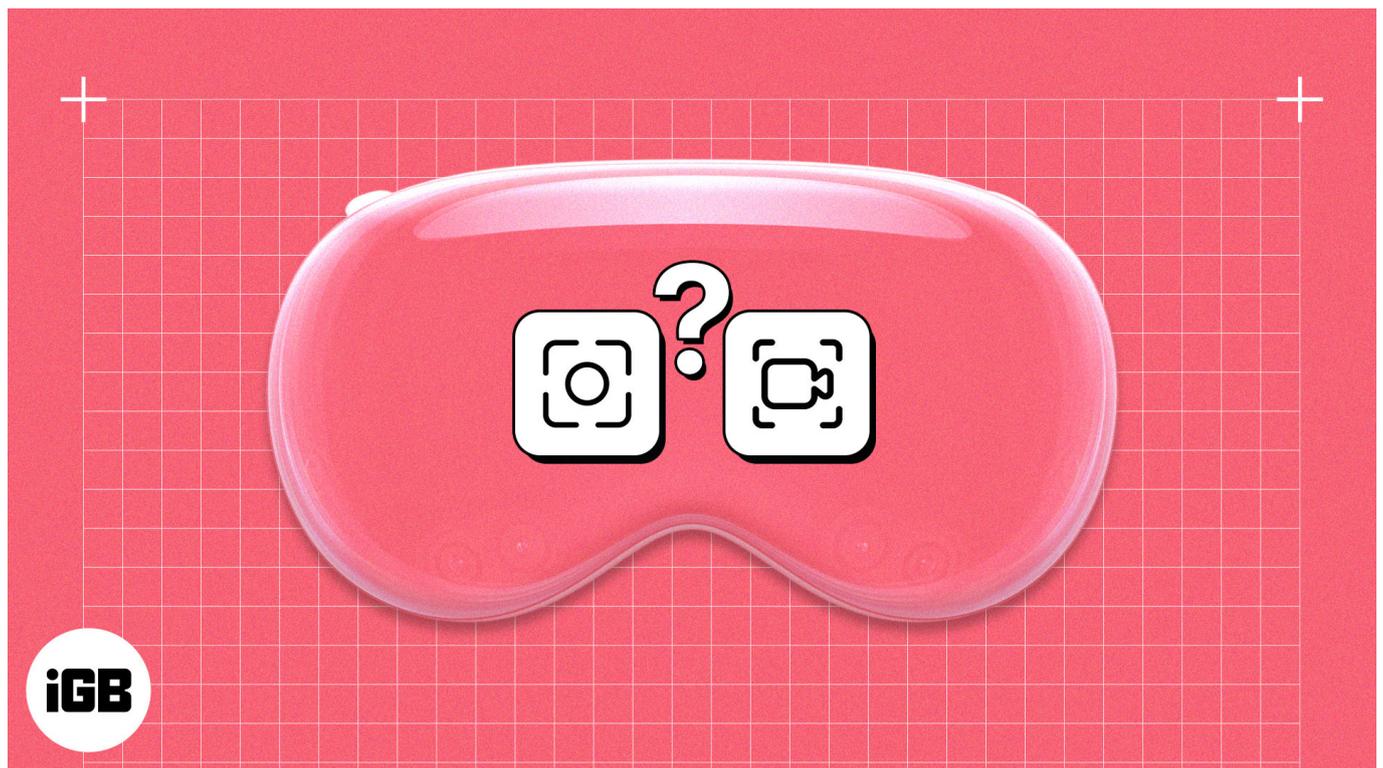


Key Takeaways

- You can easily capture a screenshot on Apple Vision Pro by pressing the **Digital Crown** and the **top button**.
- To screen record a view on Apple Vision Pro, go to **Control Center** > Select the **Screen Recording** icon.
- You may also use the Screen Mirroring feature to share the Vision Pro view with others.

I hope you are already enjoying the immersive experience on your Vision Pro. How about sharing this view with others? Vision Pro lets you capture a screenshot and record a video of the screen view like other Apple devices and save those in the Photos app by default.



You can get a 2D view of what you see inside the headset, including your real-life space, the virtual environment, and immersive apps. If you find this intriguing, let's learn how to screenshot and record a view on Apple Vision Pro!

