After updating to the latest iOS version, your iPhone may continuously ask for your Apple ID password. The possible reasons behind this issue could be a failed download or a problem with your account settings in iCloud, iMessage, FaceTime, or the App Store. Don't fret! In this article, I'll walk you through some effective solutions to fix iPhone keeps asking for Apple ID password!
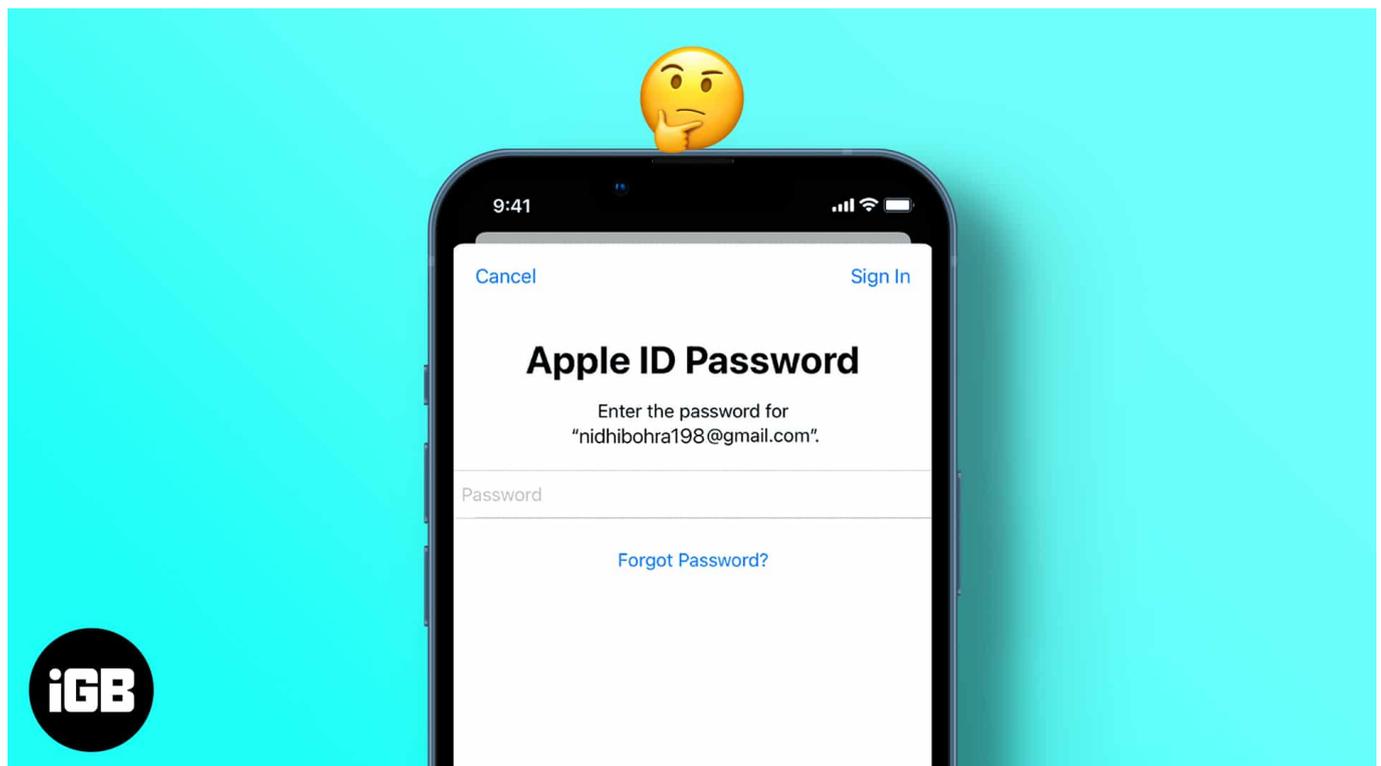
1. [Restart your iPhone](#)
2. [Update your software](#)
3. [Check your apps update](#)
4. [Turn off iMessage and FaceTime](#)
5. [Sign out from Apple ID and iCloud](#)
6. [Reset your Apple ID password](#)
7. [Reset all settings](#)
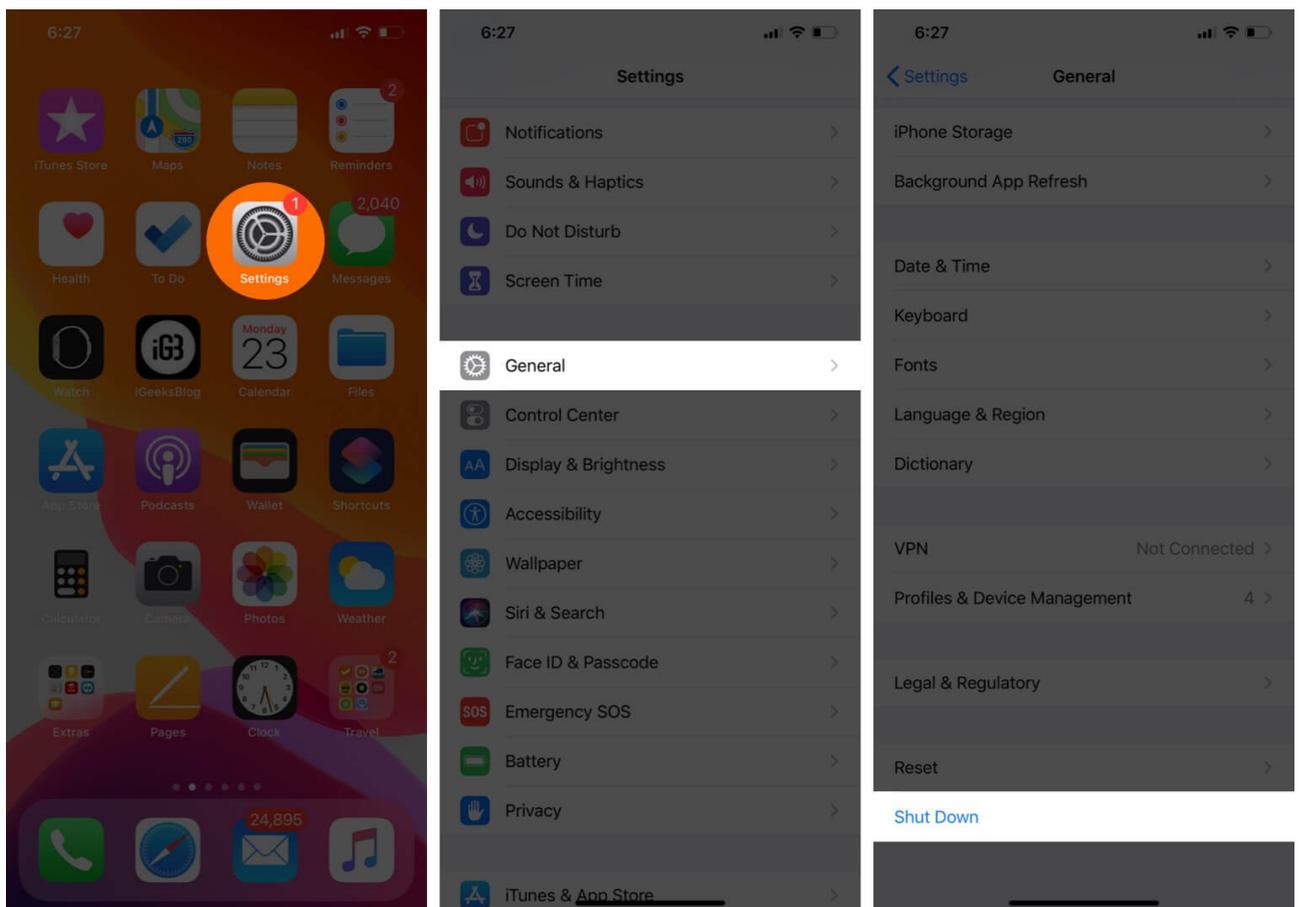8. [Backup and restore your iPhone](#)

