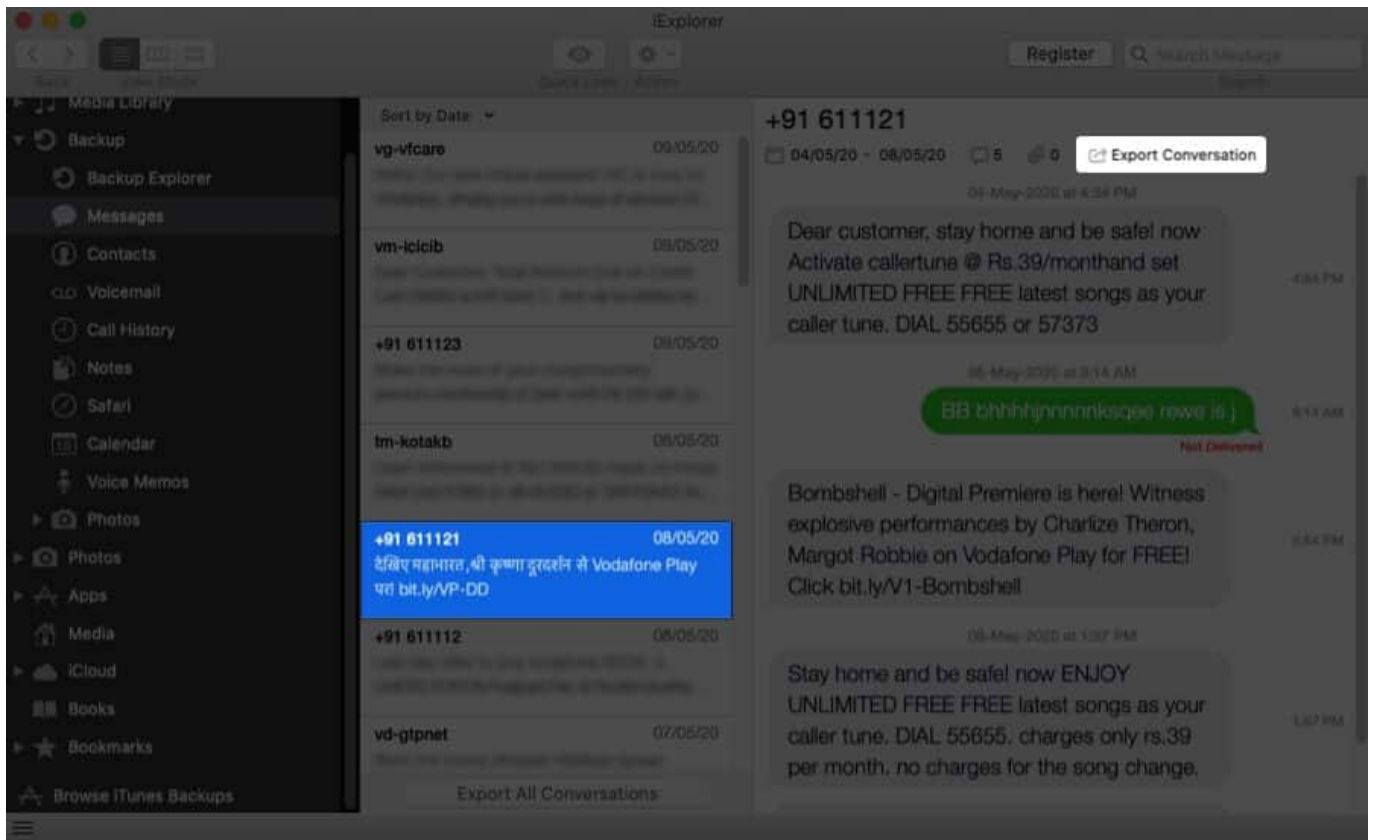**Step #4.** Now, click on **Messages**.

Step #5. If you have not created an iTunes backup yet on the computer you're connected to, you will be asked if you want to make one (select Yes). If you already have an iTunes backup (at least 24 hours old), iExplorer will ask whether you'd like to Use Last Backup or **Refresh** to create a new one.

Step #6. After the iTunes backup is done, iExplorer will load your Messages on the screen. You can **select** a conversation in the left panel and use the **icons** at the top to filter by date range, show attachments, etc.