How to take screenshot of your view on Apple Vision Pro

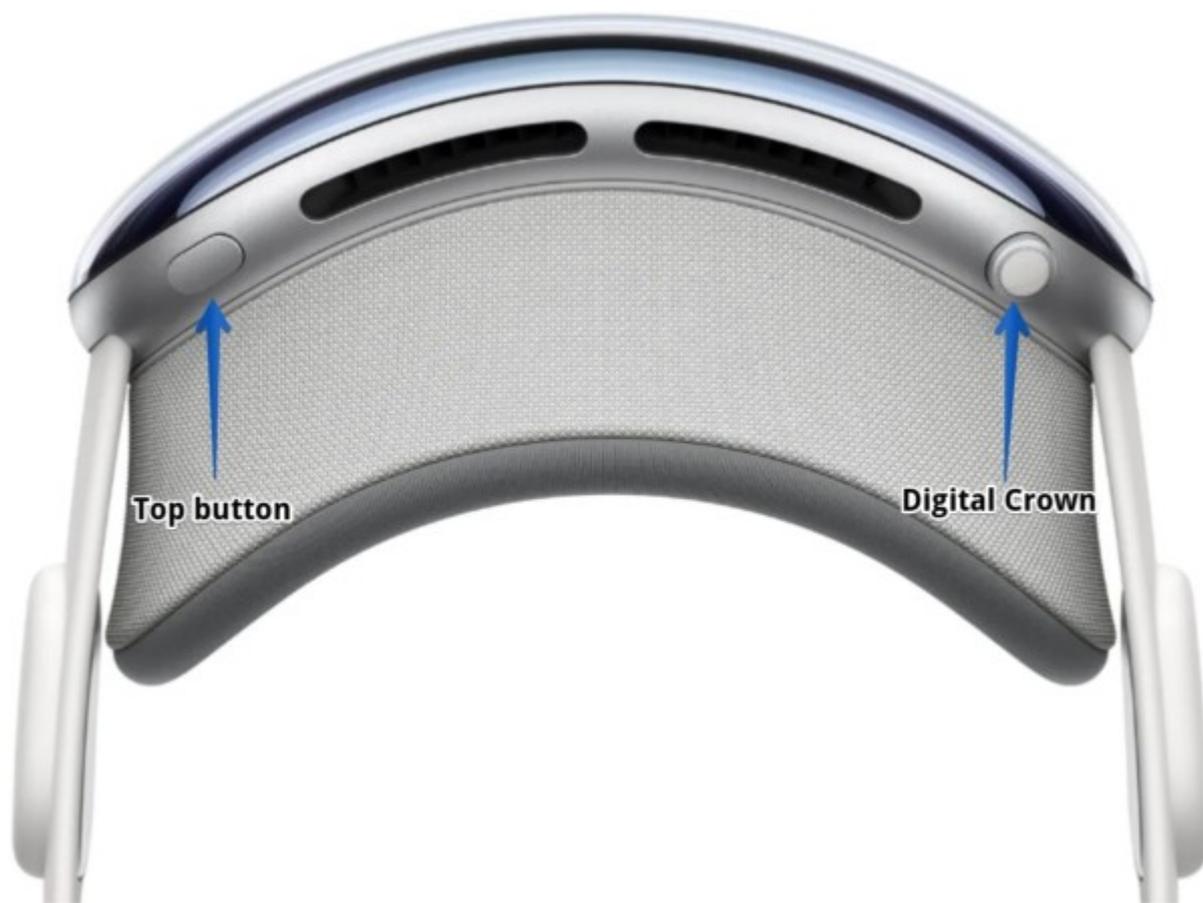
Screenshots are the easiest way to share your view with others as they produce small-sized files. Also, you can quickly edit and annotate any screenshot from Photos.

Apple Vision Pro offers two methods to take a screenshot of the view. You may use anyone as per your preference. After the screenshot is taken, the image is saved to Photos automatically.

Note: To protect user and data privacy, the Vision Pro won't let you capture the view while inputting a password or viewing copyrighted media.