1. Restart your iPhone

Restarting is an essential process that many people overlook. But it works in fixing several kinds of software problems. If your iPhone keeps asking for an Apple Account password,

[restart it using the proper buttons](#).

Alternatively, here's how you can do it from iPhone Settings:

1. Go to **Settings → General → Shut Down**.

2. After a minute or so, **turn your iPhone on**, and the problem may be resolved. If not, try the next solution

2. Update iOS

Apple introduces multiple bug fixes with every new version of iOS, and staying on an older version may be the cause of your problem. In such a situation, I recommend updating to the latest version of iOS.

1. Open **Settings → Tap General**.
2. Tap **Software Update**.

3. If you have a pending update, tap **Download and Install**.
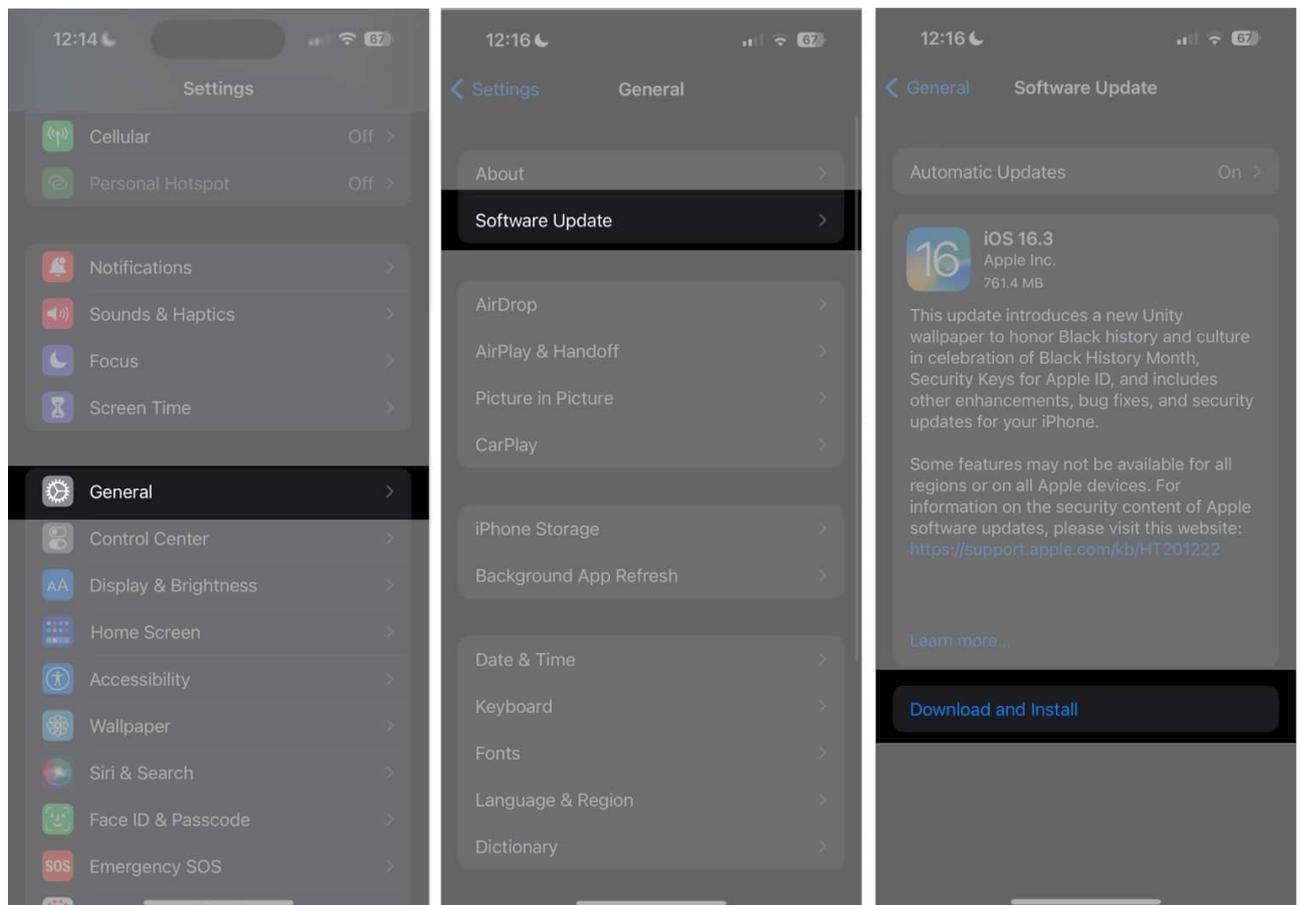
3. Check for app updates

The process to [check for third-party app updates](#) changed slightly in iOS. But it remains smooth and accessible.

