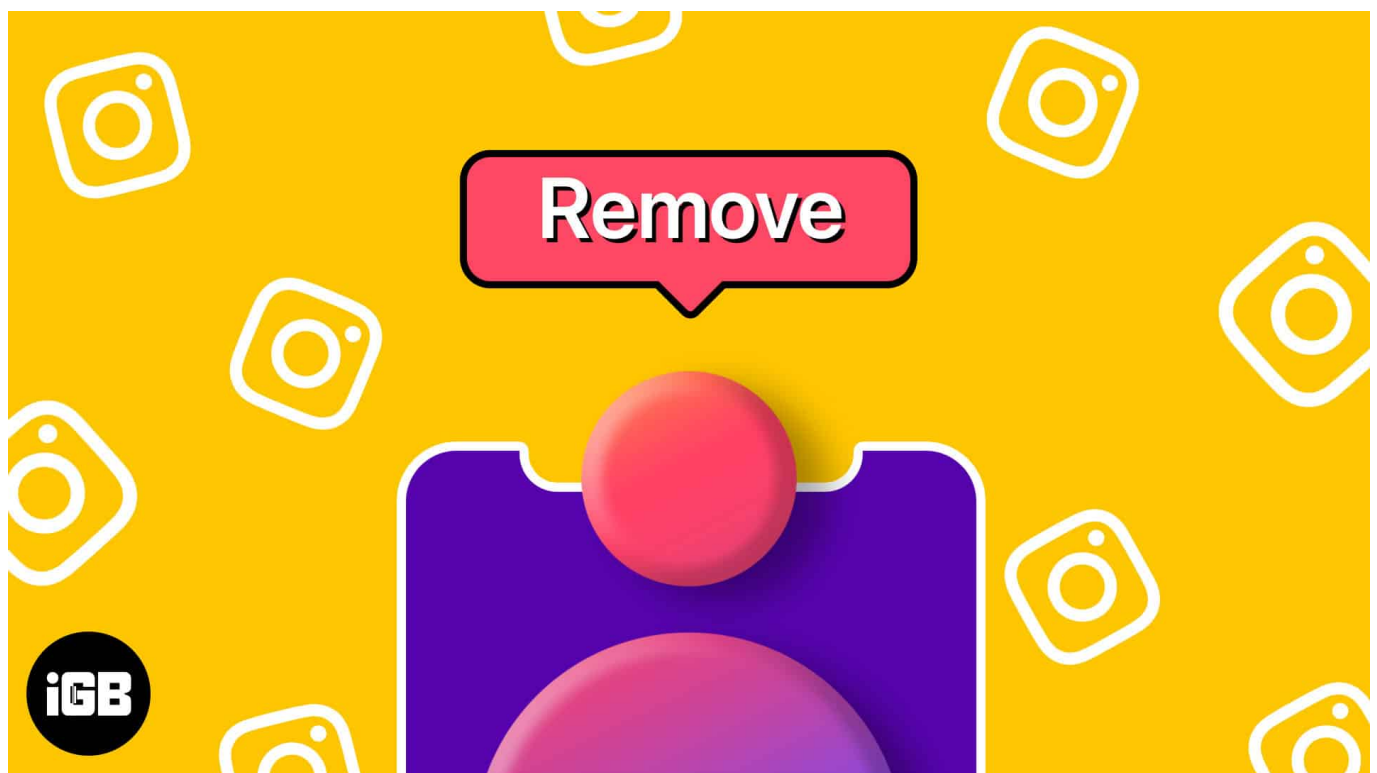


## Note

- To remove a follower on Instagram from your iPhone, go to your **profile** and choose **Followers** > Find the follower you want to remove then tap **Remove**.
- Removing a follower won't notify them.
- Your Instagram account must be set to **private** so that the removed user can not follow you again.

Are you tired of unwanted followers cluttering up your Instagram feed? If so, you're not alone. Fortunately, removing a follower on Instagram is a quick and easy process on your iPhone or Android phone. I will walk you through the step-by-step instructions on how to remove a follower, so you can keep your account private and secure.