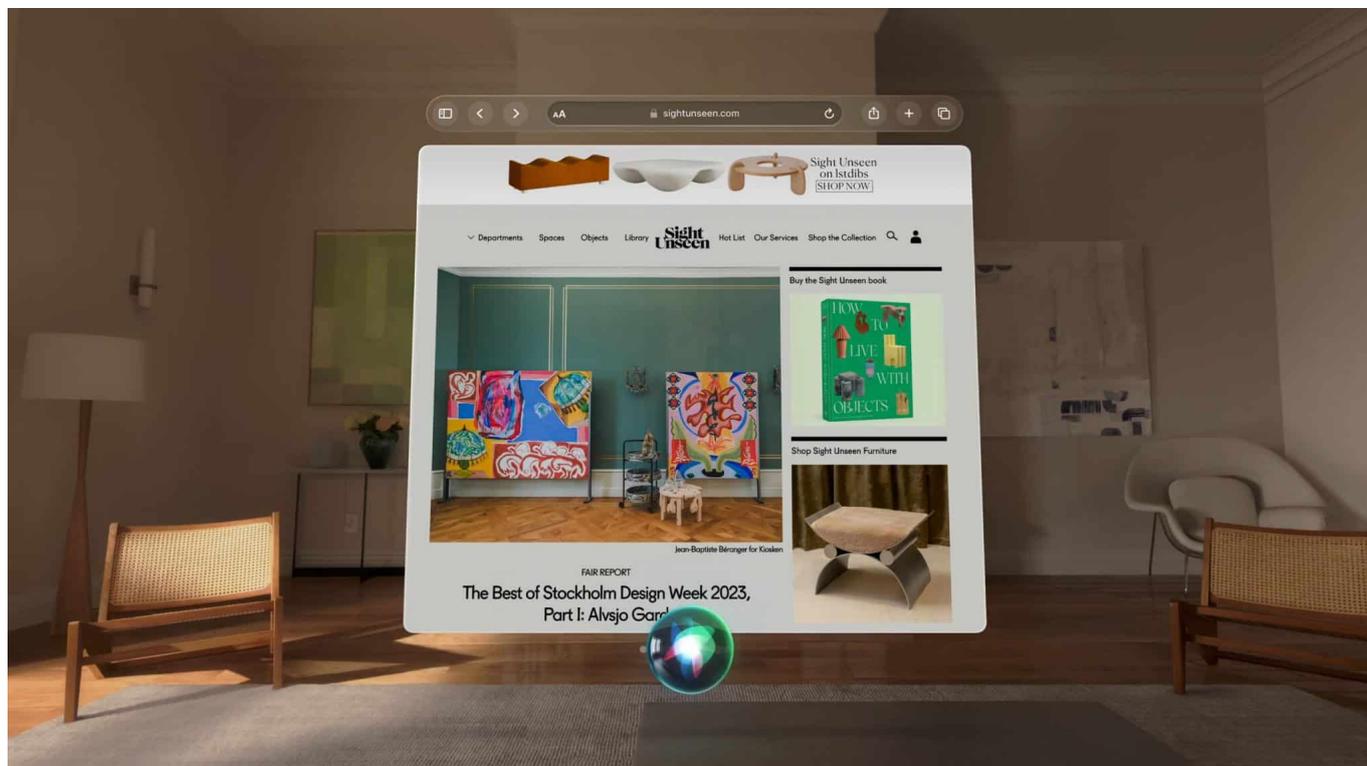
Method 1: Using physical buttons

When you wish to take a screenshot, simply press the **Digital Crown** and the **top button together** on your Apple Vision Pro. This action will capture your view.



Method 2: Ask Siri

If your hands are engaged, you may invoke **Siri** and give a **voice command** to screenshot of the view on Apple Vision Pro.



You can also capture screenshots of the visionOS interface from your Mac. For that, you need to install XCode and [connect your Vision Pro to your Mac](#). After that, open **Developer Tool** in [XCode](#) and go to [Reality Composer Pro](#).

Now, click **File** from the menu bar and select **Developer Capture**. Here, you must choose your Vision Pro from the list. Finally, click the **camera icon** to capture the screenshot or select the **movie camera icon** to record the screen recording.

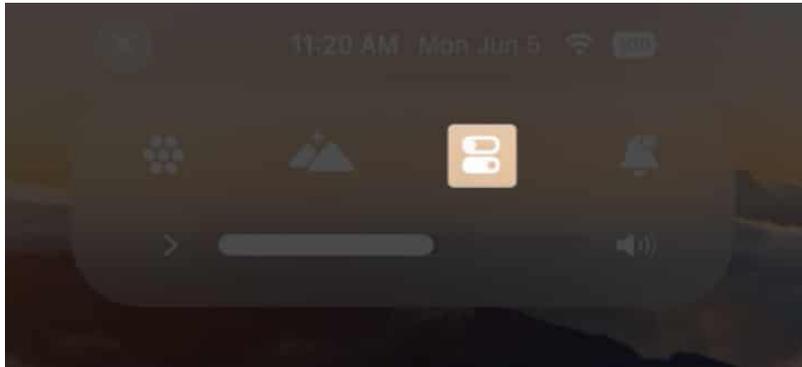
How to do screen recording of your view on Apple Vision Pro

If you want to share a more real-like experience, you can record a video of the Apple Vision Pro view. It will capture all your navigation and activities on your headset.