1. Long press on the **App Store icon** → Tap **Updates**.
2. If you have app updates, tap **UPDATE** next to individual apps. You can also tap **Update All**.
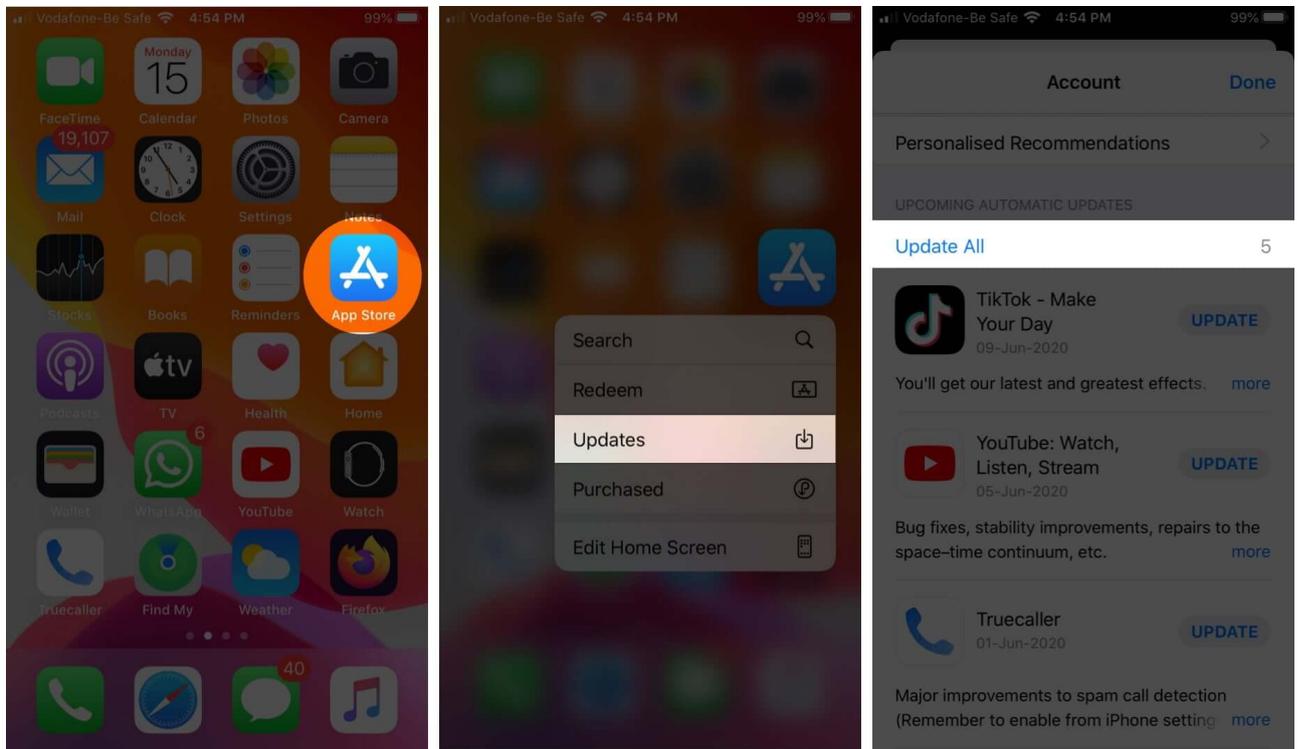
You may be prompted to enter your Apple ID password when downloading or updating apps. Try reading our guide covering how to download free apps without a password.
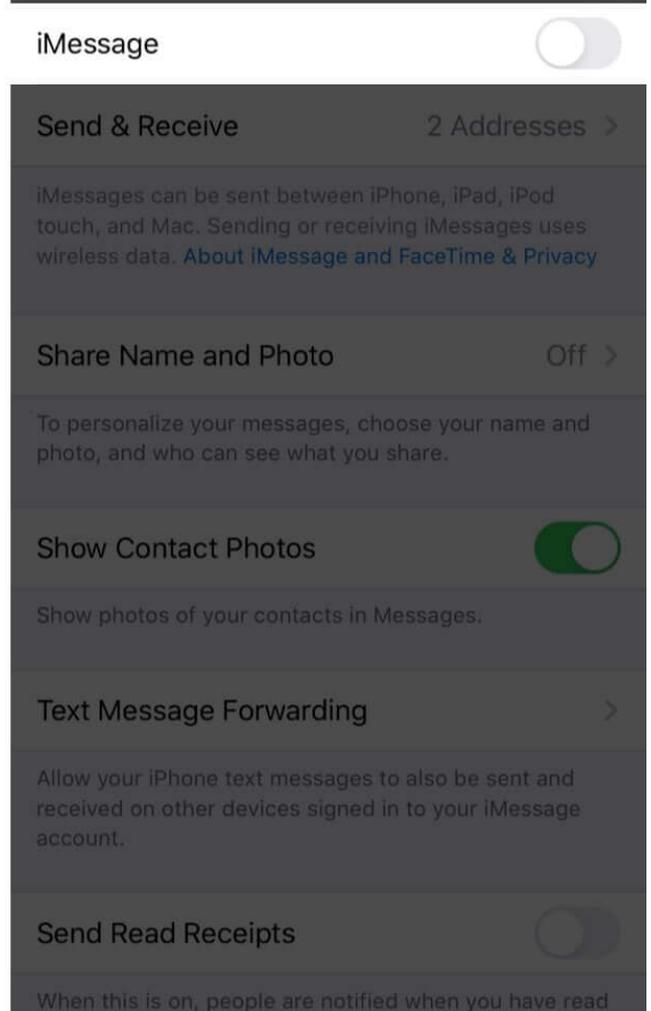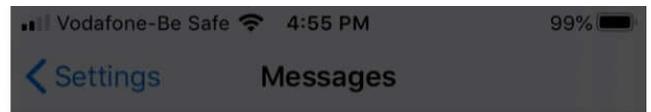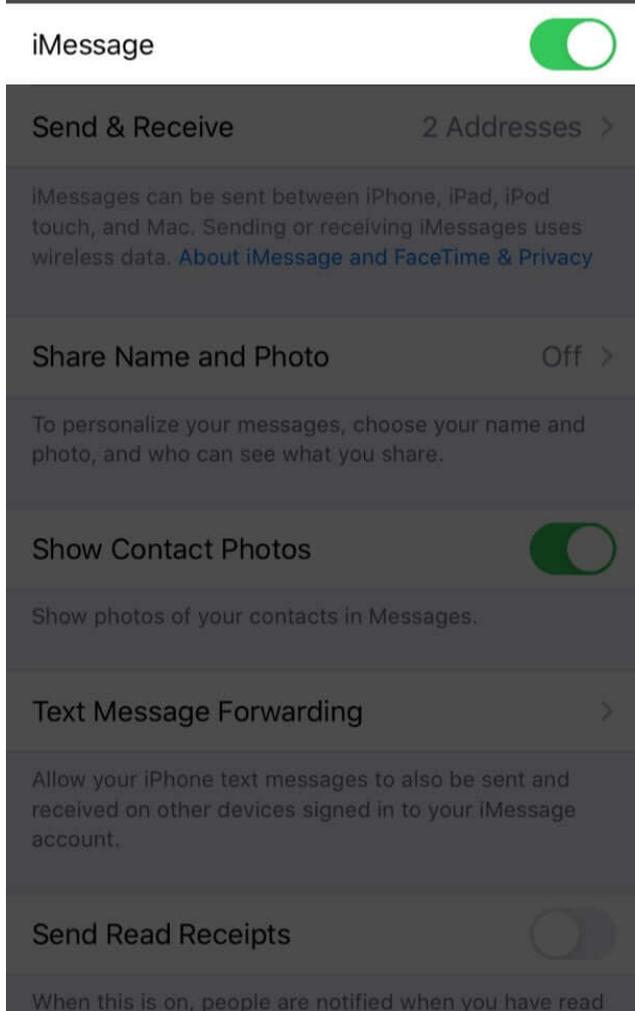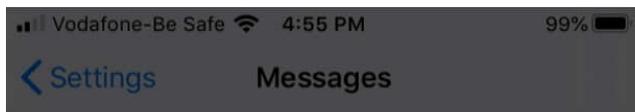
4. Turn off iMessage and FaceTime