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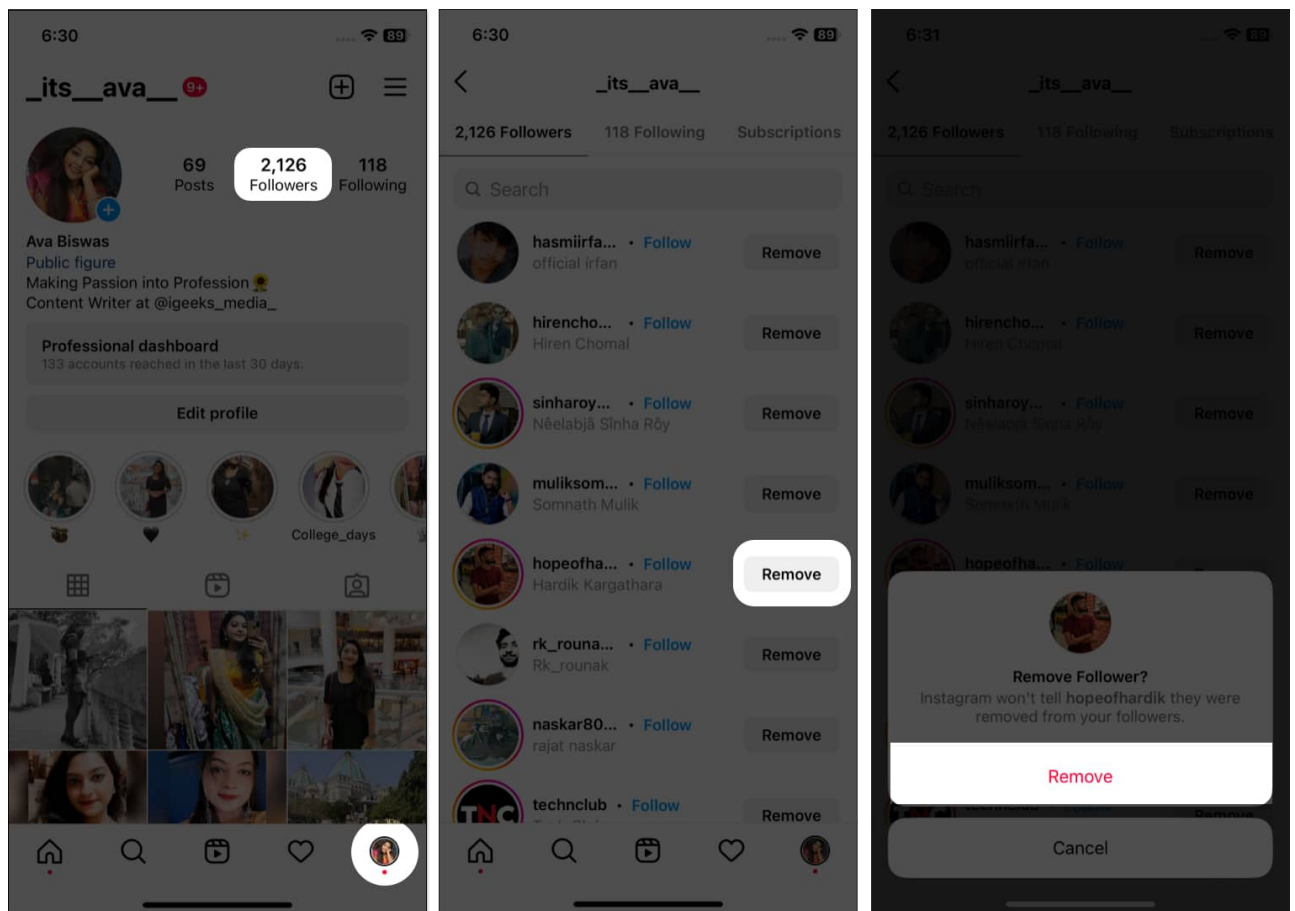
## What happens when you remove a follower on Instagram?

You may find spam accounts are following you or want to prevent someone from viewing your Instagram activity. In this situation, removing them from the followers' list is ideal. Because if you [block the user](#), their likes and comments on your post will disappear. Besides, if you [restrict someone on Instagram](#), they can still see your posts and leave a comment.

But removing a follower will ensure they don't get your posts on their feeds. Moreover, if you are concerned about privacy, I suggest turning your Instagram account to private. It will hide all your posts from the public and allow you to manually accept each follower request. So, when the removed user searches for your account, they can't see any of your content!