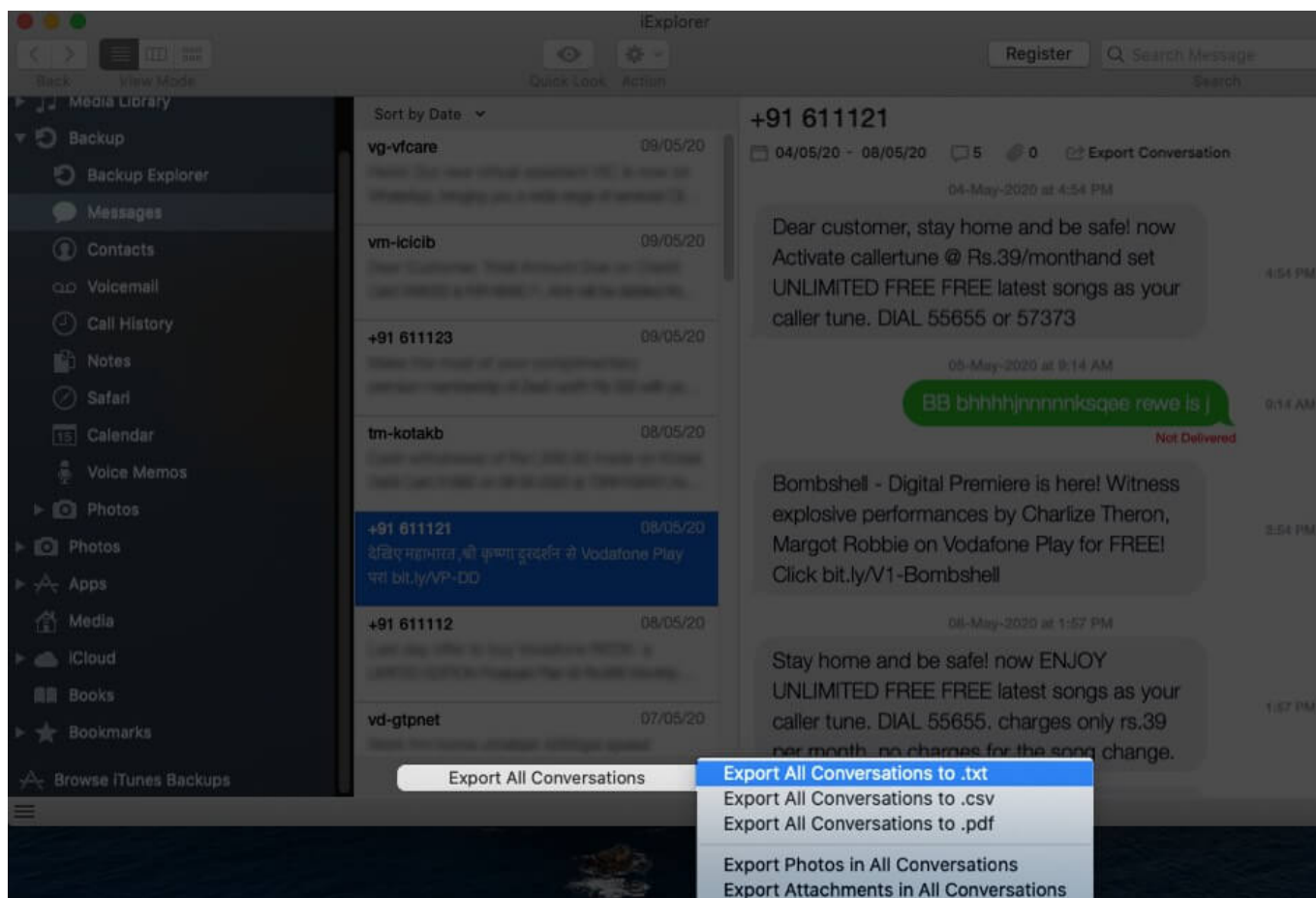**Step #7.** In the conversation box, you can choose to **export the entire chat**. Or you may select specific message bubbles to export.

Step #8. At the bottom of the screen, there's an option to **Export All Conversations.**

You can choose to export the text messages from iPhone backup to different file formats such as PDF, TXT, or CSV. Best of all, this tool is free to try.

For continued use though, you will need to purchase the product for **$39.99** from macroplant.com

Alternatively, there are some other tools that also allow you to extract text messages from an iPhone backup. Let's have a look.

Best Tools to Export Messages from iPhone in 2020

#1. iBackup Viewer

The free version of iBackup Viewer allows you to export messages and contacts to PDF files. It also supports saving photos and videos from messages.

For advanced functionality, you can get the Pro version which allows you to save messages as txt or csv files. It also supports saving messages from WhatsApp as well as notes and photos. A great all-in-one backup recovery tool.