Temporarily switching iMessage and FaceTime off might work. Here's how:
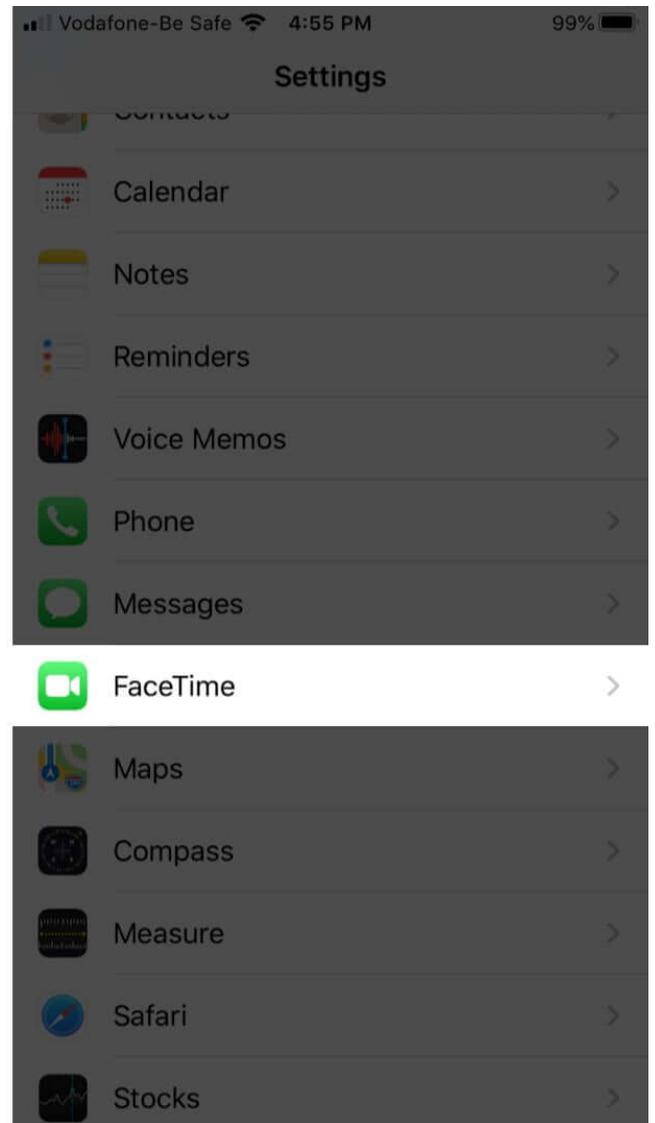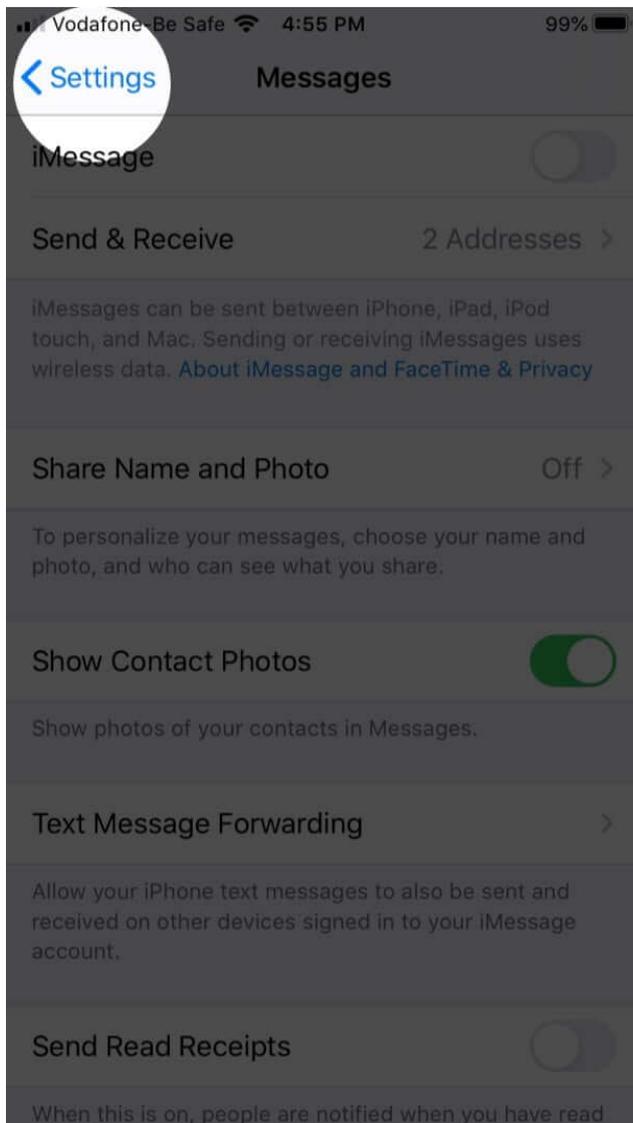