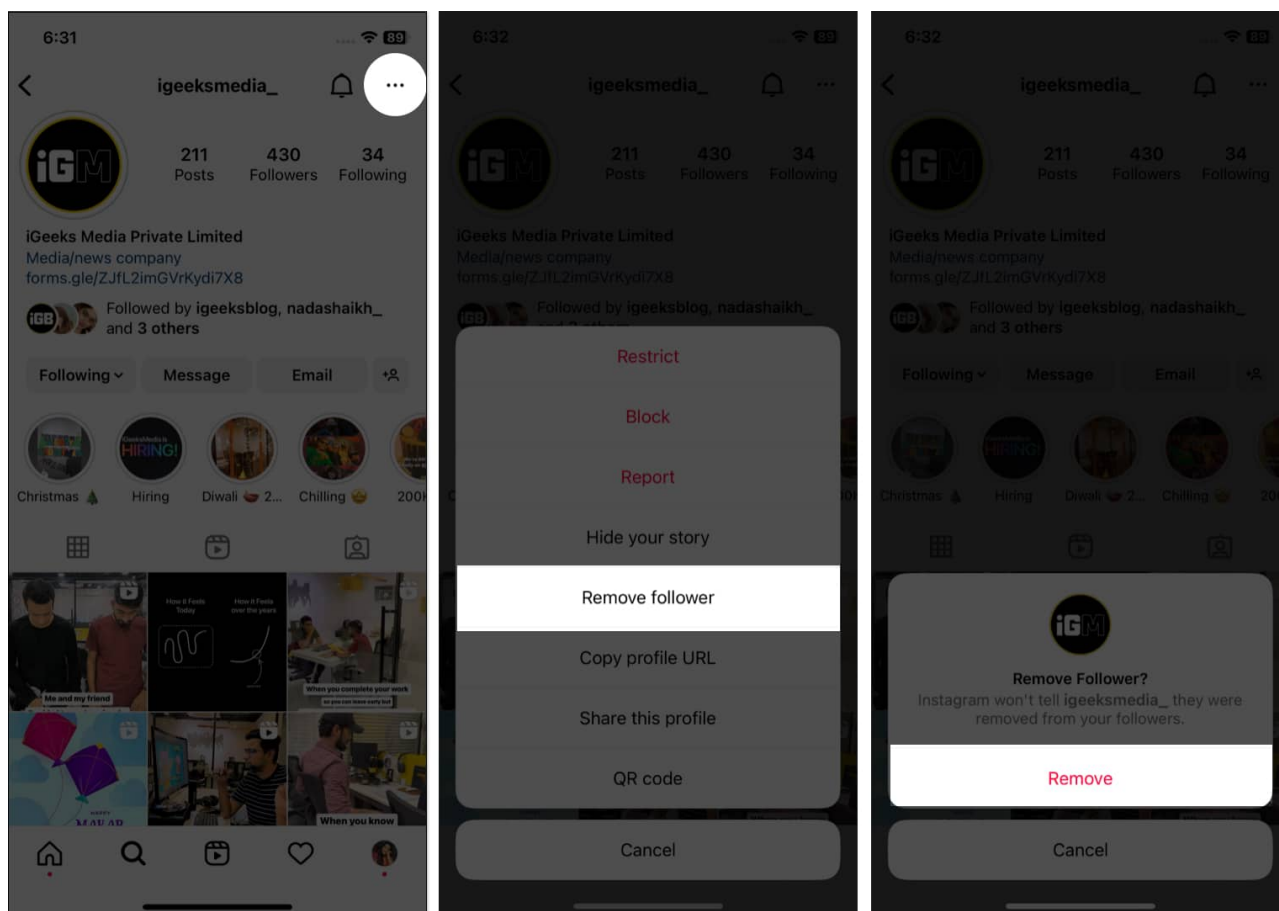
## How to remove followers on Instagram from iPhone

1. Launch the **Instagram app** on your iPhone.
2. Tap the **profile** icon → select **Followers**.  
*Now, find the account you want to remove by scrolling or searching.*
3. Select **Remove** beside the account name.
4. Tap **Remove** to confirm your choice.



## How to remove an unwanted follower directly from their account page

1. Go to the follower's **profile**. If you know their username, search for it or tap an account's name on your timeline.
2. Tap the **three-dots** icon.
3. Choose **Remove follower** → tap **Remove**.



**So, that's all for today, Instagrammers!**

Removing a follower on Instagram with a few clicks helps to keep your account private and secure and maintain control over who can see your posts and stories. Remember, you can always add a follower back if you change your mind in the future. So don't hesitate to take control of your account and remove any unwanted followers.

## FAQs

**Can I delete all followers on Instagram at once?**

No, Instagram doesn't provide the feature to delete all your followers at once. Instead, you need to manually find the accounts and remove those unwanted followers.

**How to prevent an account from following me on Instagram?**

There are two ways to stop any account from following you. First, if the user is annoying you, you may block them. Otherwise, remove them from the followers' list and set your account private. Now, when they send follow request, don't accept that.

## **How to know if someone removed you from followers on Instagram?**

You can easily find out if you were removed. When you search for the account and open it, you will see a blue Follow button instead of a grey Following label.

## **If I remove a follower on Instagram, can they still message me?**

Removing someone does not affect DMs. You can continue chatting with anyone whether they follow you or not.

## **Explore more Instagram tips and tricks...**

- [How to turn off comments in Instagram on iPhone](#)
- [How to hide your active status on Instagram](#)
- [How to turn off precise location on Instagram \(and why you should\)](#)
- [Instagram keeps crashing on iPhone? 13 Ways to fix!](#)
- [How to see who unfollowed you on Instagram](#)