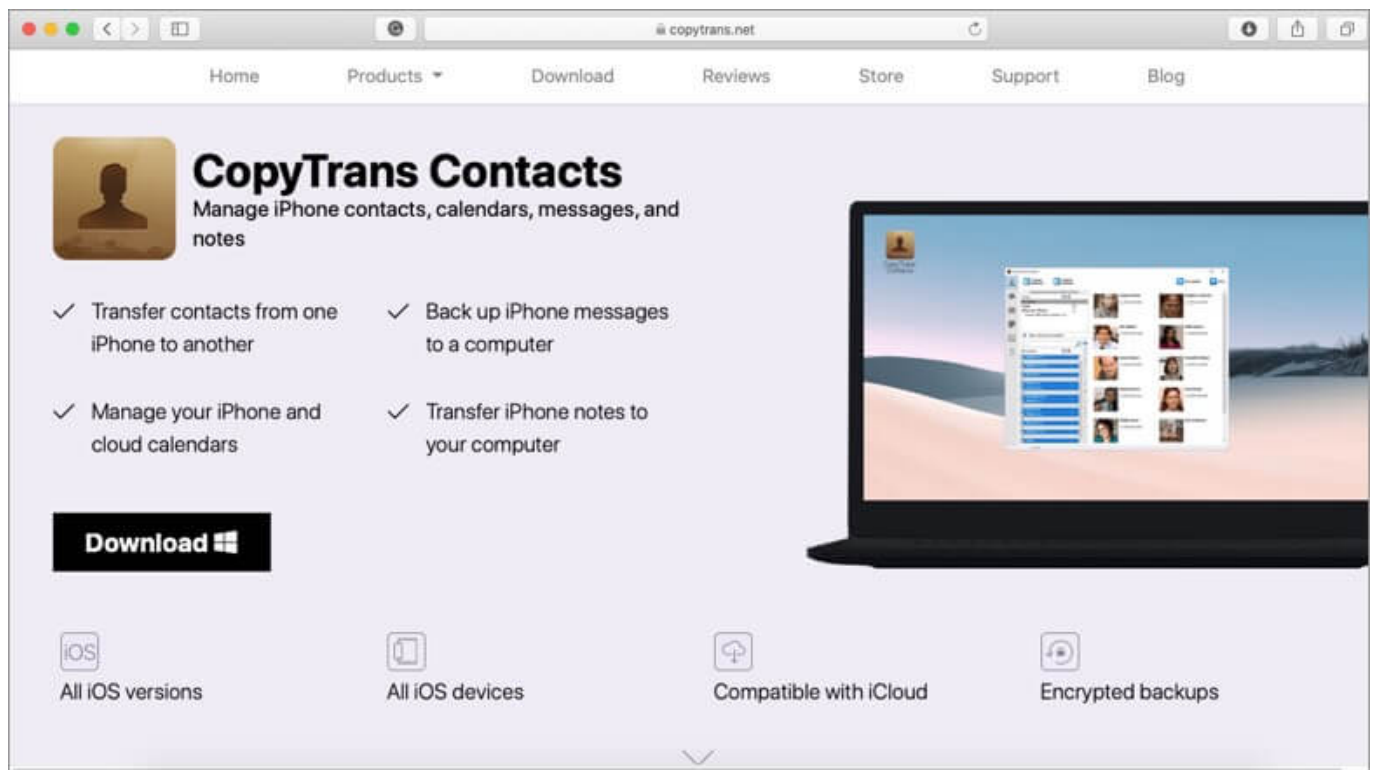**Price:** $39.95
Buy Now

#2. PhoneView

View, export, and print all your iPhone messages, WhatsApp messages, and other data using PhoneView. You can see and search your texts including pictures and video messages, even when your iPhone is not connected to your Mac.

Further, this tool lets you export your messages as PDF files. It's packed full of other great features like automatic backups of your messages whenever your iPhone is detected, plus access to your voicemail messages and call log.

Price: $29.95
[Buy Now](#)

#3. CopyTrans Contacts

Save and backup your iMessages, WhatsApp, Viber, and Line conversations with this useful tool. Similar to other options, it also extracts all attachments like photos, videos, GIFs, voice messages, and more.

For your convenience, you can export the messages in different formats like PDF, Word, Excel, Plain Text, CSV or HTML. This makes it easy to read, print, and share those conversations anytime.

Price: $19.99
Buy Now

Summing Up

So we hope this clarifies how you can save or extract messages from your iPhone backup to your computer. Let us know in the comments below which tool you chose to use.

You may want to take a peek at:

- How to Export Health Data from Your iPhone
- 3 Ways to Delete Multiple iMessage Photos and Attachments