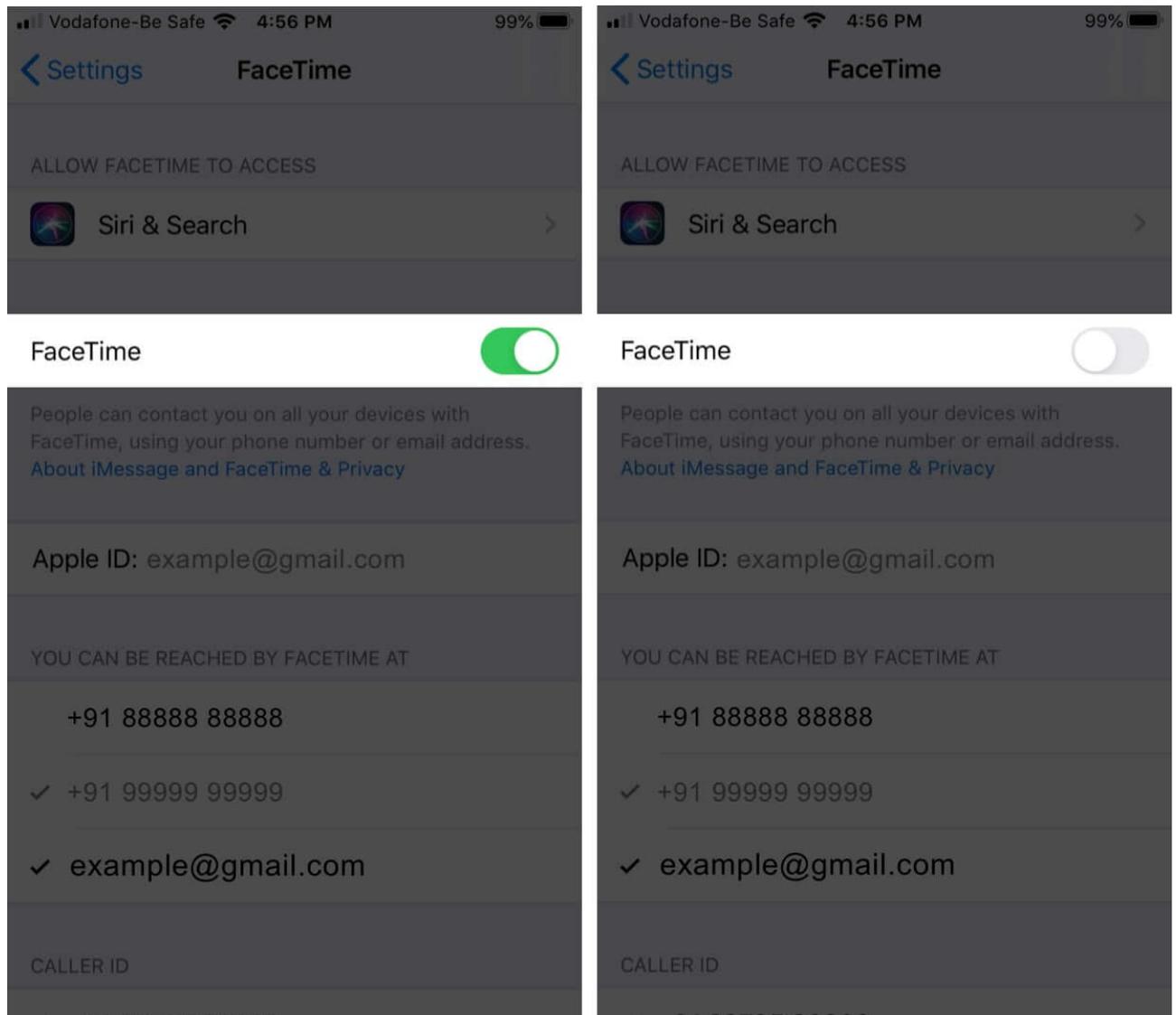1. Open **Settings** → Tap **Messages**.
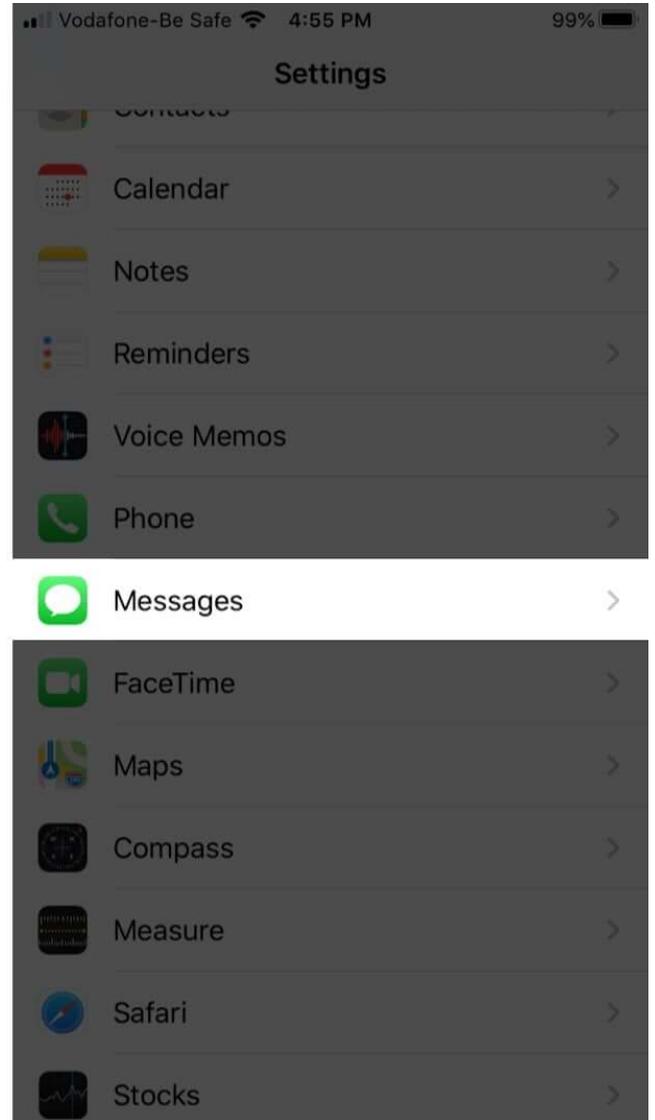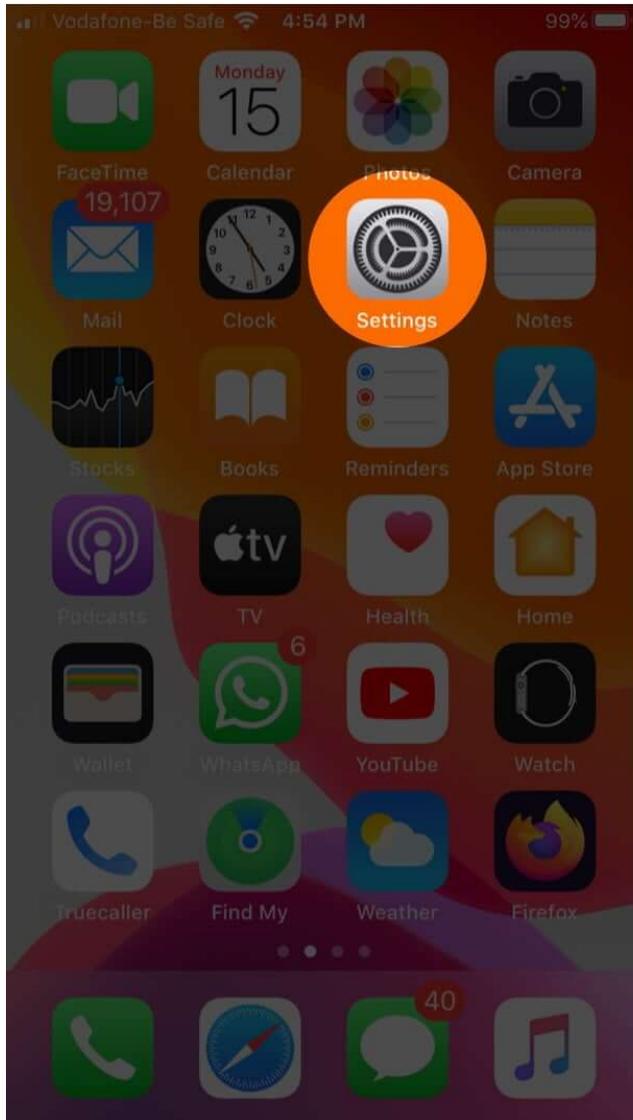
2. Toggle off **iMessage**.