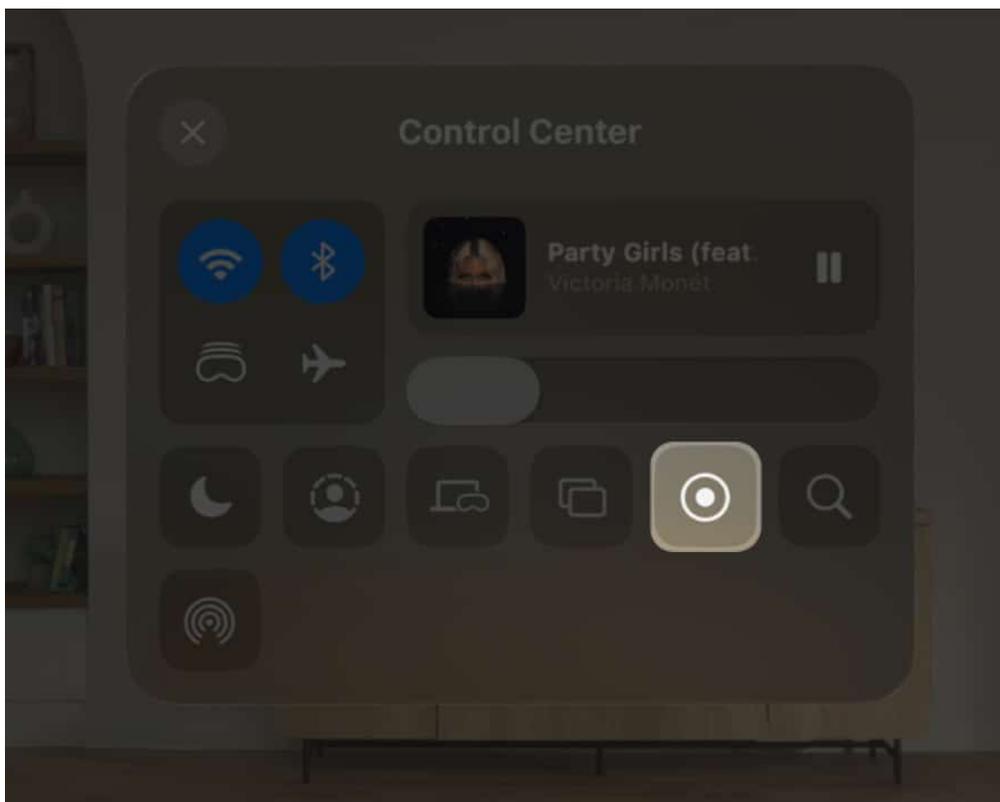
So, if you have something sensitive on your screen, hide it from the view and follow the below steps:

1. From your view, **look up** and select the **down arrow** with a pinch gesture.
It will show the Control Center.

2. Select the **Control Center icon** from the menu.



3. Choose the **Screen Recording icon**.



4. It will now begin to capture and record view on your Vision Pro screen.
5. Once done, select the **red status bar** at the top → Choose **Stop**.

Note that Apple TV and Disney+ prohibit screenshots and screen recordings to avoid piracy. However, you may record YouTube videos.

If you can't find the Screen Recording icon in the Control Center, you need to add it to the

menu. From that,

1. Go to **Home view** → Open the **Settings app**.
2. Select **Control Center**.
3. Add **Screen Record** control.

How to view Vision Pro screen recording

Similar to screenshots, all your screen recording video is saved automatically to your gallery. So, go to the **Photos** app on your Vision Pro and play the recording.

You can also share the media from there.

How to share your view on Apple Vision Pro

The screen recording video of Vision Pro will accumulate a lot of storage space and be difficult to share quickly. Also, the video quality may be compressed when shared. So, for a better experience, you can mirror your Vision Pro screen view to a compatible screen.

This way, your friends and family nearby may view what you're watching on your Apple Vision Pro. Let's learn how to do this. First, connect your device and Vision Pro to the same Wi-Fi network.

1. Open **Control Center** from your view.
2. Select the **Control Center icon**.
3. Tap the **Screen Mirror icon** from the menu.



4. Choose your **device** from the list shown.

Share an immersive experience in 2D!

Capturing screenshots and recording a view on your Apple Vision Pro can be a breeze once you get the hang of it. With just a few simple steps, you can capture important moments, share information, and create engaging tutorials.

If you face any issues while performing the steps, please let me know in the comment below; I will be happy to help!

Image Credits: Apple.com

Explore more:

- [How to share Apple Vision Pro with guest user](#)
- [How to use gestures to control Apple Vision Pro](#)
- [How to shut down and restart Apple Vision Pro](#)