3. Now, go back to **Settings** → Navigate to **FaceTime**.

4. Toggle off **FaceTime**.
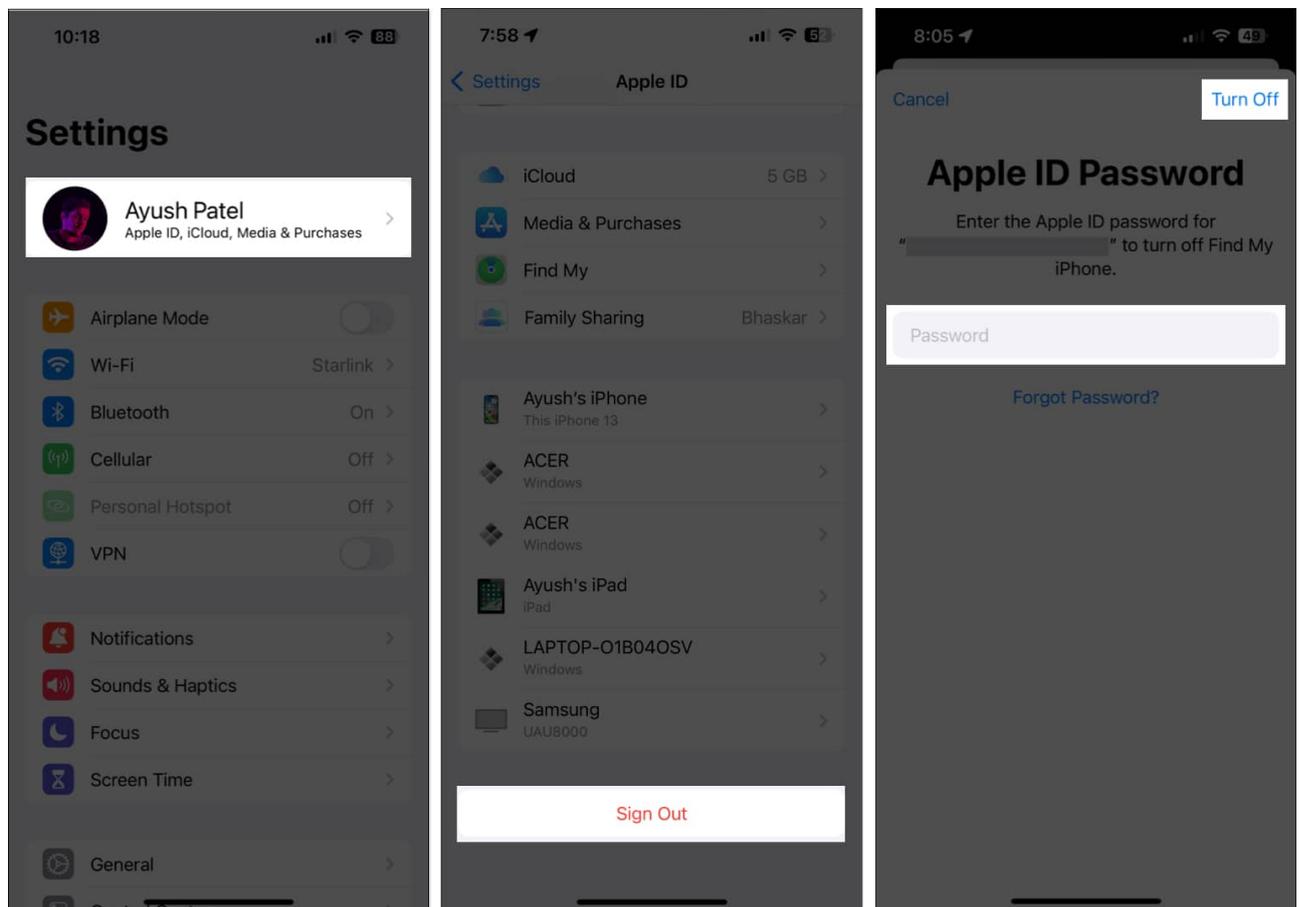
Now restart your phone and re-enable these services by following the steps above. After you're done, your iPhone may stop asking for an Apple ID password randomly.

# 5. Sign out from Apple ID and iCloud

1. Open **Settings** → Tap the **Apple ID** banner at the top of the screen.
2. Scroll to the bottom and tap **Sign Out**.
3. Enter your Apple ID **password**. Next, tap **Turn Off**.

4. You may choose to keep a copy of your Calendars, Contacts, and Keychain. Toggle them on according to your preferences. Finally, tap **Sign Out** and confirm.
5. **Restart** your iPhone.
6. Open **Settings** and tap **Sign in to your iPhone.** Enter your Apple ID, password, and follow the on-screen instructions to continue.

6. Reset your Apple ID password

1. Launch **Settings** and tap your **Apple ID** at the top of the screen.
2. Tap **Password & Security.**
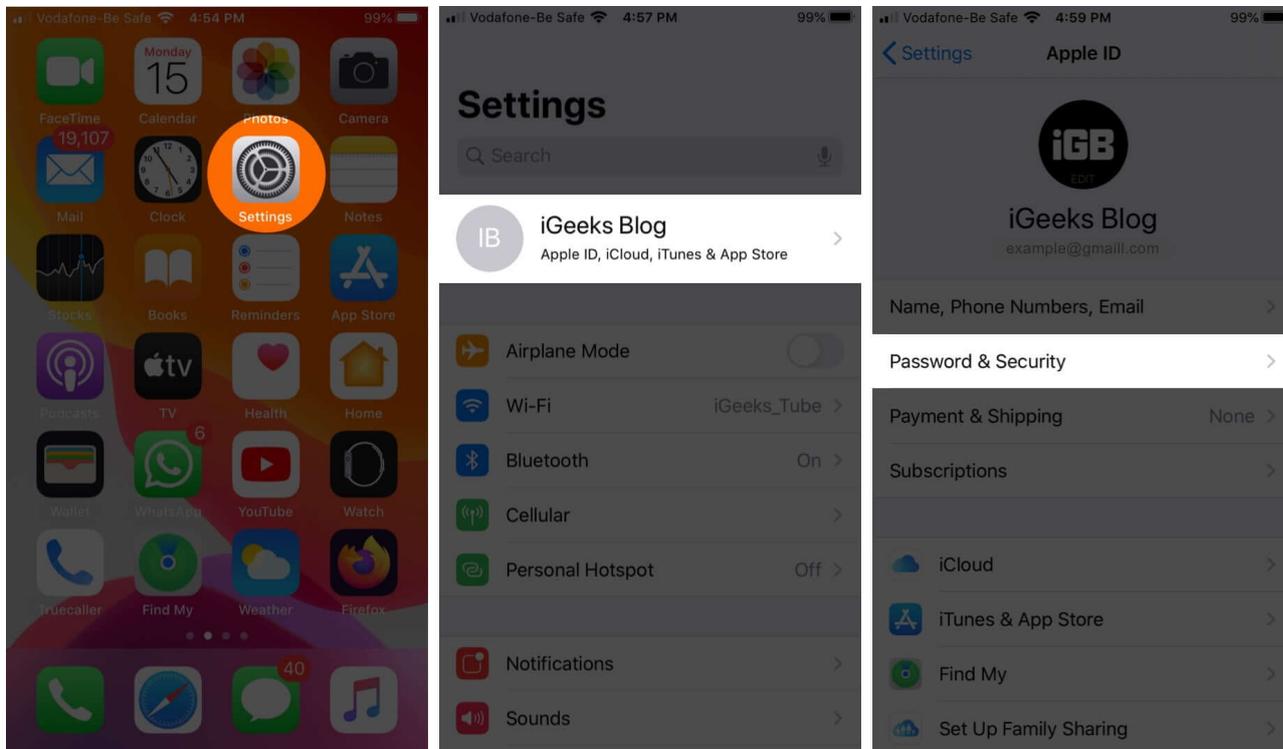
3. Tap **Change password**. Enter your iPhone's **passcode** if asked.
4. Enter a new (and secure) Apple ID **password**. Re-enter it and tap **Change**.
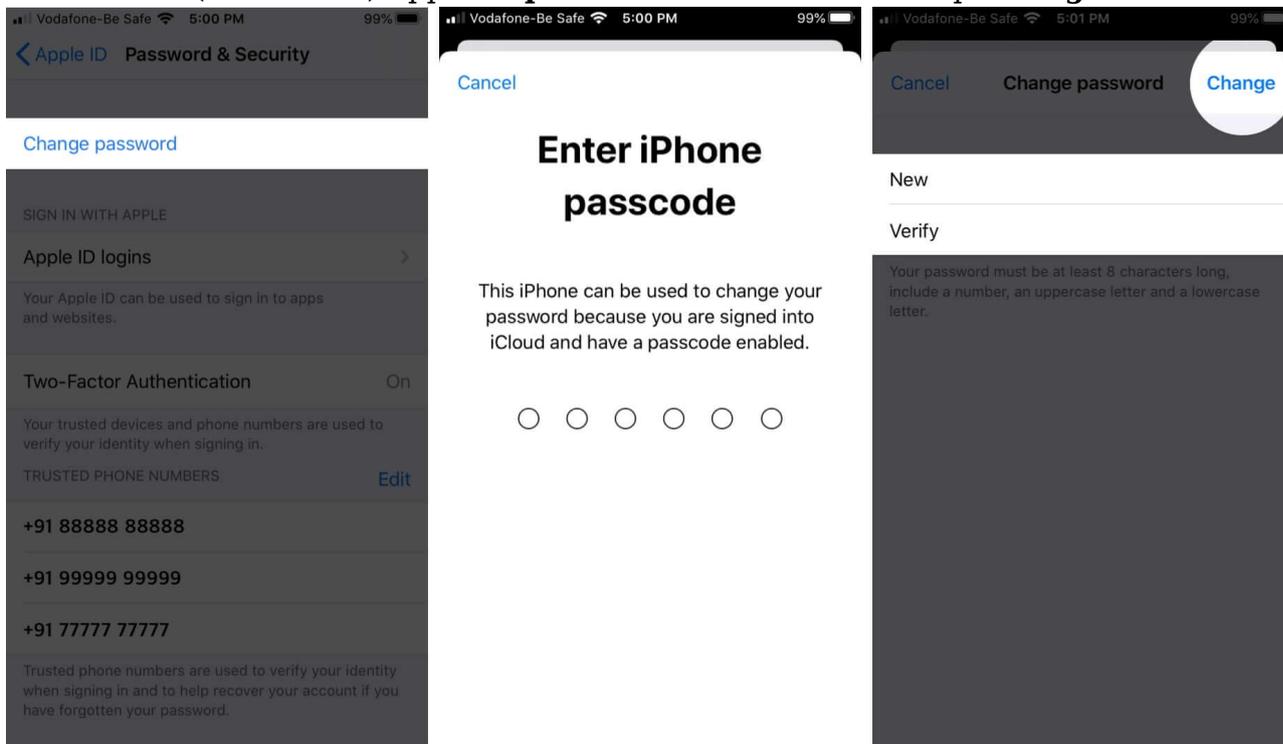
Restart your iPhone, and the issue of your iPhone randomly asking for an iCloud password might no longer disturb you.

7. Reset all settings

This process will reset your iPhone to its default configuration. This includes erasing Wi-Fi passwords, Bluetooth devices, location settings, VPN configuration, keyboard settings, and much more. However, it will not delete any personal data. Still, I recommend making a backup save before proceeding.

1. Go to **Settings → General.**
2. Tap **Transfer or Reset iPhone → Reset**.
3. Select **Reset All Settings**.
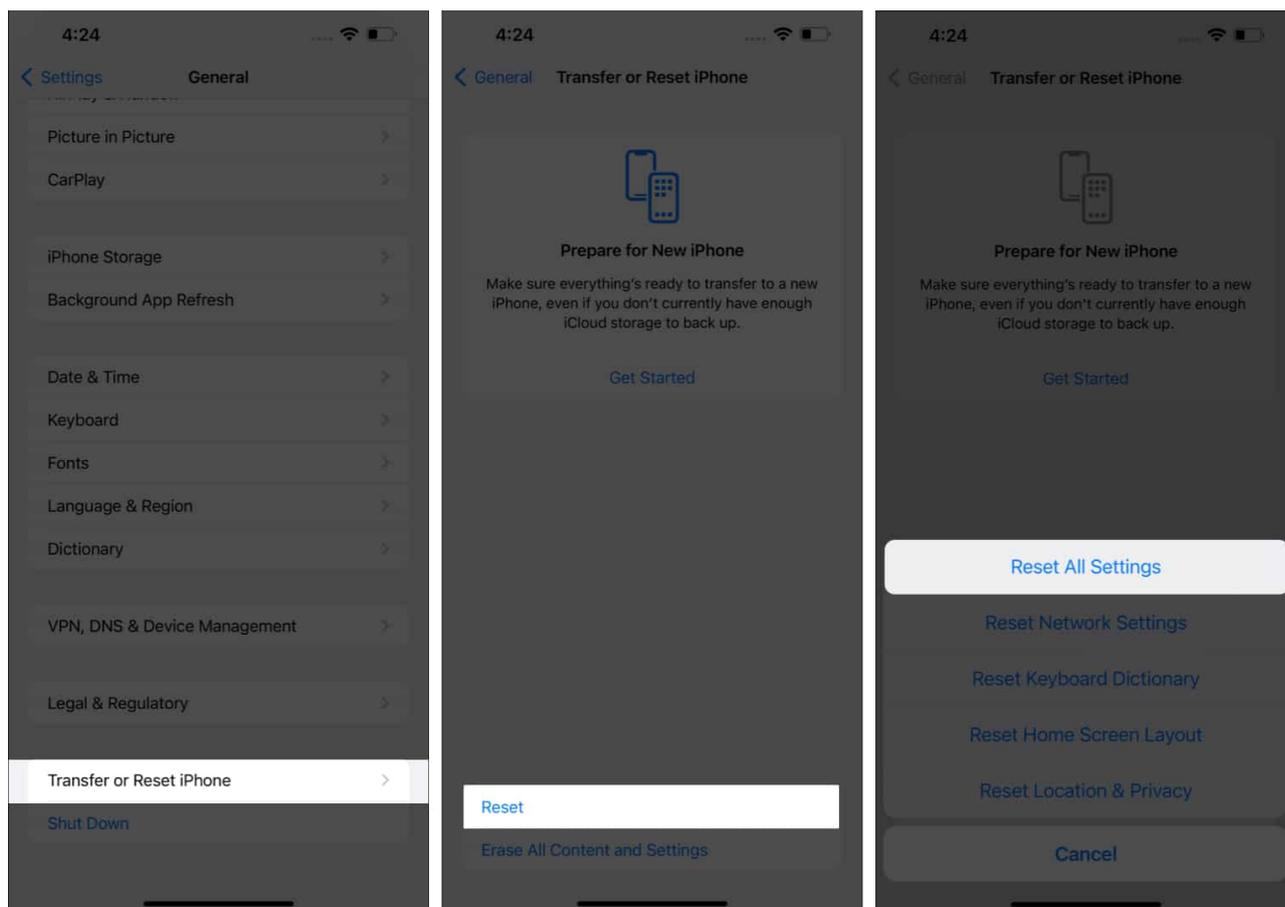
4. Enter your **passcode** and follow on-screen instructions to complete the process.

8. Backup and restore your iPhone

If you have tried all our suggested changes and none of them worked for you, then it's time to turn towards the last resort. You need to refresh your iPhone data.

It's a bit of a lengthy process with two main parts: back up and restore. For more details, check out our complete guides on [how to back up iPhone](#) and then [how to restore the back up](#)!

Conclusion

I hope one of these solutions put an end to your iPhone constantly asking for your Apple ID Password. If you have any questions, please leave them in the comments below. We'll do our best to help you!

Read More:

- [Fix the Verification Failed, There Was an Error Connecting to Apple ID Server](#)
- [6 Easy fixes for self-assigned IP address issue on Mac](#)
- [How to fix "Update Apple ID Settings" issue on iPhone](#)
- [How to find your Wi-Fi password on iPhone (3 Ways)](#)